

# Learning from farmers: Diversifying crop rotations to make farms more resilient

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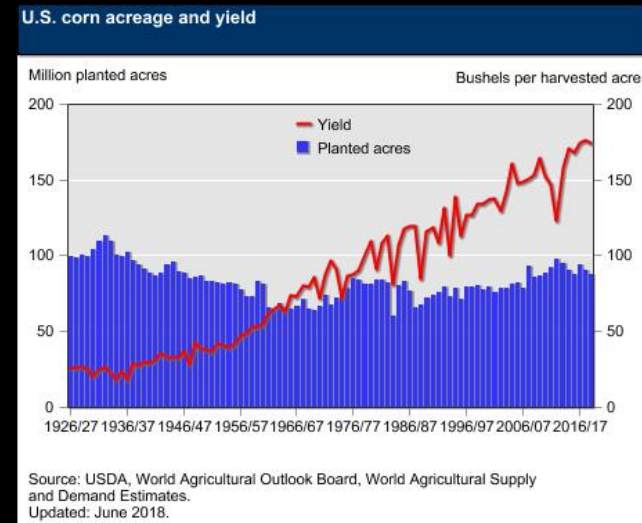


# Consolidated agricultural landscapes

- Policies support yield but neglect other goals
- Inputs of agricultural chemicals have replaced species functions, and allowed for simplified rotations...

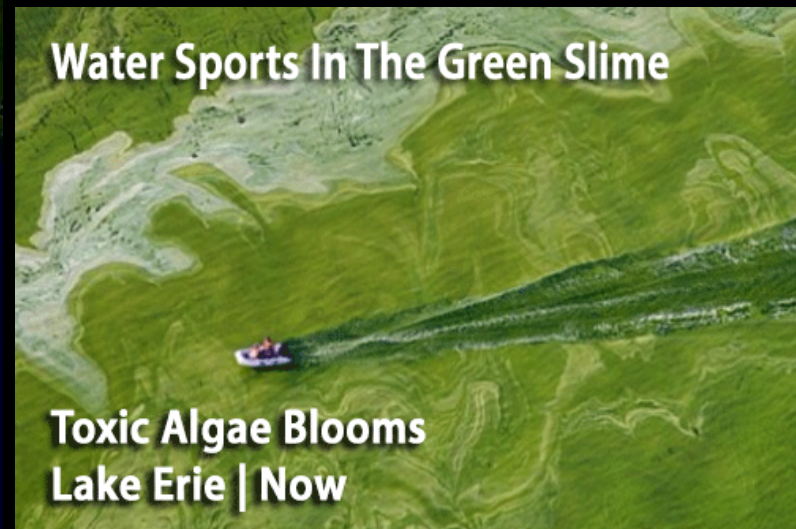
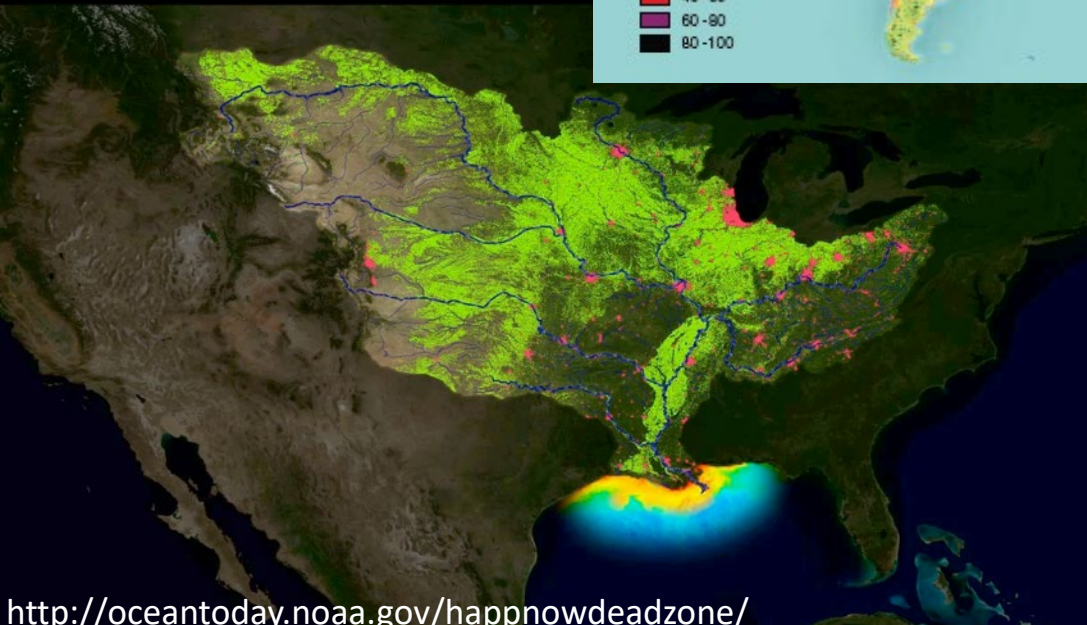
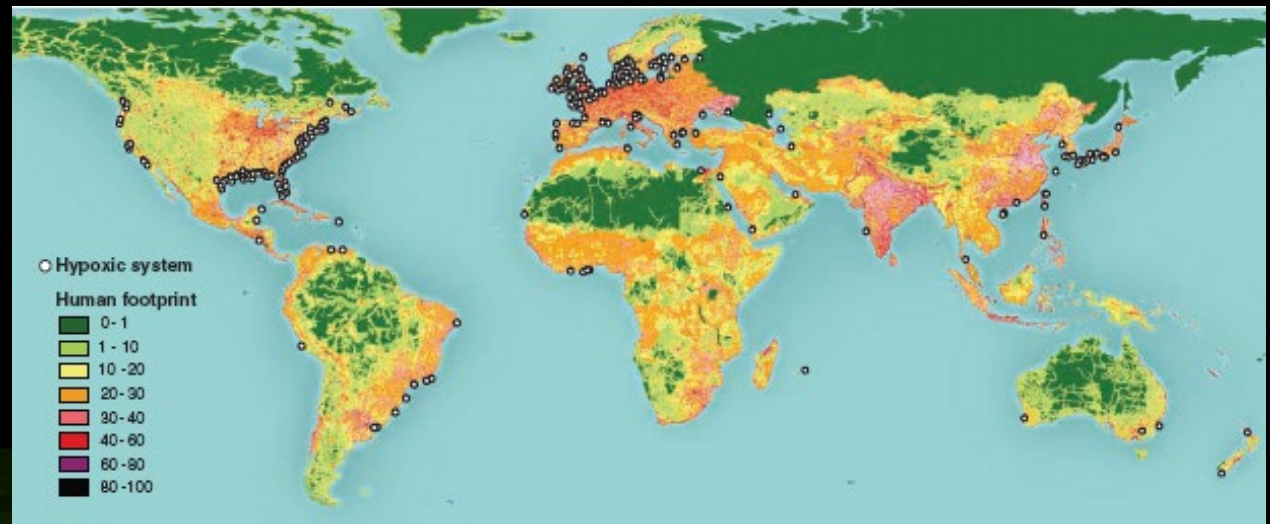
...with many unintended consequences

## Simplification



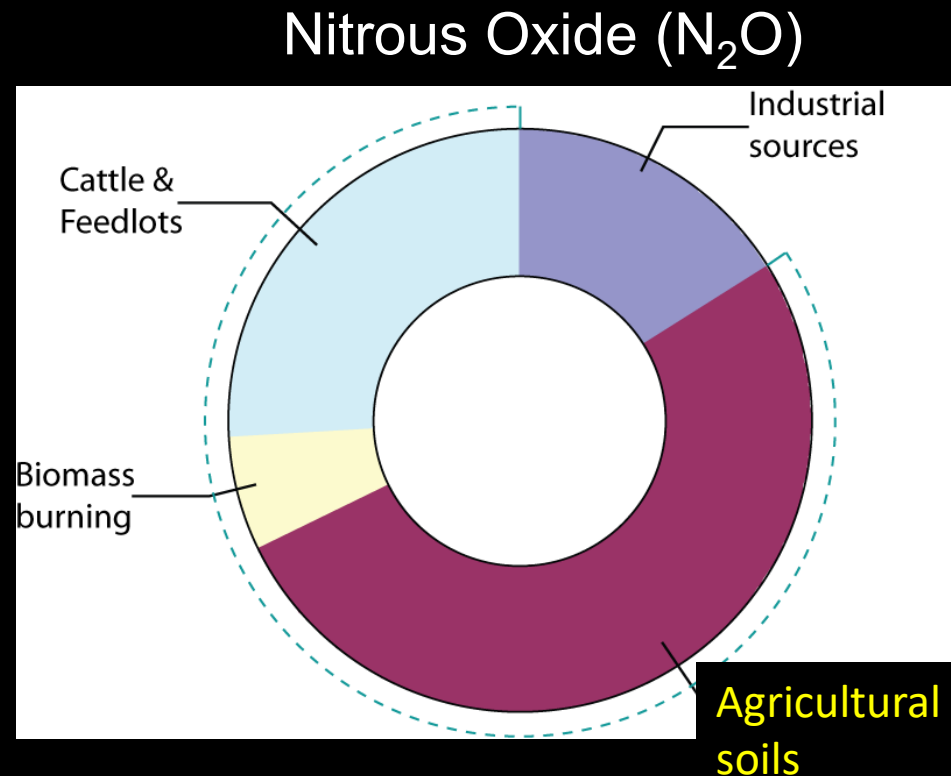
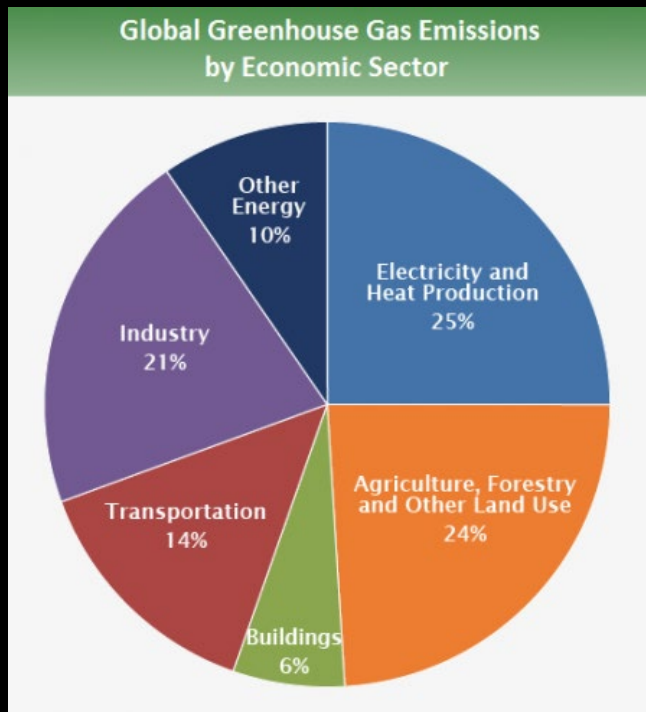
# Consequences: dead zones and harmful algal blooms

