#### and the management

Vegetable farming is not easy on the soil
we want the best environment we can create to grow great vegetables
Our goal is to create the BEST soil we can

# How does one create great soil?

- Don't abuse it
- Understand your PH, C/M ratio/CEC
- Compost
- Soil tests and Proper nutrients
- Cover crops
- good rotation









#### Importing soil fertility

- Easy way out
- can be more expensive in the long-run
- Safe
- can store great quantities of NPK
- Early season soils are too cold to utilize soil fertility easily



#### Why Compose?

• The great Recycler

Builds Soil structure

• Aggregate

rmation (soil fungi)

 Drought otection

• Just in tin

Growth sti

ient delivery

#### C/N ratio

you want a "dirty" compost pile (add a starter/activator)

ideal Carbon/ Nitrogen ratio is 25:1 to 30:1
High N would be grass clippings, poultry manure, to the meal

High C wo

straw, sawdust, leaves

#### Compost ingredients

- Manure
  - Wood chips
- spoiled hay
- vegetable grap

eggshells

#### What not to put in compost

• domestic animal manure

humanure

ts of pine needles large amo clippings (can contain 2,4 d) sprayed g handle.....

anything

#### Using manunes

 Stabilize it first... Should not reek of ammonia... add carbon

• Watch your salt levels (especially in GH)

Needs ho composted to get rid of disease and patho ins

Stay away diseases (e

pig manure - too many y roundworms)

#### Composting methods

- Hot- Material is turned frequently to kill weed seeds, pathogens, is ready in a matter of weeks a month (temps up to 160 F)
  - Cool- Material is piled and let sit, much less work but can take months to 2 years, this method allows beneficial bacteria to live.
- Windrowshaped pile.
- Aerated Stat through it to
- mpost is placed in long , semi-circle h are mechanically turned
  - laterial piled and air forced













#### Soil tests

- Take them!!!
- Best idea of what is going on down below
- Same time of year each year
- Get micronutrients tested every 2 years or so
- take them to a good lab

#### Report Number:

R09133-0028

Account Number.

41168

#### A&L Eastern Laboratories, Inc.

7621 Whitepine Road Richmond, Virginia 23237 (804) 743-9401 Fax No. (804) 271-6446 Email: office@al-labs-eastern.com



Send To: KILPATRICK FAMILY FARM 9778 ST RT 22 MIDDLE GRANVILLE, NY 12849 Grower: MICHAEL KILPATRICK

Submitted By: MICHAEL KILPATRICK

Appletical Mathed(c):

Farm I D: Field I D:

#### SOIL ANALYSIS REPORT

age: 1	D	ate Re	celved:	5/13	3/200	9	Date of a	Analysis: 5	/14/20	09	Date of	Repo	rt: 5/15	/200	9		Ana lyt Mehlic	ical Method h III	(s):	
Sample Number	Lab Number	100	Organic Matter				Phosphorus			Potassium		Magnesium		m	Sodium		рН		Acidity	C.E.C.
			%	ENR: Ibs/A	Rate	Ava	able Rate	Reserve ppm Rate		K Rale	MC ppm	Rate	CA ppm	Rate	NA ppm F		Soil pH	Buffer Index	H meq/100g	meg/100g
SE	5954	4	3.1	82	М	91	н		120	в н	85	М	918	Н			6.1	6.8	0.9	6.5
SW	5958	5	3.7	89	М	139	VH		218	NH VH	100	L	1292	Н			6.3	6.8	0.9	8.8
SN	5956	6	3.9	96	М	48	м		134	н	64	L	678	М		+	5.4	6.8	1.7	6.0
?	5957	7	3.9	93	М	144	VH		194	н	90	L	1206	Н			6.5	6.9	0.6	7.9
			14.00								14				10000		17.1			44.0
Sample Number	к	Mg	rcent Base Satur			н	Nitrate NO3-N		-	Zinc	Mangan MN	050	Iron FE	Copper	Boron B		Soluble Salts	Chloride	Aluminum	
	95	5%	36	36		9 <u>%</u>	ppm R		ite ppr			Rate		e p	pm Rate	ppm	Rate	ms/cm Rate	and the second se	
SE	5.0	10.9	70.5		1	13.7														1044
SW	6.4	9.5	73.6	-	1	10.6			-					1						984
SN	5.8	9.0	57.0	-		28.3			-					+						1060
?	6.3	9.5	76.7	+	+	7.4			-					+						1087
	_		_	_	_									_						

#20/5e9

Values on this report represent the plant available nutrients in the soil. Rating after each value: VL (Very Low), L (Low), M (Medium), H (High), VH (Very High). ENR - Estimated Nitrogen Release, C.E.C. - Cation Exchange Capacity. Explanation of symbols: % (percent), ppm (parts per million), lbs/A (pounds per acre), ms/cm (milli-mhos per centimeter), meq/100g (milli-equivalent per 100 grams). Conversions: ppm x 2 = lbs/A, Soluble Salts ms/cm x 640 = ppm.

