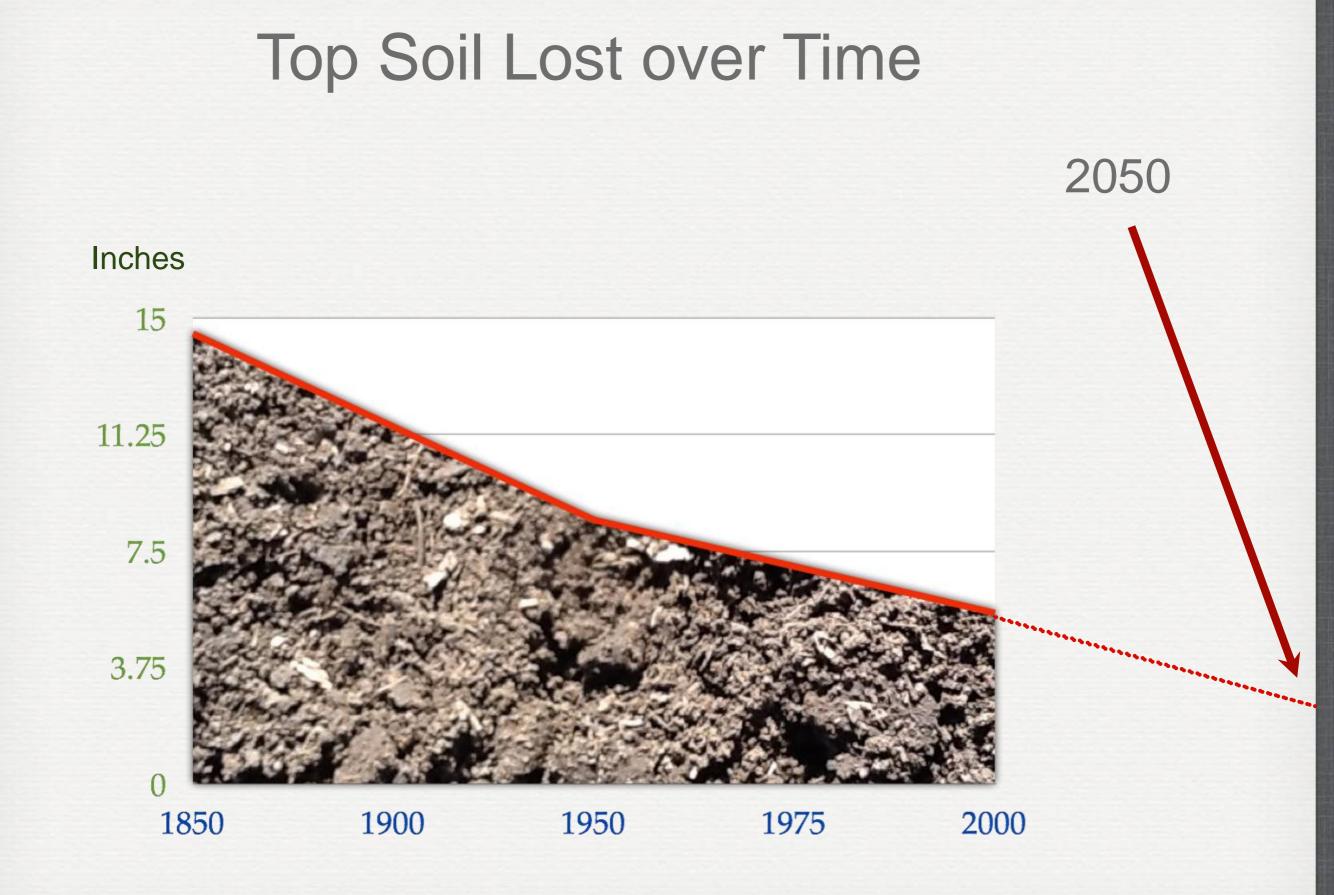
#### **Chris Teachout**























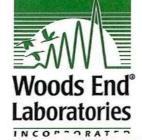












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nnovative Soil Biology and
Nutrient Testing since 1975