> 400 “Dead zones”



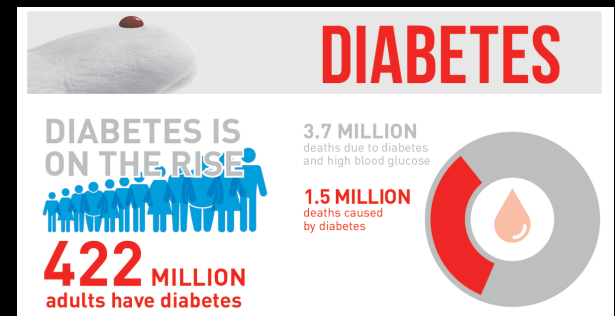
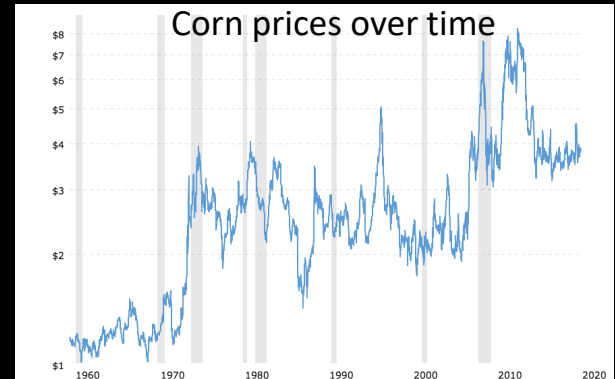
# Consequences: greenhouse gas emissions

Agriculture is responsible for 10-14% of global GHG emissions



# Other consequences

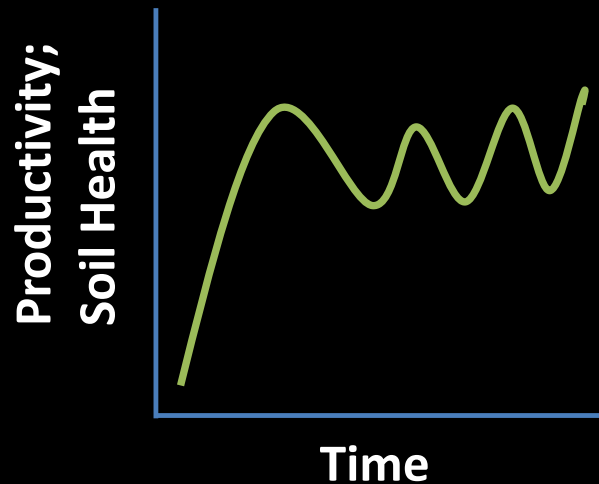
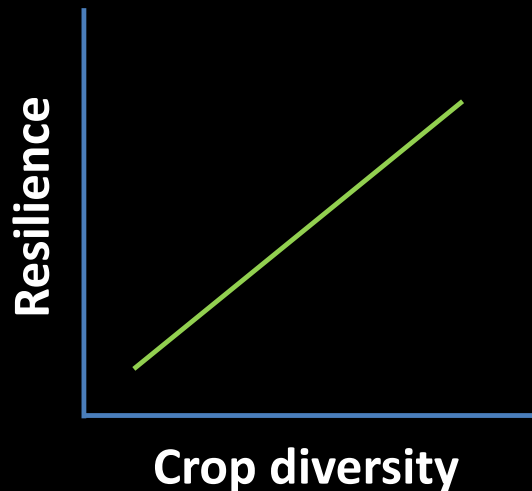
- Soil degradation and erosion
- Pesticide and fertilizer “treadmills”
- Increased vulnerability to market and weather variability
- Antibiotic resistance
- Human health problems from diet-related chronic diseases
- Decline of rural communities



# Resilience

- **Ecology**: ability of an ecosystem to experience disturbance and maintain its basic structure and functions

## Cropping system resilience

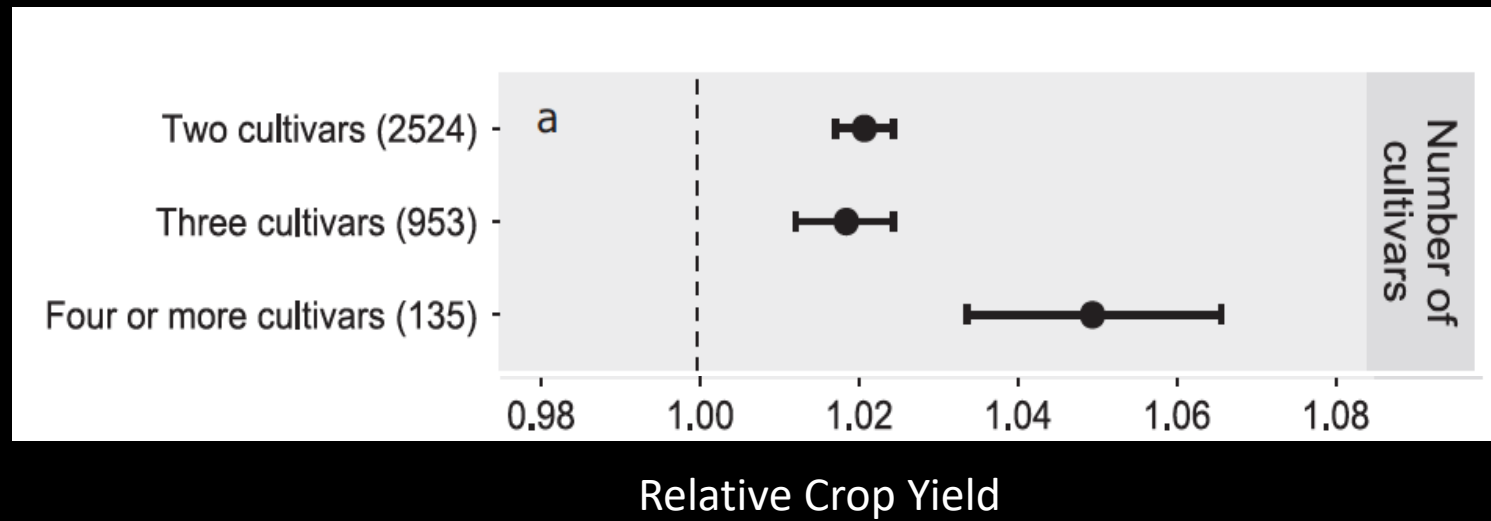


# Food System Resilience

- **Food systems**: capacity to produce and access nutritious food in the face of uncertainty, without diminishing other vital ecosystem services
- Ecological science can inform more resilient farming systems, by *determining how to increase the diversity of farms and watersheds* to reduce both non-renewable inputs and environmental impacts

# Diversified crop rotations

- In agriculture, small increases in biodiversity can have large benefits
- Example: varietal diversity and resilience



# Diversified crop rotations

- Crop “**functional diversity**” is the key
  - Rotate or mix crops with traits that complement each other
    - Legumes and grasses; annuals and perennials
    - Harvested and non-harvested crops
  - Promotes species interactions that can increase overall resource use, crop productivity, and soil health



