

Potting Soil Comparison for Vegetable Seedling Quality

In a Nutshell:

- Hannah Breckbill, Emily Fagan and Jon Yagla wanted to see which potting soil produced the best transplants in each of their farms' production systems, in order to determine how they should order potting soil in the future.
- Cooperators expected Vermont Compost, the most expensive choice, to perform better than Cowsmo and Beautiful Land Products.

Key Findings:

- At Breckbill and Fagan's farm, the media did not statistically differ from one another. At Yagla's, the Beautiful Land Products and Cowsmo soil outperformed Vermont Compost Company in stem diameter and number of leaves, but not in ease of work.
- Fagan will continue to bulk-order Cowsmo soil based on these findings, and all farmers have a better idea of what qualities they desire in potting soil.

BACKGROUND

When growing vegetables that are seeded in a greenhouse and later transplanted into a field, the seed-starting media used is important to the initial resilience of these crops. Three brands of potting soil that are commonly used for these starter media in Iowa: Beautiful Land Products, Cowsmo and Vermont Compost Company. Beautiful Land Products is a local soil company out of West Branch, Cowsmo is a Wisconsin-based company that many farmers use (and is best for bulk orders), and Vermont Compost is an organic, high-quality potting soil and the most expensive of the three. Knowing the potting soil that each farmer prefers most will allow them to determine whether they should bulk order soil, purchase it from their local shop, or invest in a brand that is not local, but produces higher quality transplants.

Cooperators were curious about which media of the three above gave them the best vegetable transplants. They predicted that the Vermont Compost Company soil, which was the most expensive option of the three, would produce the healthiest and strongest transplants. Emily Fagan was motivated to improve her practices and answer the long-term question of which soil is best for her farm. "Whenever



Tomato seedlings growing in Cowsmo soil within Breckbill and Fagan's greenhouse.

I buy potting soil I never feel very certain about my choice because I don't really know much about it, so I'm hoping that this trial will help me find some more information to make that choice with," Fagan said.

METHODS

Design

For both tomatoes and broccoli, cooperators prepared seedling trays in a randomized, replicated pattern of potting soil varieties. Cooperators could use any

starting tray and blocks they normally used in their system, as long as it followed those guidelines (**Figure A1**). They used three different soils in their experiment: Beautiful Land Products (#10), Cowsmo (Green Mix), and Vermont Compost Company (Fort Vee mix). All of the mixes are seed starter or germination medias. Management information can be found in **Table 1**.

Cooperators

Hannah Breckbill &
Emily Fagan - Decorah
Jon Yagla - Iowa City

Funding

Ceres Trust

TABLE 1. Trial design and practices across farms in 2020.

	BRECKBILL-FAGAN	YAGLA
Crops used	Broccoli, Tomato	Broccoli, Tomato (Black Cherry)
Tomato seeding date	Apr. 7	Mar. 31
Tomato transplant date	May 27	May 14
Tomato measurement date	May 26	May 14
Broccoli seeding date	June 9	Aug. 15
Broccoli transplant date	July 13	Sept. 9
Broccoli measurement date	July 13	Sept. 9
Potting soil media trialed	Beautiful Land Products #10; Cowsmo Green Mix, Vermont Compost Company Fort Vee mix	Beautiful Land Products #10; Cowsmo Green Mix, Vermont Compost Company Fort Vee mix
Original germinated cells	Broccoli: 4, 72-cell flats Tomato: 2, 128-cell flats	12 each for broccoli and tomato

Measurements

Cooperators took three types of measurements at different stages of growth: potting mix evaluation, tray data and seedling measurements.

Potting mix evaluations, around the beginning of the trial, consisted of ease of work for wetting, mixing and filling flats, texture, price per cubic yard, and volume needed to fill the tray. Ease of work was rated excellent, good, acceptable or poor. Texture was rated as fine, course or irregular. Volume needed to fill tray was measured in quarts or gallons.