290 Belgrade Road P.O. Box 297 Mount Vernon, ME 04352 207 293 2457 for more information: lab@woodsend.org Lab Test Version: 3.1

> Soluble-Organic

Soluble-Inorganic

Storage

#### **Soil Nutrient & Health Premium Test**

For:					Lab ID:	9325.0	Acct No:	2890		1
Chris Teachout						5525.0				1
Teachout Harvest					Sample:		Soil: Home	e West		
1653 400 Ave					Sample	Received	: 4/8/2015		QAQC:	1
Shenandoah, IA		51601					: 4/29/2015		LeB	
				l			: Corn-200			]
Measured Factors	Symbol	UNITS	Level Found	Rating			1th Score 0-15-2014)	17.9	MH	1
All Soluble N (Org-N + NO3-N	V + NH4-N)	ppm	41	MH						
Nitrate Only	NO <sub>3</sub> -N	ppm	39	MH		Soluble (	C:N Ratio	11.5	ML	
Soluble Exudate Carbon	Corg	C-ppm	471	M						1
SLAN Humus Amino-N	NH <sub>2</sub> -N	N-ppm	198	M		Solvita CO <sub>2</sub> -Burst		52.3	M	
Phosphorus (P)	P	ppm	34	M		Microbia	Ily Active			1
Potassium (K)	ĸ	ppm	194	MH			- "MAC"	11%	L	1
Calcium	Ca	ppm	600	L		Soil Wettability &		Fast		1
Extr. Aluminum	AI	ppm	590	H			ture g g 1	0.48	н	
Calculated Availability						Aggregat	e Stability	66%	н	
Nitrogen (N-min+Avail)	Service Services	lb/a	143	Н						1
likelihood of N-response?		probability:								
Phosphorus P205		lb/a	155	M	Soil Hea	Ith Score Fa	ctors	Nitrog	gen Pools	Sol
Potassium K <sub>2</sub> O		lb/a	466	MH	Constant of				2 39	Org
-									f 39	
e.							Biology	1		Solu
Indicators							Carbon			Ino
Potential acidity (Fe+Al	)	ppm	969	н			Org-N		/	
				014						Sto .
P-Acid-Saturation Index	X	P/(Al + Fe)	3.5	OK			Aggregates	198		= 510
	X	P/(AI + Fe) Ca/(Fe+AI)	3.5 62%	L			Aggregates	198		- 510
Calcium Saturation		Ca/(Fe+Al)	62%		НЗА Е	xtractable C			Mineralize	
Calcium Saturation Nutrient Calculations,		Ca/(Fe+Al)	62%		НЗА Е		ations		Mineralize	
Calcium Saturation <i>Nutrient Calculations,</i> N + P <sub>2</sub> O <sub>5</sub> + K <sub>2</sub> O	, Value as / acre	Ca/(Fe+Al)	62%		нза е	xtractable C	ations Ca++		Mineralize	
Calcium Saturation <i>Nutrient Calculations,</i> N + P <sub>2</sub> O <sub>5</sub> + K <sub>2</sub> O	, Value as / acre	Ca/(Fe+Al) s \$/acre ava \$ 334 Nitrogen 57	62% nilable Phosphate None	L Potash none	нза е		ations		Mineralize	
Calcium Saturation Nutrient Calculations, $N + P_2O_5 + K_2O$ Nutrient Requirement Corn-200 (assumed total nutrient requirem	, Value as / acre s lbs/acre eent)	Ca/(Fe+Al) s \$/acre ava \$ 334 Nitrogen	62% hilable Phosphate None 100	L Potash none 150		xtractable C	ations Ca++		Mineralize	
Calcium Saturation Nutrient Calculations, $N + P_2O_5 + K_2O$ Nutrient Requirement Corn-200 (assumed total nutrient requirem Limestone Requirement	, Value as / acre s lbs/acre lent) lbs/acre	Ca/(Fe+Al) <b>s \$/acre ava</b> <b>\$ 334</b> Nitrogen 57 200 4327	62% nilable Phosphate None	L Potash none 150	H3A E	xtractable C	Ca++ K+	Microbial		