Hay and Pasture



Winter Pea



Red Clover



Cereal Rye



Alfalfa

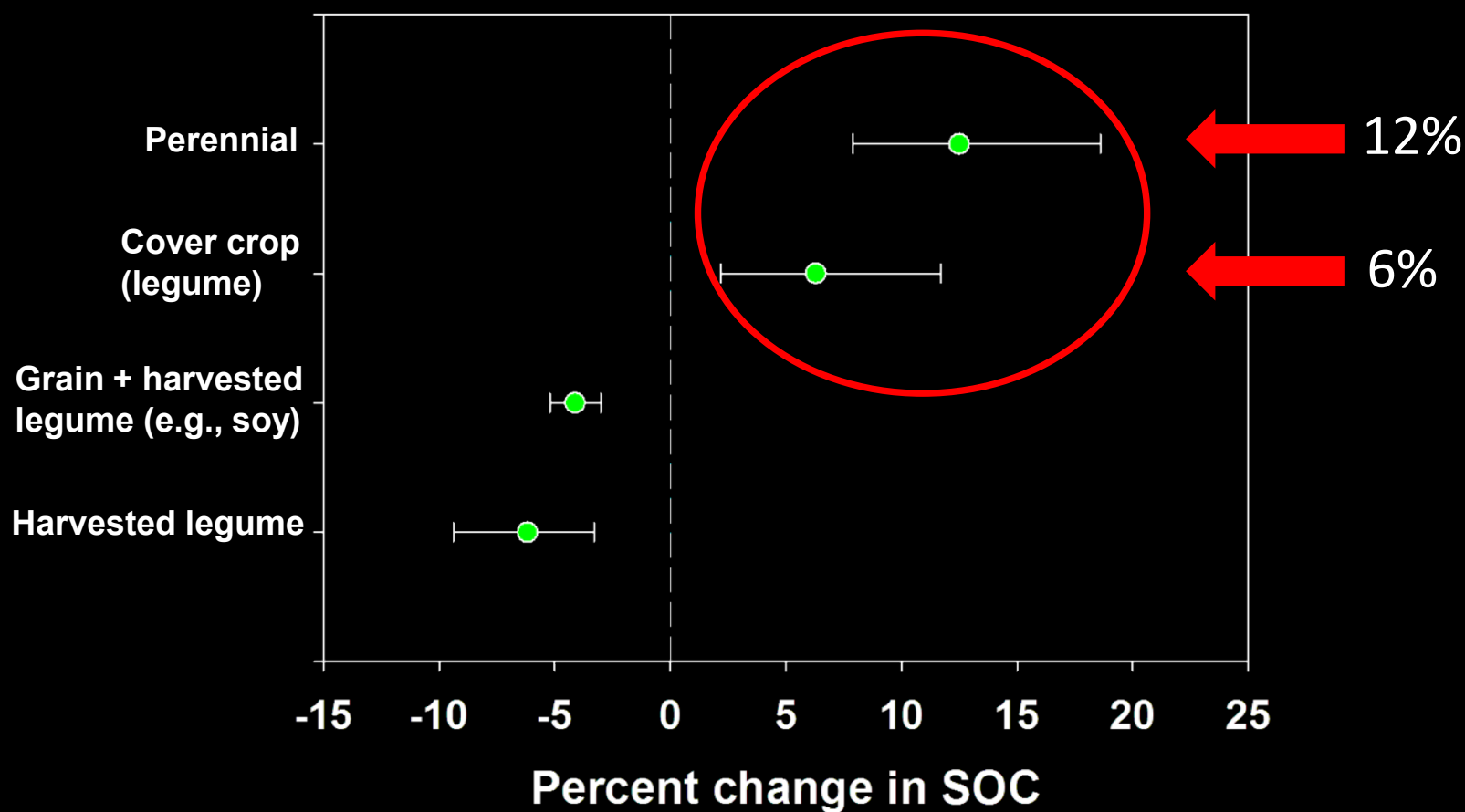


Oats



Forage Radish

# Functional diversity and soil carbon



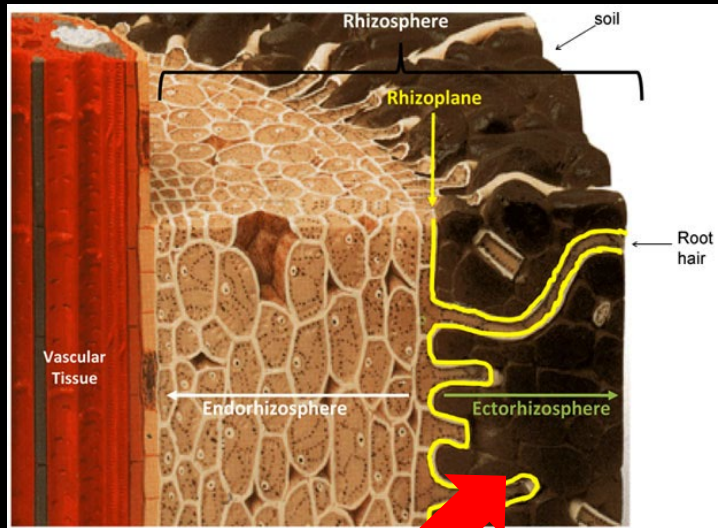
*Cover crops and perennials build soil organic C*

# Importance of vegetation: roots



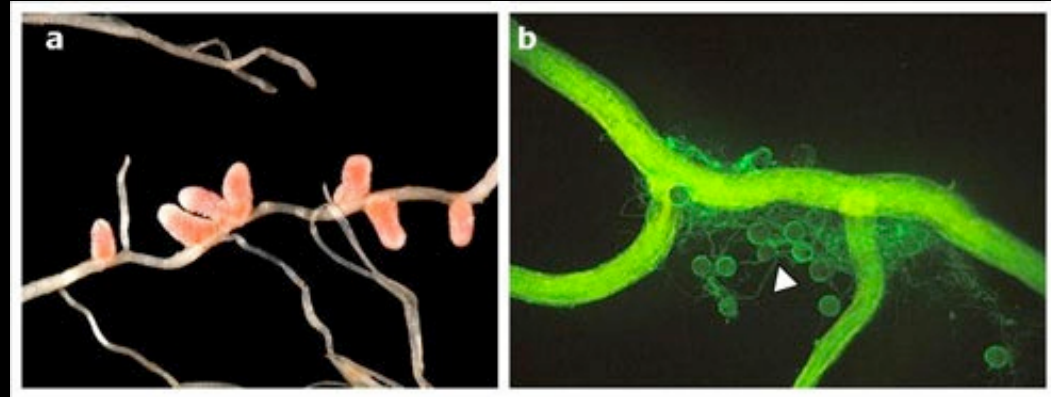
Other ways to “perennialize” your rotation?

# Knowledge frontiers: plant-microbe-soil interactions



“**Rhizosphere**”: the gradient along plant roots where roots and soil organisms interact

Legume root with rhizobia    Corn root with mycorrhizal fungi



# Blending farmer knowledge with ecological science

- How generalizable are these ecological principles?
- Do the results apply to my farm?

*We can begin to answer both of these questions  
with **on-farm research***

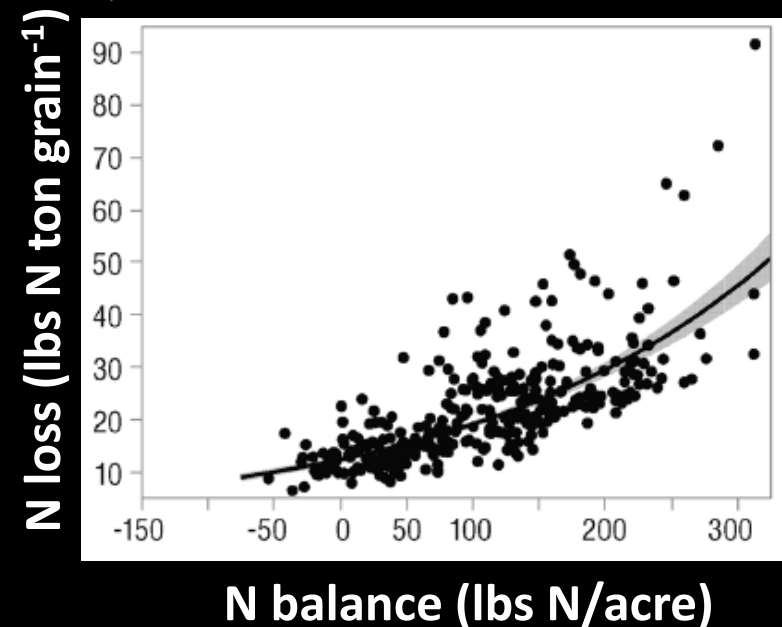
# Nitrogen balance: An indicator of field performance



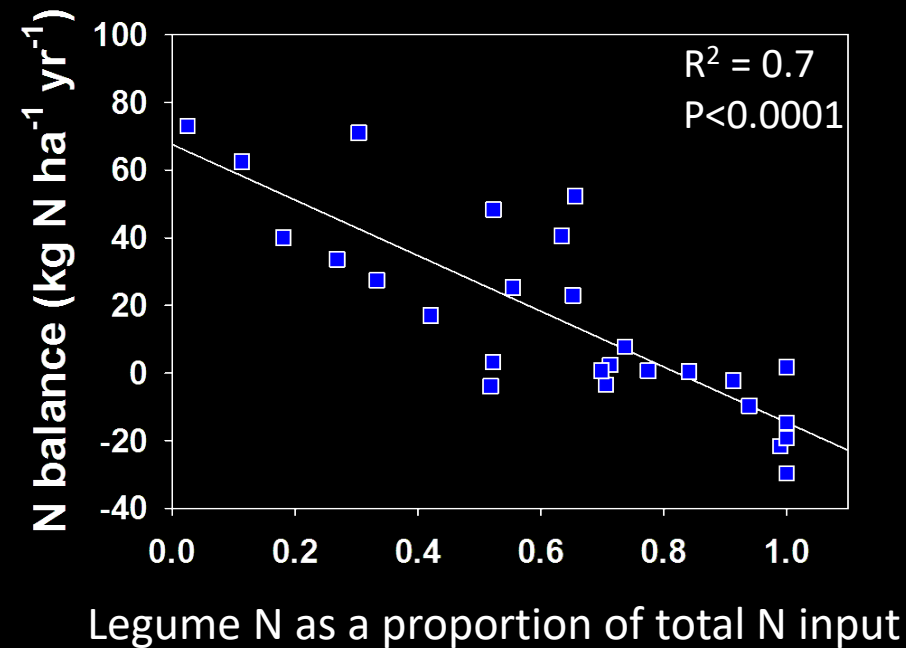
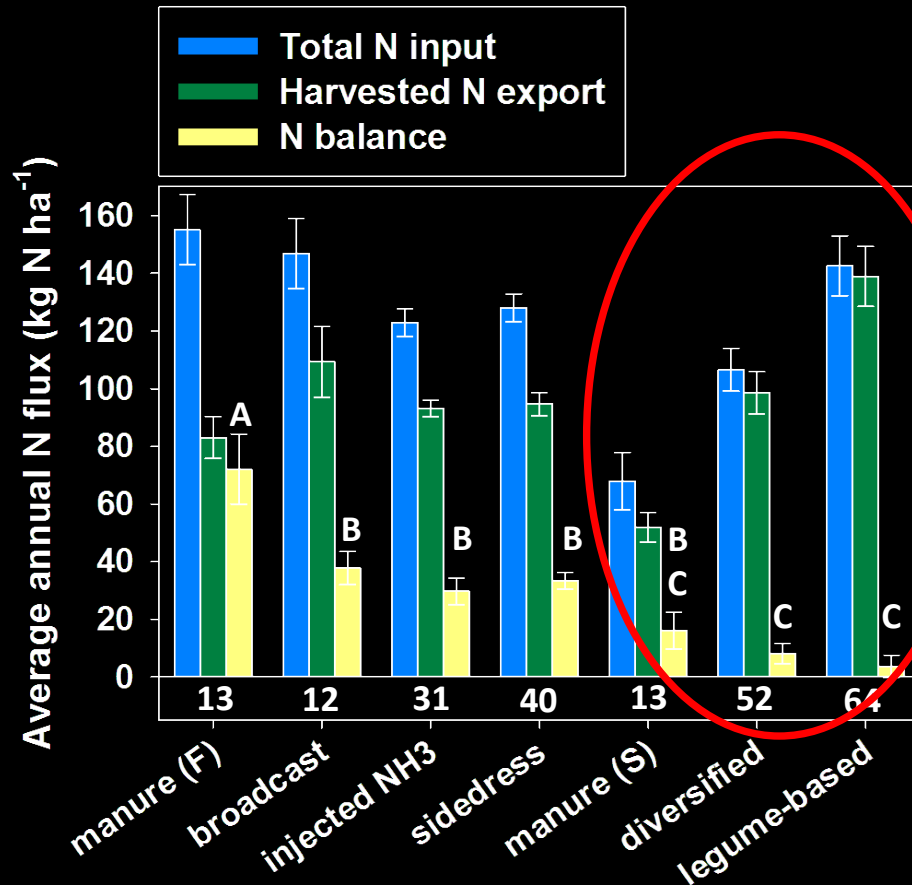
**N Inputs – Harvested N = N balance**

**N “surplus” = potential for N loss**

**N “deficit” = potential depletion  
of soil N stocks**



# Legume cover crops and perennials reduce N losses



**Resilience:** Reduced need to purchase N fertilizer inputs

# Research on 10 Michigan farms

- How do legume cover crops affect soil health?
- How does soil fertility across farms affect legume nitrogen supply?
- 3 year, on-farm experiment with 2 seasons of an overwintering cover crop
- 3 treatments replicated 4 times:

**Vetch**



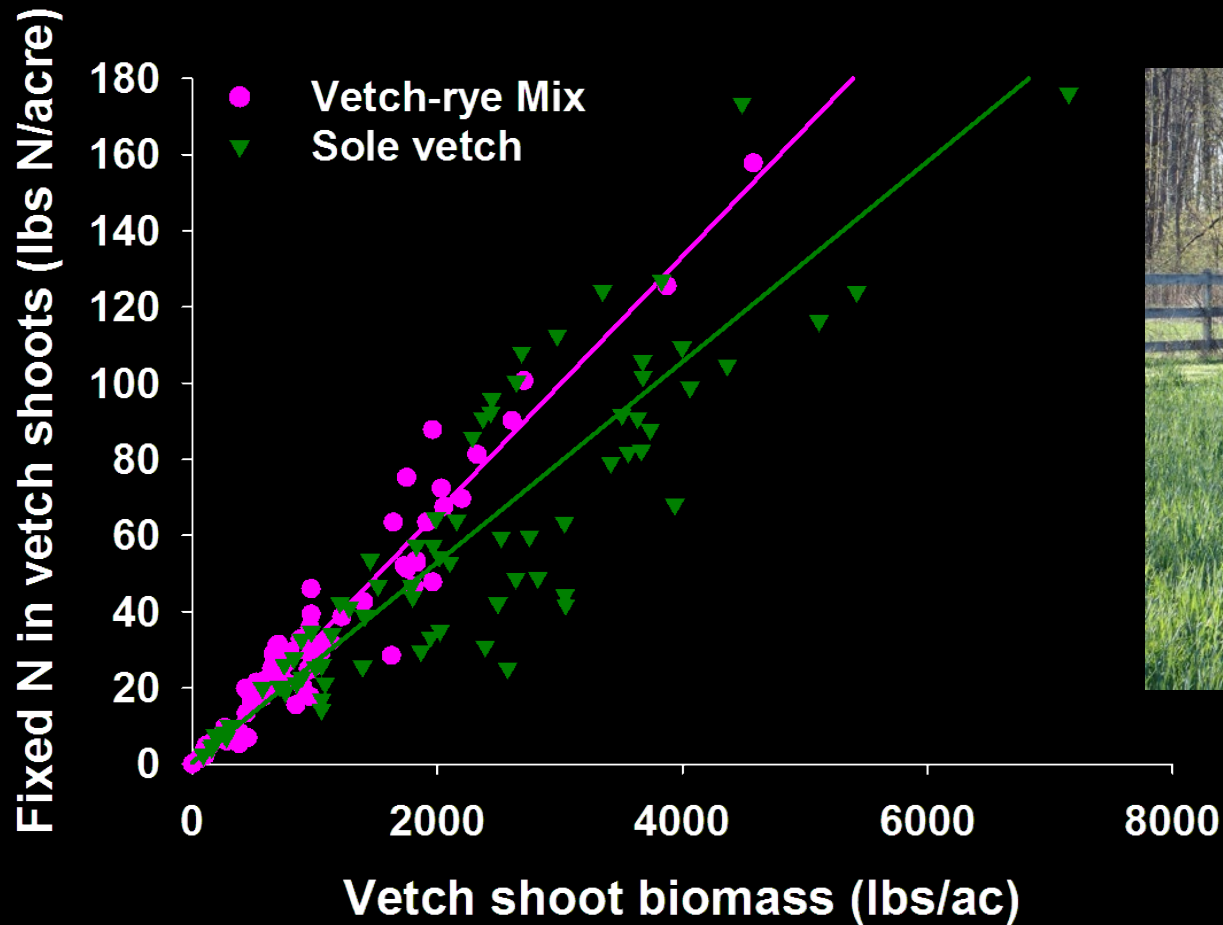
**Vetch/Rye**



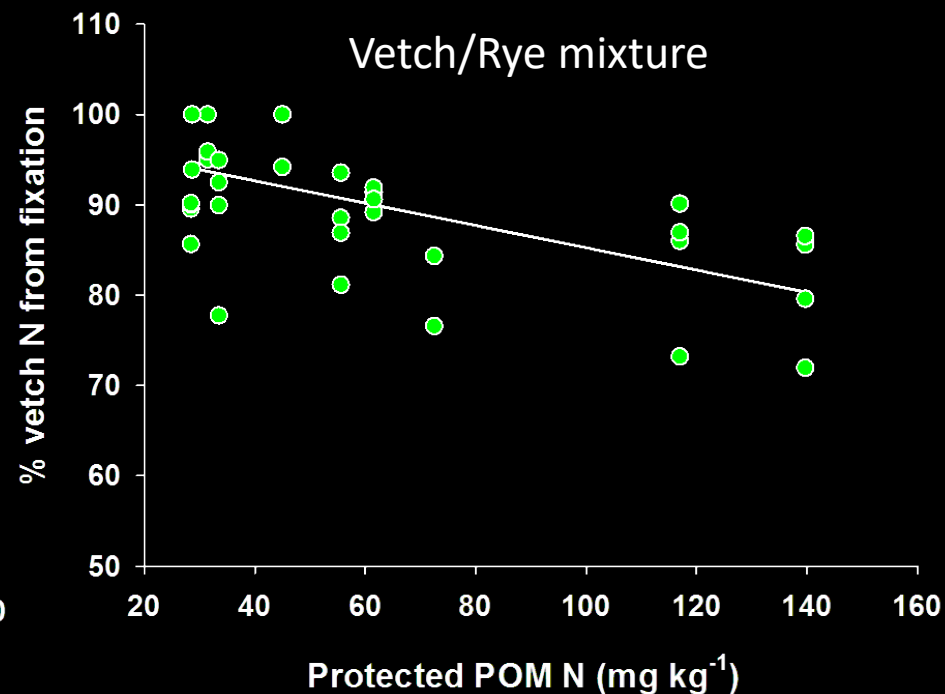
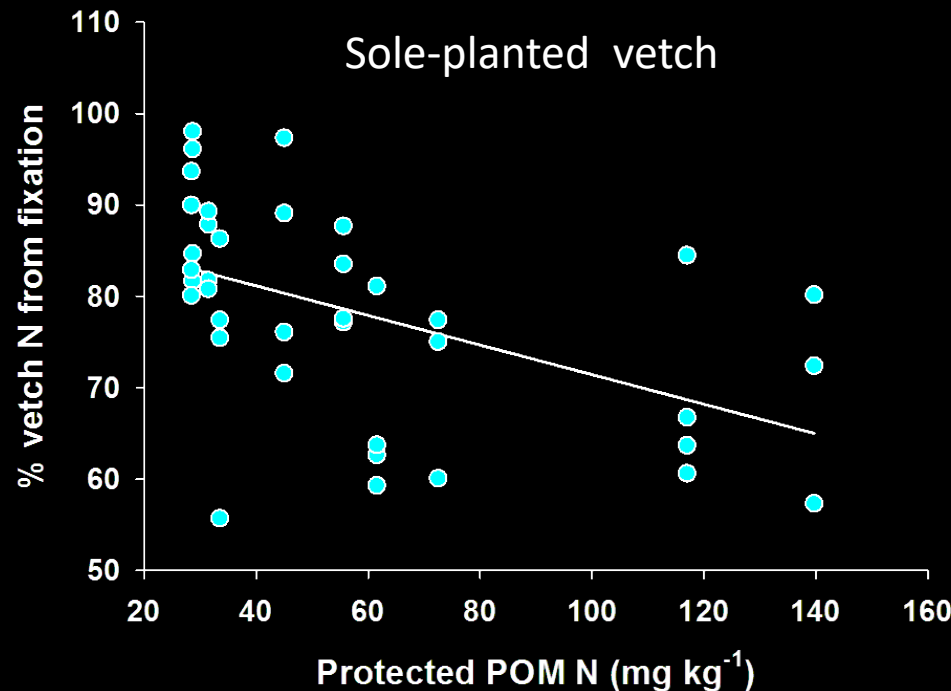
**Rye**



# Variation in vetch biomass and N fixation across farms



# Vetch N fixation across the farm soil fertility gradient



**As farmers build soil fertility (e.g., gains in particulate organic matter over 5 or more years), they can likely invest less in legume cover crop seed, and focus more on covers like grasses**

# Stabilizing feedbacks between soil fertility and legume N fixation

- Legumes self-regulate
- They invest less in the N fixation when soil N levels are high
- How can we take advantage of these remarkable traits of organisms?



Pea root with fully developed, active nodules. The presence of leghemoglobin and thus nitrogen fixation is indicated by the pink coloration.

photo by Morgan Schipanski

# Significant increase in soil health after two years of rye/vetch

Biological Indicators	Unit	Mean change	Significant change?
Total SOM	%	0.04	N
Free POM	Mg ha <sup>-1</sup>	3.71	✓
Protected POM	g kg <sup>-1</sup>	3.28	✓
N in Protected POM	kg ha <sup>-1</sup>	90.03	✓
Mineralizable C	μg CO <sub>2</sub> g <sup>-1</sup> d <sup>-1</sup>	9.53	✓
Mineralizable N	mg kg <sup>-1</sup> wk <sup>-1</sup>	1.91	✓
Chemical Indicators			
Bray-1 P	ppm	1.25	N
Nitrate + Ammonium	mg kg <sup>-1</sup>	0.10	N

# Cover crop mixtures

- Opportunity for planting species mixtures in grain fields
  - Especially after small grains
- Increase **functional diversity** in crop rotations
  - E.g., legume cover crops often grown in mixtures with grasses for both N supply and N retention (and other functions)