Tray data, taken throughout seeding, consisted of these measurements: date seeded, date germinated, original germinated cells, un-germinated cells, date of first true leaf, date transplant-ready and uniformity of tray. Original germinated cells and un-germinated cells were counted as whole numbers, with un-germinated cells being measured at transplant. Uniformity of tray was ranked excellent, acceptable, or poor, which was coded for analysis with 1 = poor, 2 = acceptable, and 3 = excellent.

At the time of transplant, cooperators measured 10 seedlings per replication for stem diameter, number of leaves, and seedling color. Stem diameter was measured in millimeters with a Vernier caliper. Number of leaves was calculated as an average across ten seedlings and rounded. Seedling color was ranked dark green, light green, and yellow-ish, which was coded for analysis as 1 = yellow-ish, 2 = light green, and 3 = green or dark green.



Emily Fagan measures the stem diameter of maturing tomato plants using a Vernier caliper.

Data analysis

To evaluate differences in potting soil varieties for tomato and broccoli seedlings, we calculated Tukey’s least significant difference (LSD). If the difference in a seedling indicator for any two potting soil brands was greater than or equal to the LSD, we confirm that brand had a statistically significant effect on the indicator. On the other hand, if the difference in yield was less than the LSD, we consider the varieties to be statistically similar. We used a 90% confidence interval to calculate the LSDs, which means that we would expect our rankings to occur 9 times out of 10. We could make these statistical calculations for both cooperators due to the replication and randomization of their experimental design (**Figure A1**).

RESULTS AND DISCUSSION

Potting soil evaluation

Before seeding broccoli and tomato, cooperators tested and evaluated each of the three brands of potting soil. For Breckbill and Fagan, the Cowsmo soil was the easiest and best to work with, especially for filling flats. For Yagla, the Vermont Compost Company soil was the best to work with in every category. Comprehensive evaluations are shown in **Table 2**.

TABLE 2. Potting soil mix evaluations in 2020.

COOPERATOR	MEDIA	EASE OF WORK			
		WETTING	MIXING	FILLING FLATS	TEXTURE
Breckbill-Fagan	BLP	good	good	acceptable	coarse
	Cowsmo	good	good	good	coarse
	VCC	good	good	acceptable	irregular
Yagla	BLP	poor	acceptable	acceptable	medium fine
	Cowsmo	acceptable	poor	acceptable	medium coarse
	VCC	good	good	good	medium fine

BLP = Beautiful Land Products
VCC = Vermont Compost Company

Germination rate

Germination rate was taken as a percentage of originally planted cells that germinated. Breckbill and Fagan only measured tomato germination rates at their farm, and found no significant difference in germination rate among the soils (**Figure 1A**). The broccoli at Yagla's farm had a 100% germination rate regardless of potting soil (**Figure 1B**). Yagla's tomato plants grown with Vermont Compost had a slightly better germination rate than the others, though we were not able to confirm this statistically.