Calcium Saturation Nutrient Calculations, $N + P_2O_5 + K_2O$ Nutrient Requirement Corn-200 (assumed total nutrient requirement Limestone Requirement Cover Crop Recomment	, Value as / acre ts lbs/acre endations	Ca/(Fe+Al) <b>s \$/acre ava</b> <b>\$ 334</b> Nitrogen 57 200 4327 <b>\$</b>	62% ailable Phosphate None 100 Check Ma	L Potash none 150		xtractable C	Cations Ca++ K+ Mg++	Microbial	Mineralize	d C
(assumed total nutrient requirem Limestone Requirement Cover Crop Recomme >Base	, Value as / acre ts lbs/acre ent) lbs/acre endations ed on Soil H	Ca/(Fe+Al) <b>s \$/acre ava</b> <b>\$</b> 334 Nitrogen 57 200 4327 <b>\$</b> Health Score of:	62% nilable Phosphate None 100 Check Ma 17.9	L Potash none 150 gnesium		xtractable C	Cations Ca++ K+ Mg++ Na+	Microbial	9% Solut	d C
Calcium Saturation Nutrient Calculations, $N + P_2O_5 + K_2O$ Nutrient Requirement Corn-200 (assumed total nutrient requirement Limestone Requirement Cover Crop Recomme >Base	, Value as / acre ts lbs/acre ent) lbs/acre endations ed on Soil H	Ca/(Fe+Al) <b>s \$/acre ava</b> <b>\$ 334</b> Nitrogen 57 200 4327 <b>\$</b>	62% nilable Phosphate None 100 Check Ma 17.9	L Potash none 150 gnesium		27%	Cations Ca++ K+ Mg++ Na+	Microbial	9%	d C ble C
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Calcium Saturation Nutrient Calculations, N + P <sub>2</sub> O <sub>5</sub> + K <sub>2</sub> O Nutrient Requirement Corn-200 (assumed total nutrient requirement Limestone Requirement Cover Crop Recommen >Base Mix Recommended: Optional Tests (included w	, Value as / acre iss lbs/acre ent) lbs/acre endations ed on Soil H 10% Legr	Ca/(Fe+Al) s \$/acre ava \$ 334 Nitrogen 57 200 4327 s Health Score of: ume 90% Gravents	62% ilable Phosphate None 100 Check Ma 17.9	L Potash none 150 gnesium		27% 27% 10% 4%	Cations Ca++ K+ Mg++ Na+	Microbial	9% Solut	d C
Calcium Saturation Nutrient Calculations, N + P <sub>2</sub> O <sub>5</sub> + K <sub>2</sub> O Nutrient Requirement Corn-200 (assumed total nutrient requirement Limestone Requirement Cover Crop Recommended: >Base Mix Recommended:	, Value as / acre iss lbs/acre ent) lbs/acre endations ed on Soil H 10% Legr	Ca/(Fe+Al) s \$/acre ava \$ 334 Nitrogen 57 200 4327 s Health Score of: ume 90% Grass n Soil Test)	62% ailable Phosphate None 100 Check Ma 17.9 ss/Non-Leg	L Potash none 150 gnesium	58%	27% 27% 10% 4% 1%	ations Ca++ K+ Mg++ Na+ Al+++	Microbial	9% Solut	d C

Ratings: VL=Very Low, L=Low, M=Moderate, MH=Medium High, H=High, VH=Very High USDA Climate Zone Used for this report: 5b \*\*Effective CEC = H3A extracted. AI+Ca+Mg+K+Na; optional SOM by LOI @360° C \* H3A ARS-Haney Extract