Winter Pea



Red Clover



Cereal Rye



Spring Wheat



Oats



Forage Radish

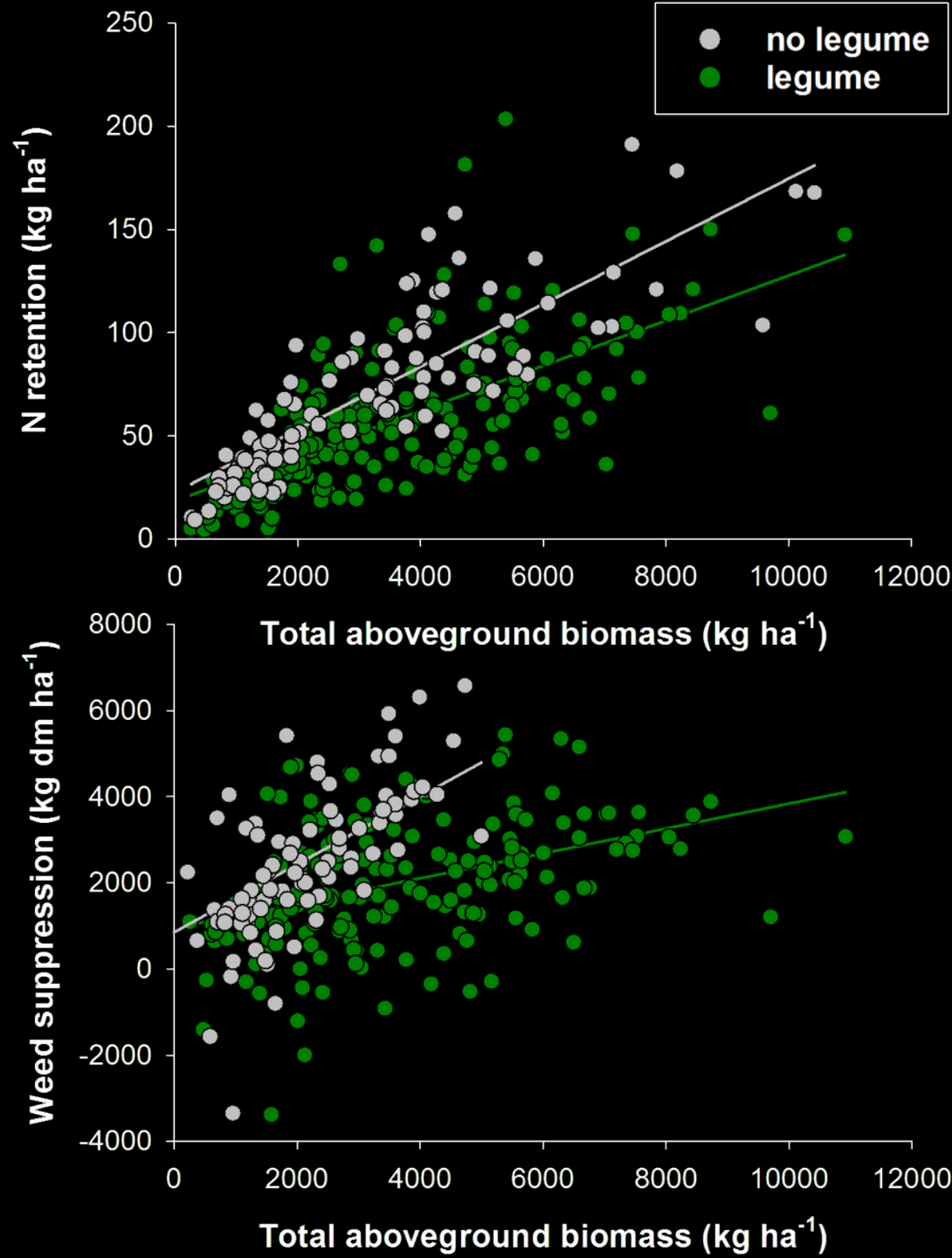
# Cover crop mixtures

- Do they provide multiple benefits at once on working farms?
  - Treatments:
    - **Crimson clover/red clover/spring wheat**
    - **Winter pea/oat/daikon radish**
    - **Lentil/yellow mustard/oat**
    - **Red clover/spring wheat**
    - **Crimson clover/spring wheat**
    - **Cereal rye/chickling vetch**



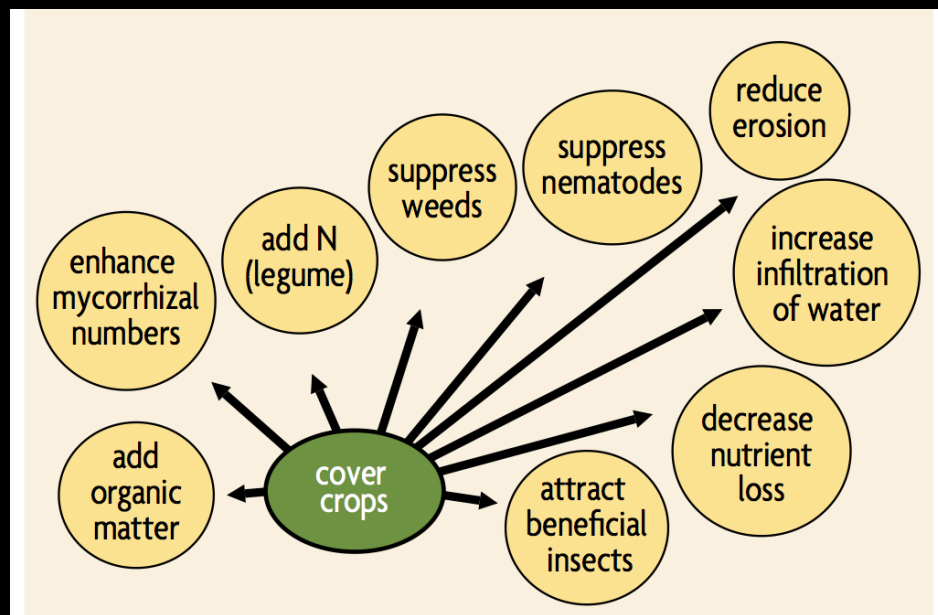
# Biomass drives outcomes of cover crops

- Grass covers are more reliable than legumes for N retention and weed suppression
- Legumes supply N
- Can mixtures of legumes and non-legumes increase multiple functions at once?



# Mixes were “multifunctional”

- Several cover crop mixtures increased multiple benefits at once across the farms:
  - Adding N, retaining nutrients (i.e., decreasing loss), and suppressing weeds
- Crimson clover/red clover/spring wheat
- Crimson clover/spring wheat
- Winter pea/oat/daikon radish



# Crop diversity benefits the environment and communities

- Small-scale experiments
- Long-term cropping systems research
- Studies on real farms



- Meta-analyses



# *How do farmers transition to diverse crop rotations in the U.S. Corn Belt?*



## **Resources**

### On the farm

- Crop and livestock diversity
- Enterprise diversity
- Preventative thinking
- New skills, experience

# How do farmers transition to diverse crop rotations in the U.S. Corn Belt?



## Resources

### On the farm

- Enterprise diversity
- Preventative thinking
- New skills, experience

### Off the farm

- Farmer networks (e.g., PFI)
- Professional organizations
- Technical assistance
- New market opportunities
- Farm Bill programs
  - EQIP
  - CSP

# Learning from farmers to guide policy change

- Michigan and Ohio cover croppers' policy recommendations:
  - Develop more programs at the local level (e.g., run by SWCD)
  - Longer contracts for practices like cover cropping

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- Michigan and Ohio cover croppers' policy recommendations:
  - Develop more programs at the local level (e.g., run by SWCD)
  - Longer contracts for practices like cover cropping
  - Lower cost-share payments
  - Include soil testing or other monitoring as part of the programs

# Farmer networks: Cover Crop Champions program

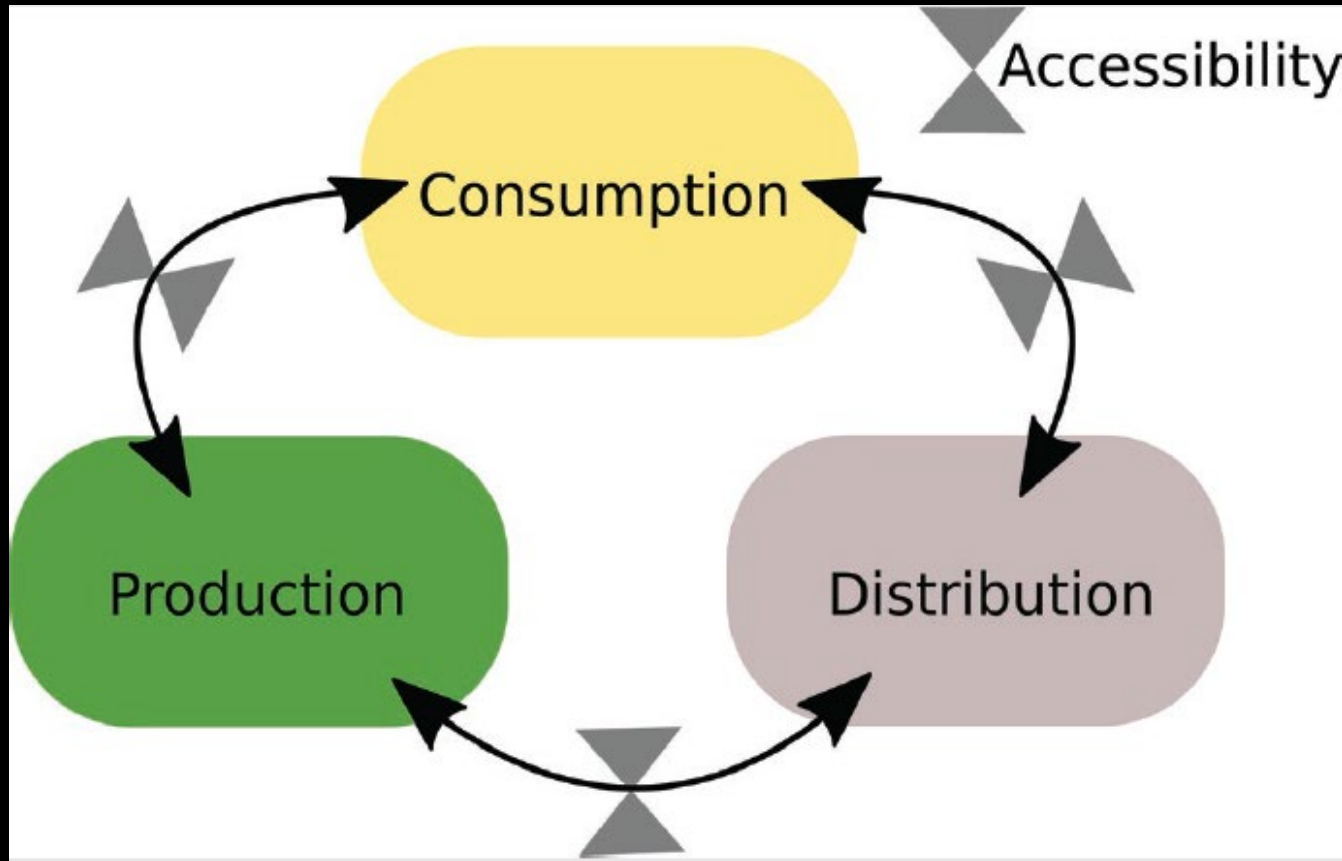
“...avoid language that would further the perception that cover crops and no-till are really risky because they’re new. [We are] trying to change that norm to say: ‘it’s actually riskier to not do these practices, because we are going to continue to have extreme weather events in the future.’”