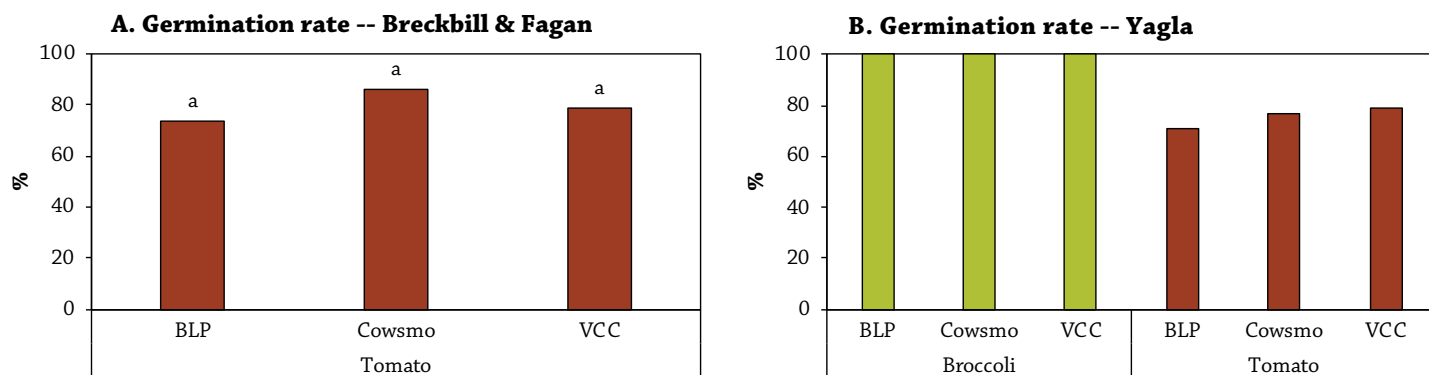


FIGURE 1. Germination rates at Breckbill & Fagan's and Yagla's farms. **A).** At Breckbill & Fagan's, because results did not differ by more the least significant difference (LSD) they are considered statistically similar with 90% certainty. We indicate these similarities with the same letter-rankings above the columns. **B).** We could not conduct statistical analysis for Yagla's farm.

Stem diameter

No significant difference was found in stem diameter at Breckbill & Fagan's farm among the three varieties of soil for either broccoli or tomato seedlings (**Figure 2A**). There was also no significant difference in stem diameter for tomato at Yagla's farm (**Figure 2B**). There was a significant difference in broccoli stem diameter at Yagla's farm: Beautiful Land Products and Cowsmo resulted in statistically greater stem diameters than Vermont Compost Company.

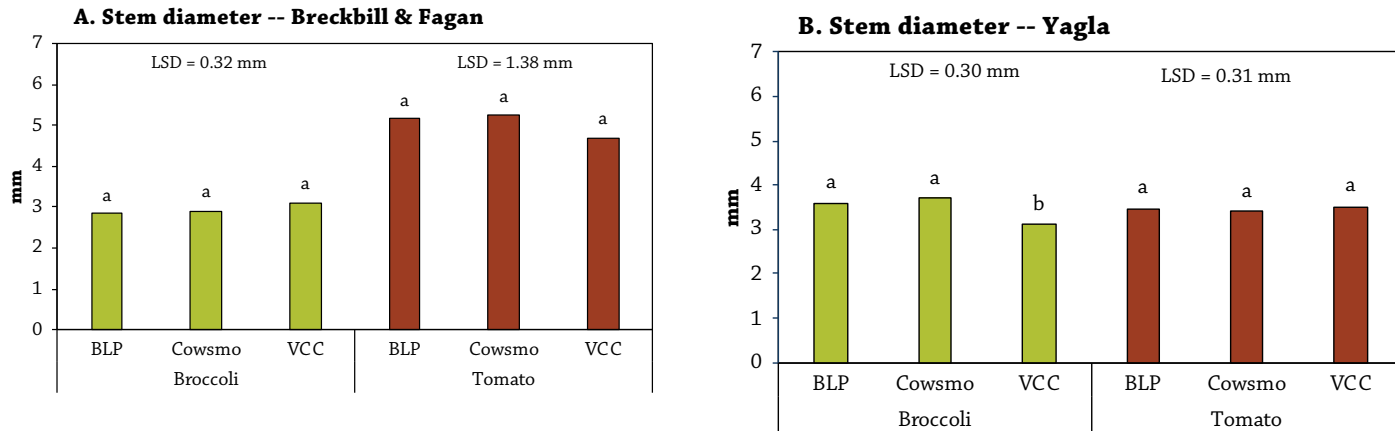


FIGURE 2. Broccoli and tomato seedling stem diameters at Breckbill & Fagan's and Yagla's farms in 2020. Results that differ by the least significant difference (LSD) are followed by different letter-ranking and are considered statistically different with 90% certainty. BLP = Beautiful Land Products; VCC = Vermont Compost Company.