Methods: Soil Health Tool, USDA-ARS Temple TX; Soil Test Procedures for the NE USA Bulletin #493; VT Aluminum Index

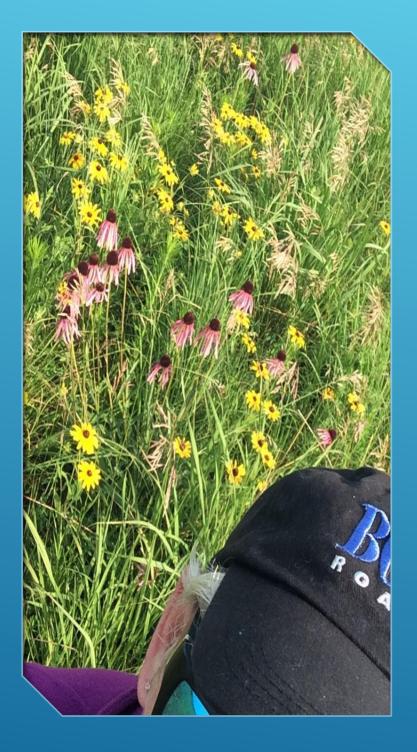






# RIVER STORIES IN THE RACCOON RIVER WATERSHED

Prairie Skye Productions Chris.Henning.50059@gmail.com Cooper, Greene County, Jowa 515.370.2436



# APRAIRIE SELFIE ...

Conservation and Cover Crops on a (sometimes) conventional farm

Crop Sharing, bio-diversity, wildlife habitat, food production, alternative crops and (if I have to) CORN and SOYBEANS ...

Farming as a lifestyle and a legacy

- In the years since 1992 when I moved "back home" from Des Moines to this farm and then the100-year "Flood of 1993", I've noted our inter-dependence and how our individual actions affect our land, our neighbors near and far, and our world, in ways we don't even realize. The passage of time documented in pictures became a diary of life under the Prairie Skyes.
- "The farm" is a mile from the Raccoon River valley northeast of Cooper in Greene County. It's a scant 3 days from Des Moines by river water flow (only an hour by car) and nearly in the center of the 28,000 acres of the Raccoon River Watershed.

WATER, WIND, SKYES AND PERSONAL CONNECTIONS



#### RAINBOWSAND BLUEBIRDSMORNING

A morning skye after a shower, graced by an unexpected rainbow and the nest box's new resident, an Eastern Bluebird and his mate. The bluebirds love the white clover and prairie twigs and often sun themselves on a snag branch just outside the living room window.

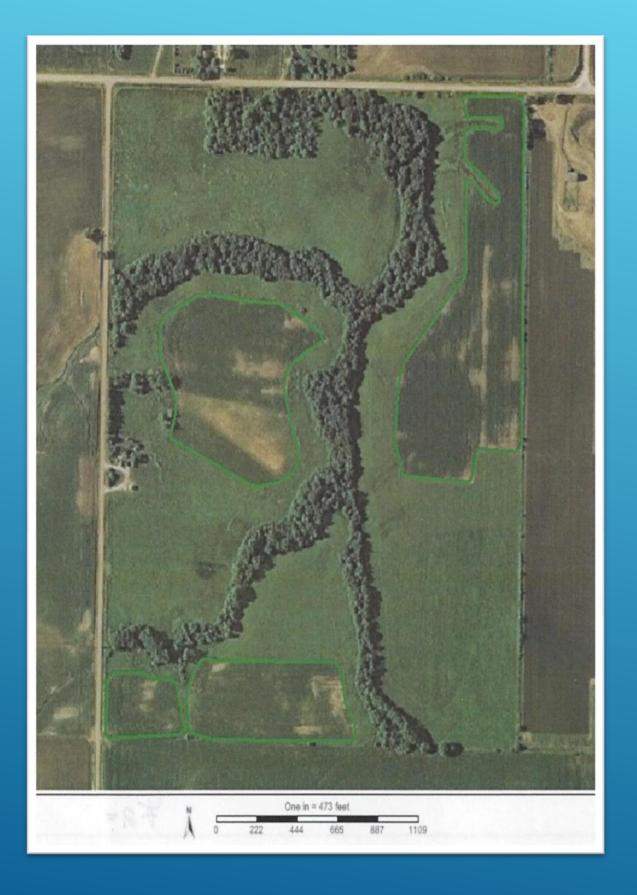
Changing our farming habits, putting out nesting boxes and keeping watch on the chemicals we use - efforts that are rewarded in simple beauty.