This report applies to the sample(s) tested. Samples are retained a maximum of (tirty, days after leading. Soil Analysis prepared by, A & LEASTERN\_LABORATORIES, INC.

by: aul Chu, Ph.D.

loblie	me Michael Kil		Soll Report		Date 6/20/201	1
Cumps	Mctael Kip	atrick	Submitted	JE∽		
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phots	50°(\$2,000)#		7.50	-		
(Pg.and	c Benet Peareur		781			
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ANIONS	Mehlich III Phospho	raus;	-25			
EXCHANGEABLE CATIONS	CALCIUM:	Desared Value Value Found Desaft	2085 2294			
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	SODIUM:	τ¢η	22		3	
*	Calcium (10 to 71%)		75.57			-
ASE SATURATION %	t/ sgheetum r10 to 20%	1	18.97			
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ŝ	CiberFases (Variable)		2.97			
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#### Logan Labs is great

#### Nutrient Dense

- Dan Kittridge, Real Food Campaign
- Jerry Brunetti, Agri- Dynamics
- John Kemp, Advancing Eco Agriculture

## Measuring Brix

- The higher the brix the healthier the plant
- Higher brix is a result of better mineralization of the soil
- For the best brix, nutrients are foliar applied during the season.

## The Big 5

- Nitrogen
- Phosphorous
- Potassium
- Sulfur
- Calcium

#### Micro-Nutrients

- Magnesium
- Cobalt
- Copper
- Iron

- Manganese
- Molybdenum
- Zinc

### Sources for Micronutrients

- Lancaster Ag
- Nutrient Density Supply Co.
- SeaAgri, INC

### Soil management

- Squeeze test for dryness
- Don't compact by driving on wet
- bedding up in fall
- Some soils are just later
- Providing adequate drainage to heavier soils

#### Soil health resources

- Northeast cover crop handbook
- The real dirt
- Building soils for better crops
- Advanced biological farming

#### Growing Great Cover Crops

#### What is a cover crop?

Any crop that is covering the soil

# Yes, weeds can be a cover crop!

## Cover crops vs green manures

## Why Cover Crops?

- Benefits soil: Stops erosion, sequesters carbon (organic matter), stabilizes soil moisture
- Manages Nutrients: adds or scavenges
- helps reduce weeds and flummoxes pests

#### Drawbacks

- Management
- establishment is when workload can be highest (spring and Fall)
- Weeds can establish in cover
- Uses soil moisture to grow (not a problem in irrigated vegetable land)
- difficulty incorporating at end of year.
## Types of Cover Crop

- Winter vs. Summer
- Legume vs non-legume
- Annual, Biennial, Perennial
- Intercropped
- Cover Crop Mixtures

## Non-Legume Cover Crops

- Adds Organic matter
- Reduces erosion
- Suppresses weeds
- Large amounts of residue (can be tough to manage for next crop)
- Can tie up Nitrogen

## Examples of Non-Legume Crops

- Grasses (rye, oats, sorgum)
- Brassicas (tillage radish)
- sunflowers
- Buckwheat















## Legume Cover Crops

- Annuals (Soybeans, field peas, cow peas, Sunhemp)
- Perrenials (red & white clover, medics, Alfalfa)
- Biennnials (sweetclovers, hairy vetch)
- Less residue



















#### **Ray Archuleta**

#### Gabe Brown

# What are you looking for in a cover crop?

- Partial season or full season?
- do you need nitrogen or carbon?
- are you looking to reduce erosion?
- Summer or Winter crop?
- Can you manage it with your equipment?