- Program Participant

# Farmer networks: Cover Crop Champions program

“...[it’s important to have] a resource person that someone new can call to say ‘I have rye that’s two feet tall and need to plant corn in two weeks. What do I do? Do I till it? Do I spray it? Do I plant in it?’ Those questions that only a person that’s had the experience can [answer].” - Farmer Champion

# Diversifying food systems



# Summary

- Crop diversity increases farm resilience
  - Especially functional diversity-- species with complementary traits, like legumes and grasses
- Cover crop mixtures are an opportunity to increase functional diversity in rotations with small grains
- Collaborations between researchers and farmers help to explain variability in results, and adapt practices for different locations and conditions
- Scaling diversity will require change at all levels-- from individual farms to major farm policies
  - Farmer networks are critical to success



# Acknowledgements and team



Farmer partners



Beth VanDusen



Eliot Jackson



Marta Plumhoff



Devorah Gordin



Beth Dorgay



Ami Fofana



Emmett Werthmann



Alison Bressler



Katie Grantham



Anne Elise Stratton



Tianyu Ying



Yili Luo



Santiago Bukovsky-Reyes



Elliot Nichols



Etienne Herrick

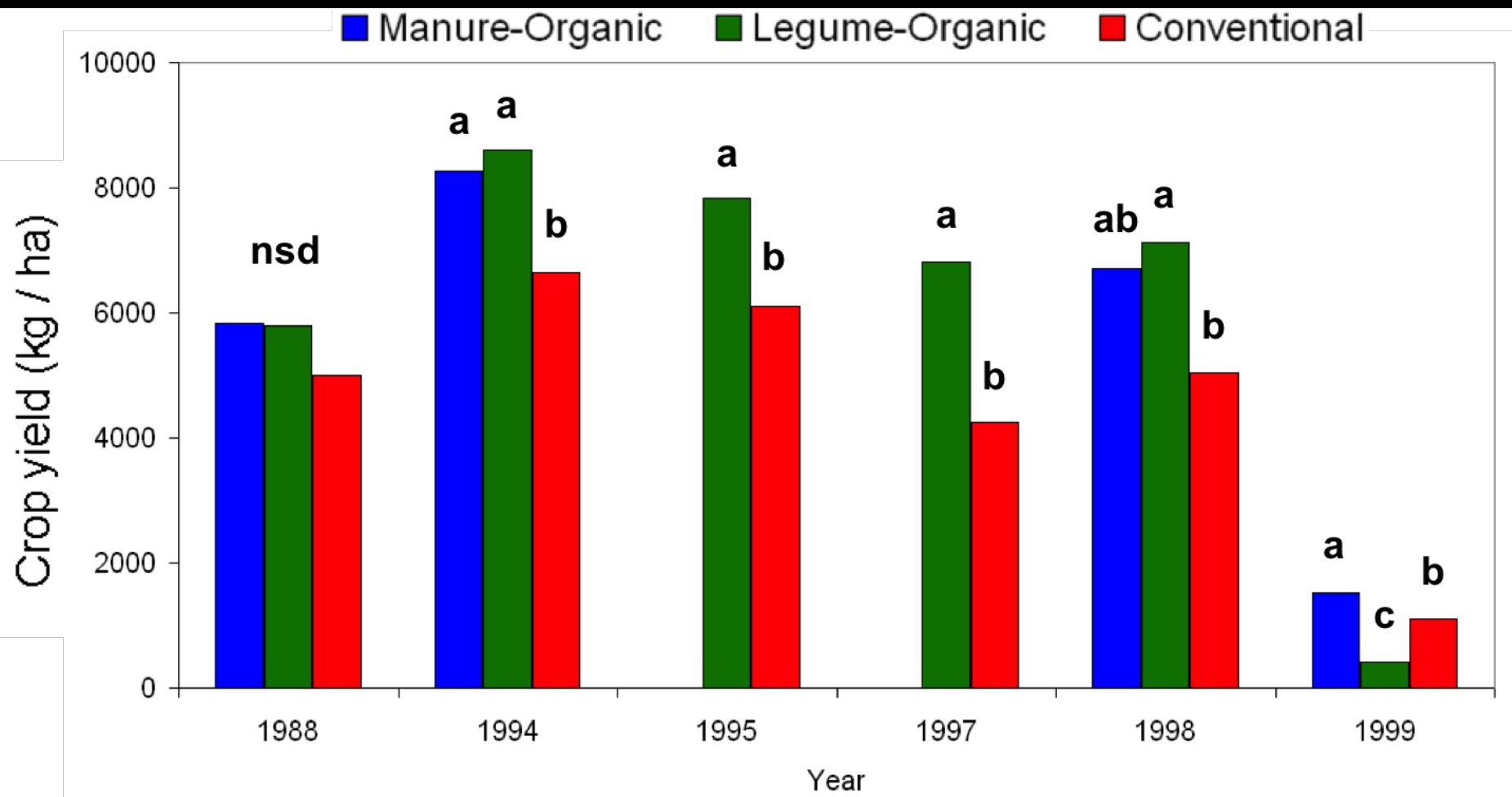


Ryan Nelson

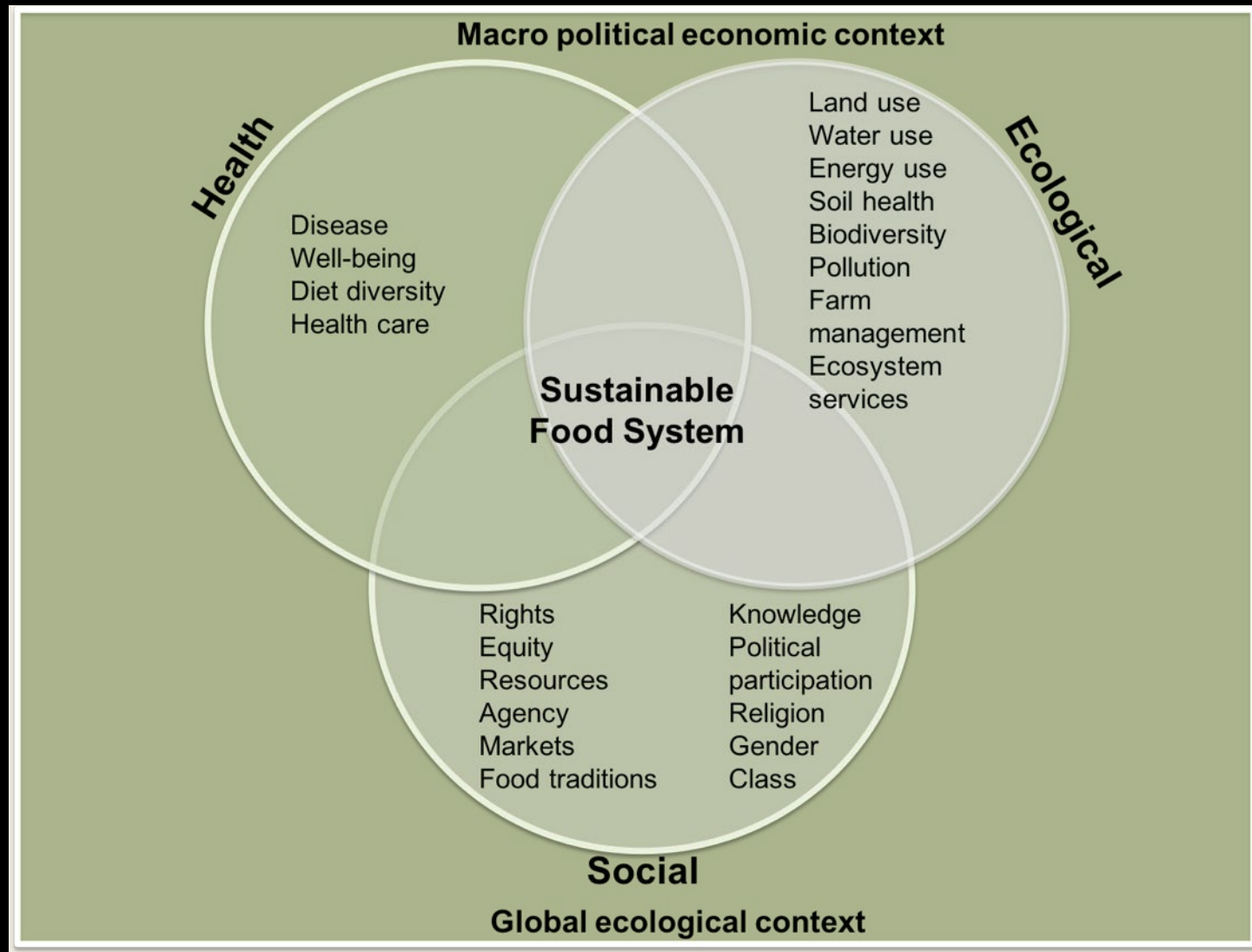


**Collaborators:** Dan Brainard and Sieg Snapp (MSU)

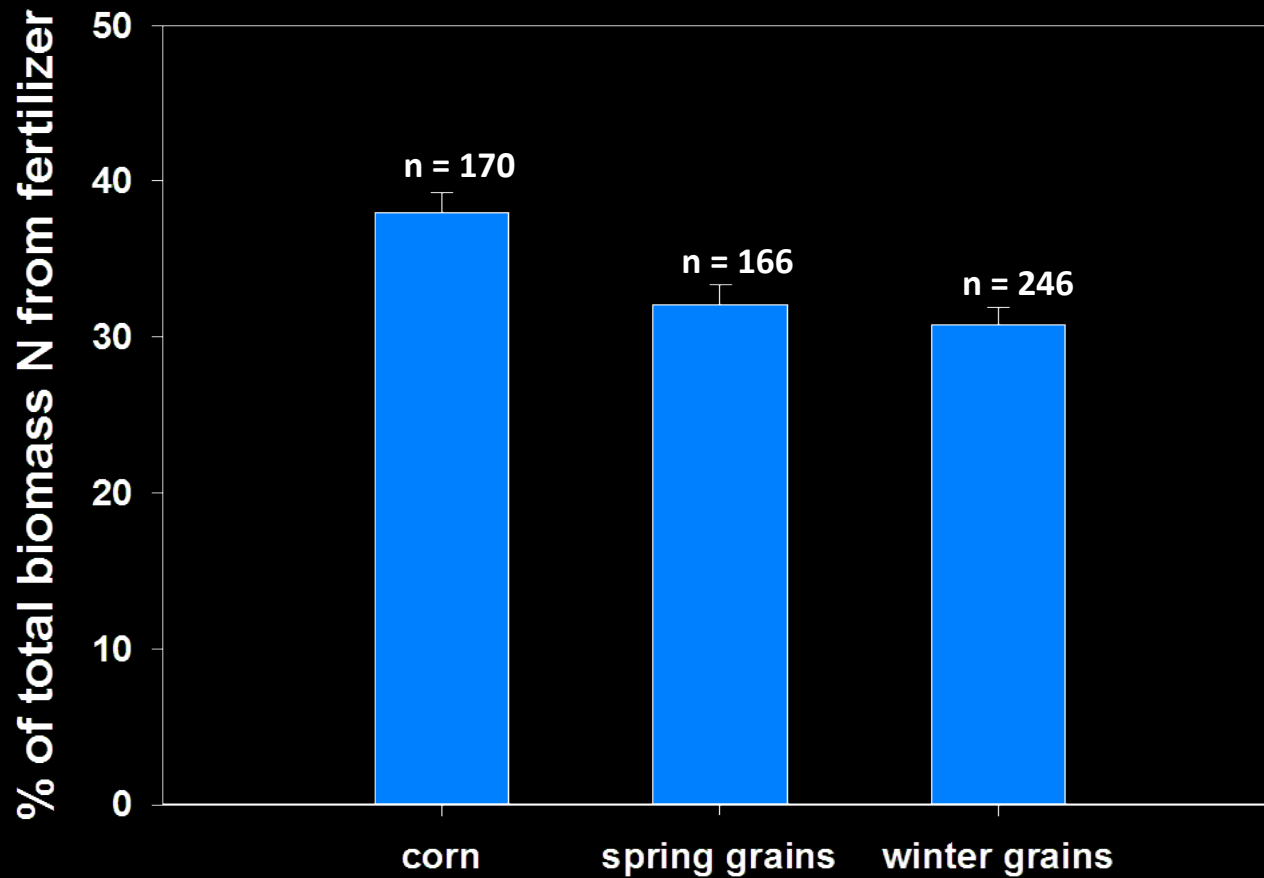
**Funding:** The Ceres Trust, SEAS (UMich), USDA AFRI



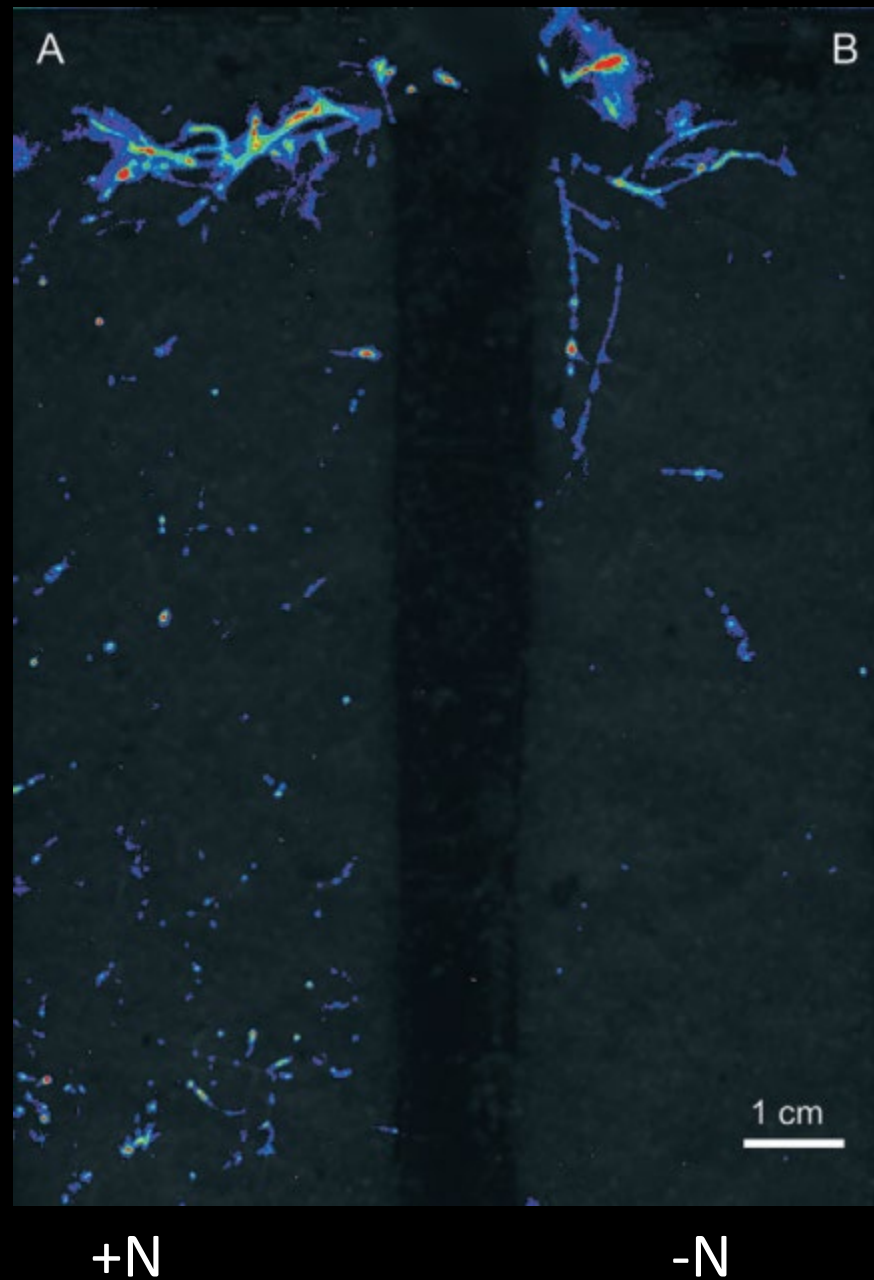
# What is agroecosystem multifunctionality?



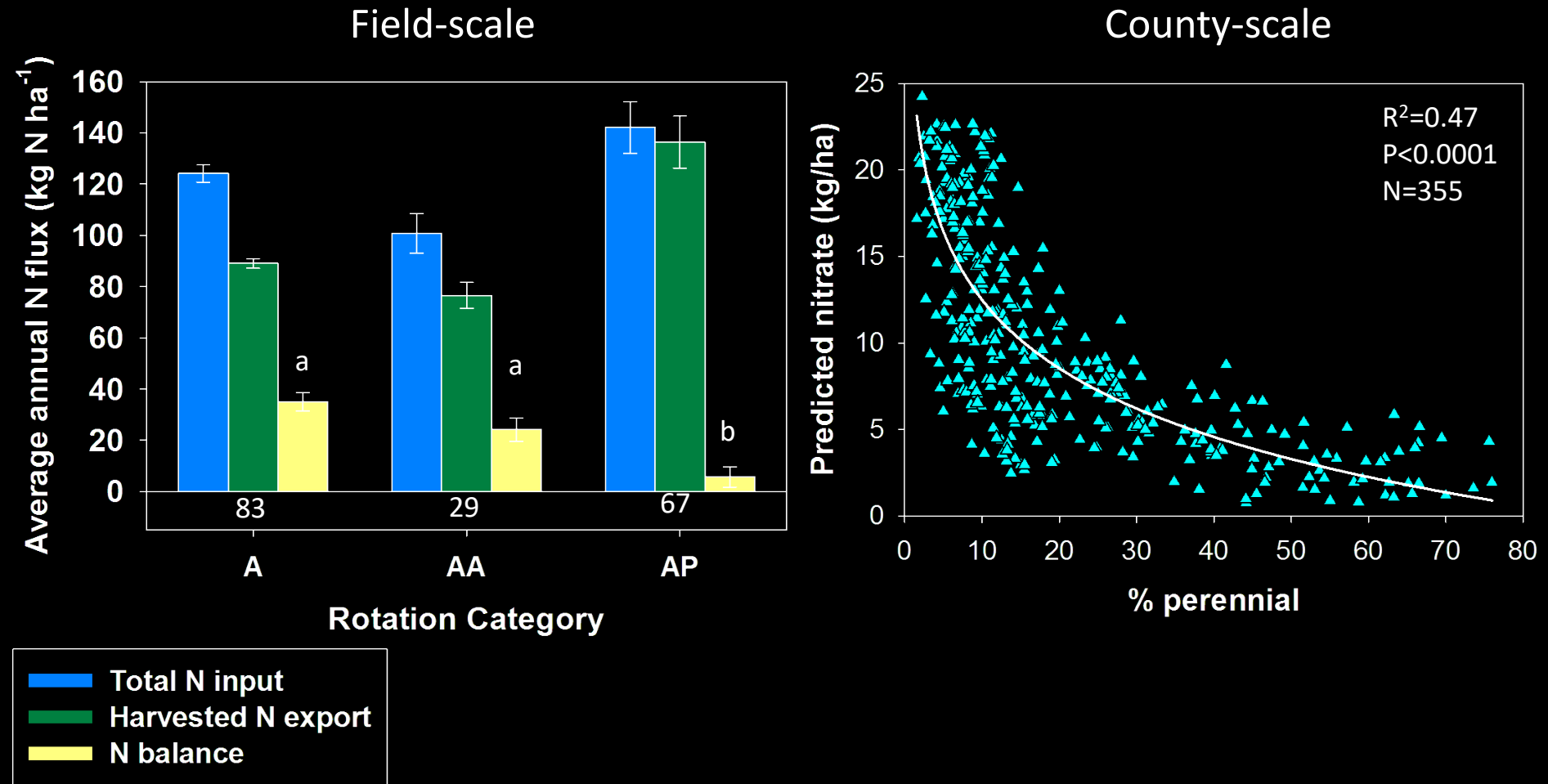
# Crop N from fertilizer < 40%



Greenhouse  
experiments:  
Plant root exudation  
increased in response  
to resource patches