#### LADYBUGSAND DANDELIONS

The elusive native pollinators and spring's first food – a riot of yellow dandelions in the yard, and the "townie" in me despairs until ....

Hundreds of the blooms swarming with ladybugs are a surefire sign that health is returning to my no-chemical lawn. Quite a change in me to actually welcome the dandelions!



#### THE ORIGINAL PRAIRIE SKYES

Acquired in 1992, 145 rolling acres with all but the19 acres of timber land and creeks in production. The BEST crop was cockleburs!! Corn yields barely topped 100 bushels an acre; the bean yields in the low 30's.

Erosion had cut gullies deep enough to lose the John Deere 4230; side-hill seeps and wetlands grew snake grass and weeds. The flood of 1993 ripped big chunks out of creek banks and carried topsoil from the neighboring fields downstream to the Raccoon River.



#### FOUR CREEKS CUT GULLIES THAT DEEPEN WITH EVERY PASSING YEAR

The first tile was dug in by hand in 1915. Assuming a depth of 6 feet gives us an estimate how much soil has been lost in 102 years. The creek bottoms are littered with these 16" clay tiles on the silty sand layer of creeks that flow through this quarter-section. Snowmelt, runoff from the neighbors' fields, and plentiful rain keep them running year-round. Prairie buffer strips along the creek banks act like sponges, slow the waters and capture the soil and chemical particles. Ever so slowly, prairies help mend the erosion.



#### THE POND FARM

33.81 Acres in corn and bean rotation since 2010, 16 acre pond surrounded with prairie and clover hay, with a 6 acre CRP Wildlife Habitat on the land north and south of the pond.

Cover crops since 2011, organic matter now averages 3.6 with a low of 2.3 and a high of 4.9. 2015 corn yield averaged 185/bu/acre. 2016 non-GMO bean yield disappointing - below average

Very little weed pressure, although foxtail continues to be annoying.