#### Managing Cover Crops Profitably THIRD EDITION



#### Plant Health=

## Disease Resistance

## Fighting disease...

- good soil health
- variety selection
- adding mycorrhizae
- not working the soil too early or too latethe clump test
- good air circulation- giving plants nessesary space, and uncovering so they can dry out
- clean seed, propagation trays, equipment

## Aphids

- thrive in cool, wet environments with lush greens
- Love to be under rowcover
- Also can transmit many diseases







#### Surround

## Crop Rotation

## Why Rotate

Decrease Disease
Slow pests
Soil Health
Weed Pressure

#### How to plan a rotation

Look at field history

what do you want to accomplish?
weed suppression

soil health

full season vs partial season crops

### Write it down

- Keep good records, as simple as a journel but so much easier in the age of google docs
- we use an online spreadsheet program
- Helpful to know back at least 4 years

## Vegetable Families

- NIGHTSHADES Solanaceous Tomatoes, Tomatillos, Eggplants, Peppers, Okra, Potatoes
- MORNING GLORY Sweet potato
- MELONS & SQUASH Cucurbits Cucumbers, Zucchini & Summer Squash, Watermelon, Musk Melon, Pumpkin, Gourd
- GOOSEFOOT Beet, Spinach, Chard, Quinoa, Orach
- SUNFLOWER Sunflower, Jerusalem artichoke, Lettuce, Endive, Artichoke

## Vegetable Families

- COLE Brassicas, Broccoli, Brussels sprouts, Cauliflower, Cabbage, Kale, Collards, Radishes, Kohlrabi, Rutabaga, Turnip, Mustard
- ONIONS allium Onion, Leeks, Chives, Garlic
- **PEAS** *Legumes*, Peas, Runner beans, Bush beans, Fava beans, Garbanzo beans, Peanuts
- GRASSES, Corn, Millet, Rice, Barley, Wheat, Rye
- **PARSLEY** Parsley, Carrots, Parsnips, Celery, Fennel, Cilantro/Coriander

# Crops for weed suppression



- greens carrots
- corn oi
- potatoes
- Squash
- beans

- onions
- peas
- leeks
- asparagus

### Rotation in the field

- Preferred four years for most crops
- Tough with the amount of brassicas we grow
- We treat all greens direct seeded as one type has grown together (lettuce radishes spinach)
- Onions, carrots, long-season brassicas always in 4 year rotation.

## Crop needs

- Check each individual crop needs (and what they take out)
- beets need high amounts of K (Potassium)
- Celeriac and Celery like lots of Boron
- Corn and greens like lot of nitrogen

TOP	length		13	12	11	10	
1	150	150 Brussels		kale 4/11	onion 4/6		
2	150	0 Brussels		kale 4/11	Spinach 3/27		
3	150	Brussels		cucumber 5/30	Swiss chard 4/20		
4	150	Brussels		cucumber 5/30			
5	150	Brussels		eggplant 5/23			
6	150	150 Brussels		Tomato 5/16	kale/radish 3/27		
7	150	150 Brussels		Tomato 5/16	kale/ spinach 3/27		
8	150	squash		Tomato 5/16	kale/ spinach/spinach/arugula/ kale, red russian		
9	150	150 squash		Tomato 5/16	fallow/w		
10	150	150 Peppers		Tomato 5/16	fallow/w	spring lettuce	
11	150	0 Peppers		Tomato 5/16	fallow/w	spring lettuce	
12	150	50 Peppers		Tomato 5/16	fallow/w	spring lettuce	
13	150	150 tomato		cherry tom 5/16	peppers	tomatoes	
14	150	150 squash		cherry tom 5/16	tomatoes	tomatoes	
15	150	150 tomato		cherry tom 5/16	peppers	tomatoes	
16	150	150 greens		Peppers 5/10	tomatoes	Fallow/ winter kale	
17	150	greens		Peppers 5/10	tomatoes	Fallow/ winter kale	
18	150	150 greens		Peppers/tomatillo 5/10	tomatoes	Fallow/ winter kale.	
19	150	150 bare		Swiss chard 4/11	Strawberries	Strawberries	
20	150	150 bare		Swiss chard 4/11/ Squash	Strawberries	Strawberries	
21	150	bare		Squash 5/16	spinach/ Strawberries	Strawberries	
22	150	bare		Squash 7/11	spinach/ Strawberries	Strawberries	
23	150	bare		Squash 7/11	spinach/ Strawberries	Strawberries	

# Rotation in the greenhouse

- Very, very tough
- Never repeat the same crop
- Greens, tomatoes, greens
- Try to move beds around
- Would be great to uncover and freeze houses during winter time

### To get the slides!



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Hey! This is our Chatbot, Mighty Max!

Thanks so much for being interested in the slides from Michael's presentation at the Practical Farmers of IOWA conference!

We'll get you the slides within a couple of days.

Stay tuned! If you ever change your mind and want us to stop chatting, reply with STOP and i'll go away!

78

Slides

# For the slides of this talk, other great resources, and to get on our email list.

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