# Perennials reduce N losses



# Both environment and management determine SOM levels in a field

## Environment

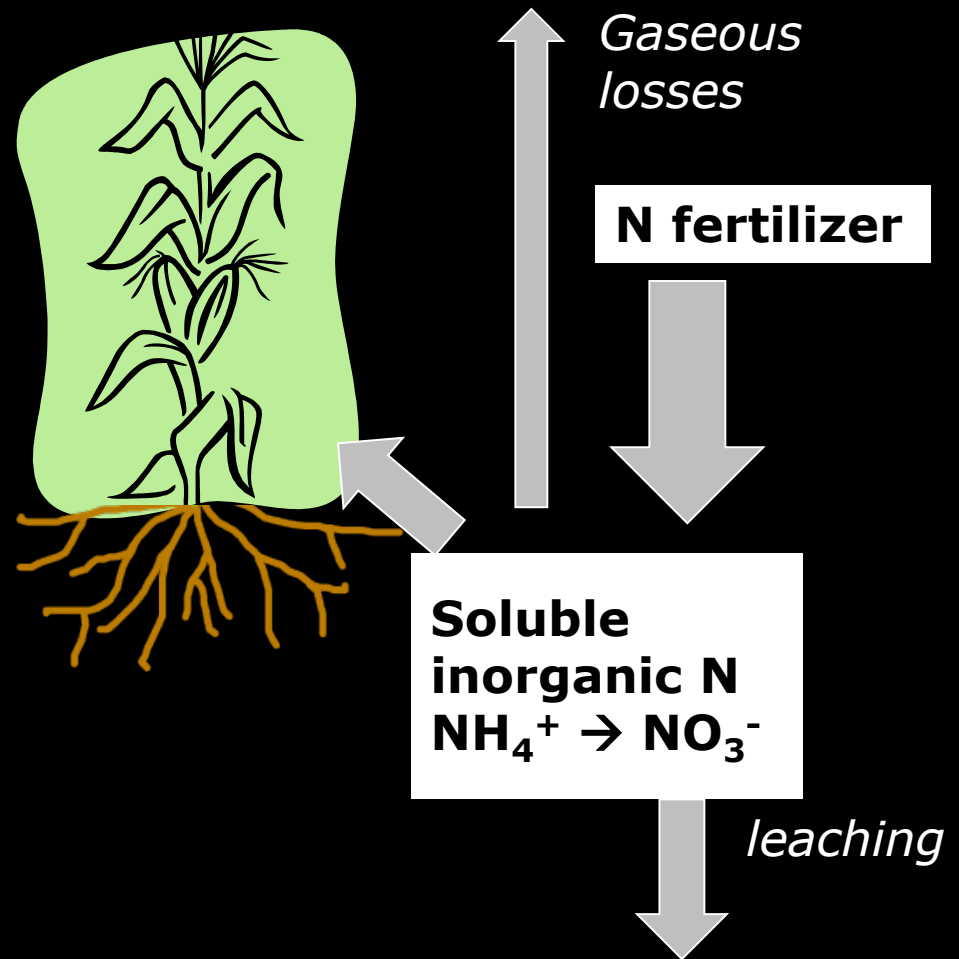
- Climate
  - temperature
  - rainfall
- Soil Texture
- Soil Drainage
- Vegetation Type

## Soil and Crop Management Practices

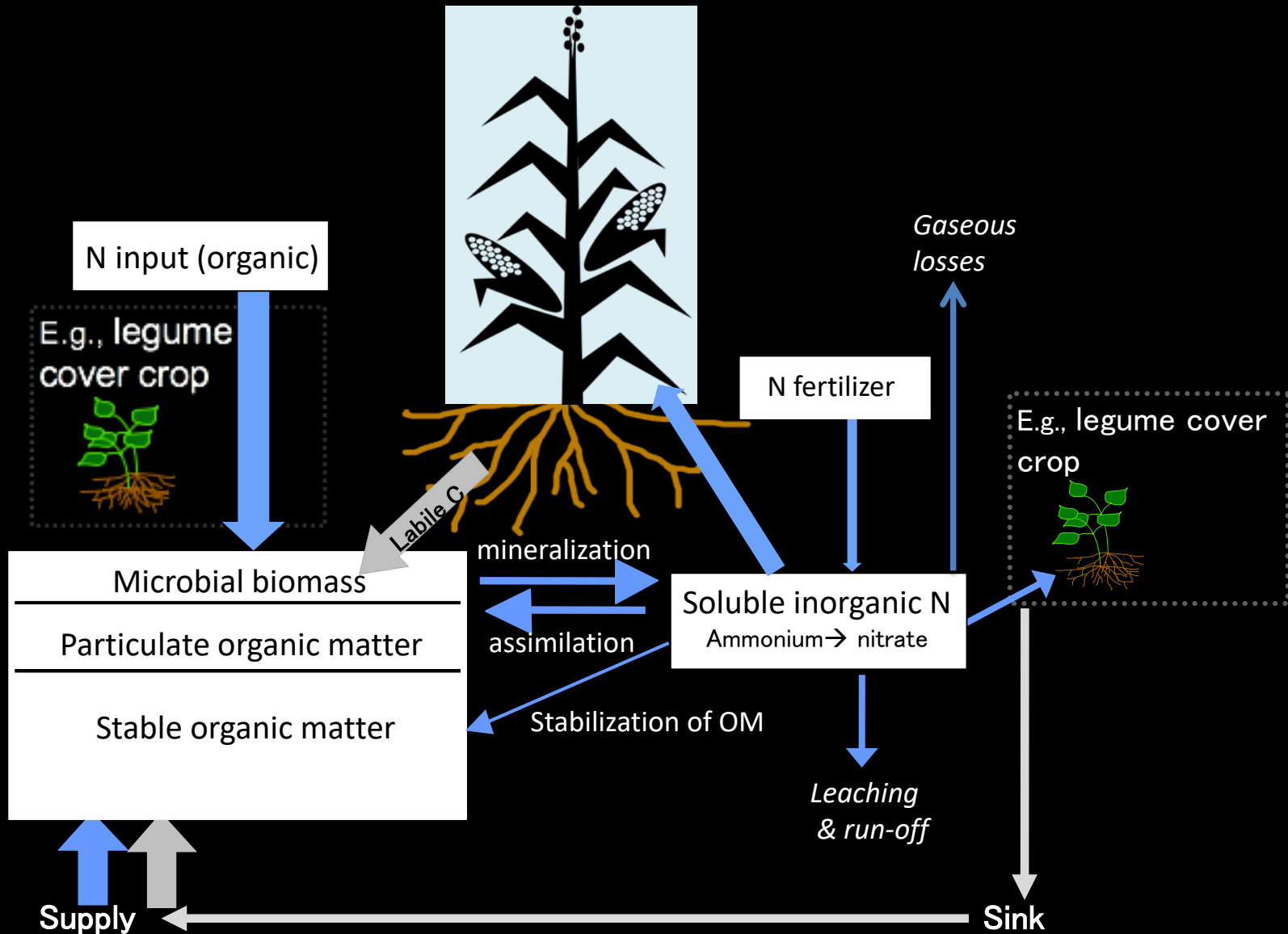
- Crop rotation
- Residue inputs
- Tillage
- Organic amendments (e.g., manure, compost)
- Nutrient sources

# N Management: dominant paradigm

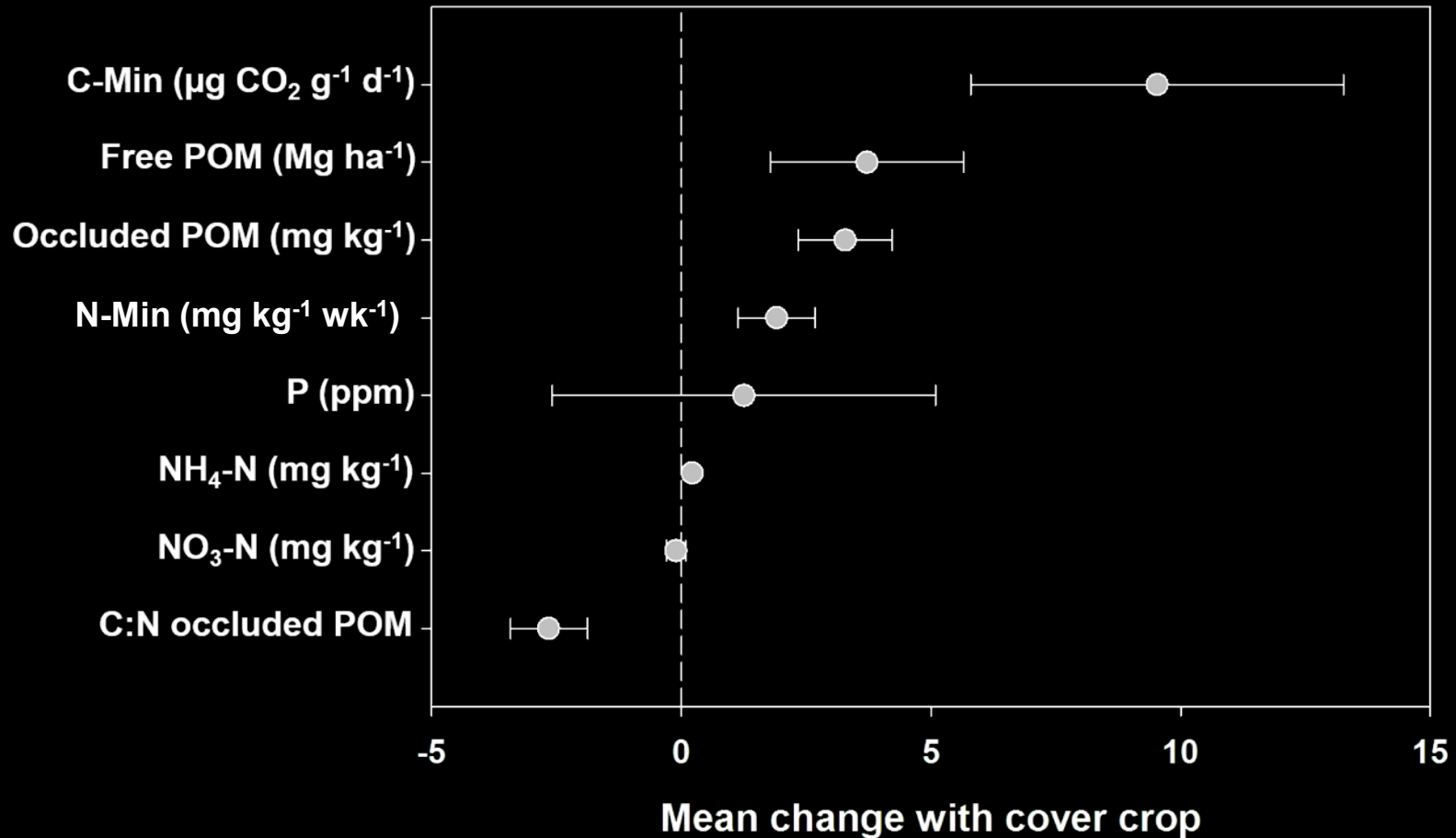
- Pulsed soluble N additions in fertilizer
- Not synchronized to plant demand
- Reduced SOM and disruption of soil biota result in inability to store inorganic N not taken up by crops



# “Ecological” nitrogen management



# Significant changes in labile SOM pools following two years of rye/vetch



Calculated as difference between cover crop vs. fallow control for two years; shown with 95% CI.