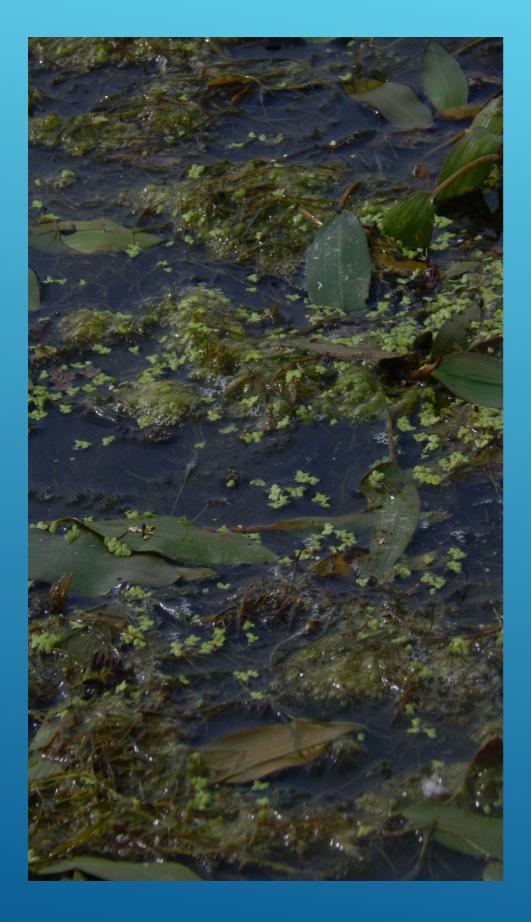


#### WALKING BEANS AND MONARCH MILKWEEDS

Perfumed blooms bring the Monarchs in. Each female lays one egg on one plant, then flies off in search for another plant and lays another egg. The process is repeated over and over. With any luck, several females will visit this luscious Common Milkweed, the only food known to sustain Monarch larvae that will build a cocoon here when she's full to bursting.

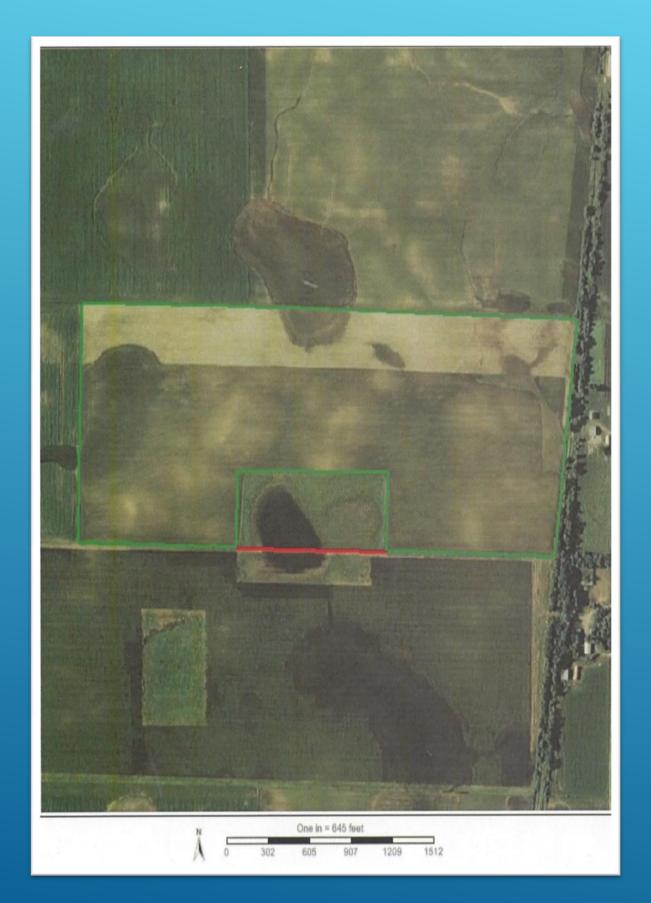
As youngsters, we pulled milkweed plants as weeds and threw them down. Today we spray Round-Up to kill them and a thousand other "weeds".

How many Monarchs perish in our need for the cleanest bean field and fence row to fence row monocultures of corn and beans?





THE FARMPOND TELLS ITS OWN STORY Still plenty of work to do on water quality



#### BULLHEADFARM

With 118 rolling acres on the west side and an 8 acre building site on the east of the Raccoon River Valley bike trail that stretches from Jefferson to Des Moines, the Bullhead Farm got its name from the tiling done to drain the lake and build the railroad The story is that the bullhead fish lay gaspin everywhere as the lake waters drained away.



#### SEPTEMBER 1, 2015 - FLYBOYS READYTOGO

A bushel and a half of cereal rye per acre, seed and service arranged through lowa Cover Crop – entrepreneurs, farmers and neighbors. \$30/ocre quality seed and personal service.



#### RIDING THE COMBINE -HARVEST, ANNUAL REVIEW & GABFEST

2016 corn yields on Bullhead Farm were amazing! 217 bushels average over 98 acres! The Pond Farm & Prairie Skye didn't fare quite as well with non-GMO bean yields just over forty bushels and acre. Cover Crops flown on mid September were evident in all fields.





**Field Boundary** 

Very Low: <= 1.5 (0.0 ac ) (0.0 %)

Low: > 1.5 and <= 2.5 (6.8 ac) (7.0 %)

Medium: > 2.5 and <= 3.5 (36.7 ac) (37.9

High: > 3.5 and <= 4.5 (39.4 ac) (40.6 %)

Very High: > 4.5 (14.1 ac ) (14.5 %)

**OM** Percent

%)

#### Season: 2017 Min: 1.81 Percent Avg: 3.79 Percent Max: 9.58 Percent

Season: 2017 Min: 12.52 meg/100 g Avg: 21.05 meg/100 g Max: 29.67 meg/100 g



### PROGRESS

The Combine Ride Observation AND Soil Test Results show improvement 2010 – First crops observed and tested 2011 – 10 acre Wetland established 2011 – First cover crops on this farm 2012 – 96 acres, 173 bu/A – corn yields 2013 – Beans 66 acres, alfalfa established on 30 2014 – 66 acres, 187 bu/A – corn yields 2015 – Beans 66 acres, alfalfa on 30 major improvement to tiling under the trail 2016 – Corn on all 96 acres, 217 bu/A



## COVER CROPSUCCESSES~

More organic matter by actual soil test measures ~ increased yields ~ increased habitat and wildlife sightings ~ less runoff and less erosion ~ fewer wet spots ~ AND THE FARMER IS PLANNING ON PLANTING 160 acres on his own land!



PRAIRIE ICONS, THE WALNUTS STAND IN THE SUNSET AS SILENT TESTAMENT TO CHILDHOOD MEMORIES OF LONG AGO NEIGHBORS



## DENIZENSOFTHE PRAIRIE SEEMTOASK "WHAT ARE YOU DOING HERE?"



#### SKYESAMAZE AND DELIGHT MY PSYCHE

An east facing picture window showcases morning sunrise in technicolor splendor – I was more interested in re-habbing an 1874 house than managing the farm ... yet, here I am, 25 years later, still on vacation, right here at home!



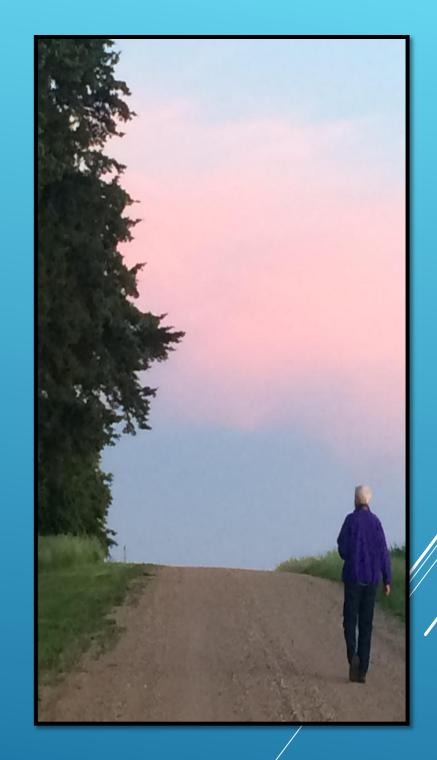
#### WHERE COVER CROPS, PRAIRIE GRASS AND PRAIRIE SKYES MEET ... ISTHISHEAVEN?



#### SUNSETS GLOW WITH THE PROMSE OF ANOTHER SEASON WHEN JANUARY SNOWFALLS BLANKET THE FIELDS

# HEADEDHOME

Farming Philosophy and Photos by Chris Henning Prairie Skye Productions Chris.Henning.50059@gmail.com Cooper, Greene County, Jowa 515.370.2436



# Proud Member of: Practical Farmers of Iowa

Working Together, Always Learning

THANKS PFI For all the support over the years!

Special gratitude to Sarah Carlson and Teresa Opheim for their expertise and encouragement.

The sign says it all!

Proud to be a member of Practical Farmers of Iowa!