Number of leaves

Cooperators also measured the number of leaves per 10 seedlings. There was no significant difference in number of leaves per plant for broccoli at Breckbill and Fagan's farm, and no significant difference in number of leaves per tomato plant at Yagla's farm (**Figure 3**). Breckbill and Fagan's tomato seedlings produced significantly more leaves per plant when grown from Beautiful Land Products soil and the least number from Vermont Compost (**Figure 3A**). Yagla's broccoli that was planted in Vermont Compost performed significantly worse than the other soils (**Figure 3B**).

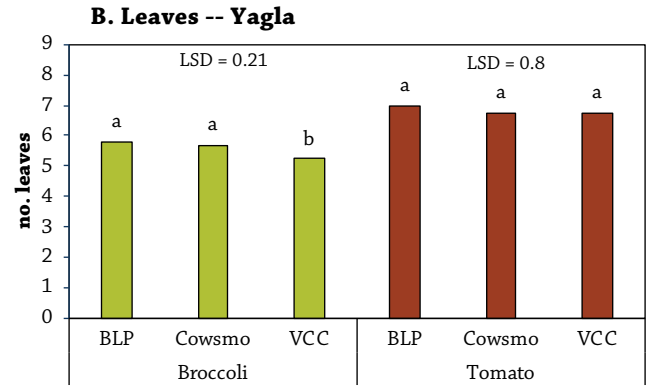
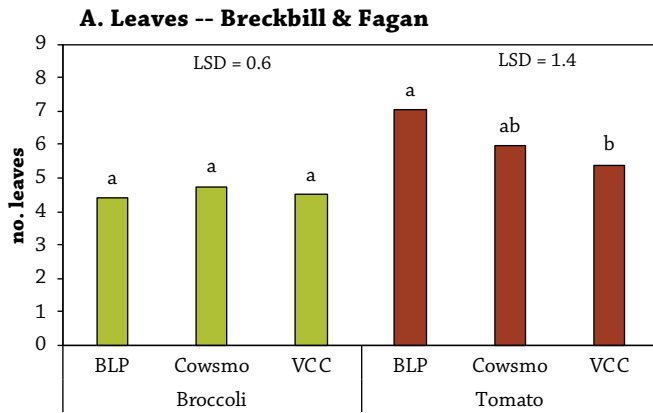


FIGURE 3. Number of leaves per 10 seedlings at Breckbill & Fagan’s and Yagla’s farms in 2020. Results that differ by the least significant difference (LSD) are followed by different letter-ranking and are considered statistically different with 90% certainty. BLP = Beautiful Land Products; VCC = Vermont Compost Company.

Broccoli and tomato Quality

At Breckbill and Fagan’s farm, the broccoli had the same color and tray uniformity regardless of soil variety. For tomato seedlings, the tray uniformity was the same, but the Cowsmo plants had slightly less green coloring (**Table 3**). The tray uniformity was acceptable across the board.

TABLE 3. Broccoli and tomato quality at Hannah Breckbill & Emily Fagan’s in 2020.

CROP	MEDIA	COLOR	TRAY UNIFORMITY
Broccoli	Beautiful Land Products	3.00	2.00
	Cowsmo	3.00	2.00
	Vermont Compost Company	3.00	2.00
Tomato	Beautiful Land Products	3.00	2.00
	Cowsmo	2.75	2.00
	Vermont Compost Company	3.00	2.00

Color: 1 = yellow, 2 = light green, 3 = dark green
 Tray Uniformity: 1 = poor, 2 = acceptable, 3 = excellent

At Yagla’s farm, Vermont Compost Company- and Cowsmo-planted tomatoes had slightly better tray uniformities, but only slightly (**Table 4**). The Cowsmo-planted tomato seedlings had slightly better color than the competition, but otherwise, colors are specific to the crops. Broccoli had an all-around green color and excellent tray uniformity.

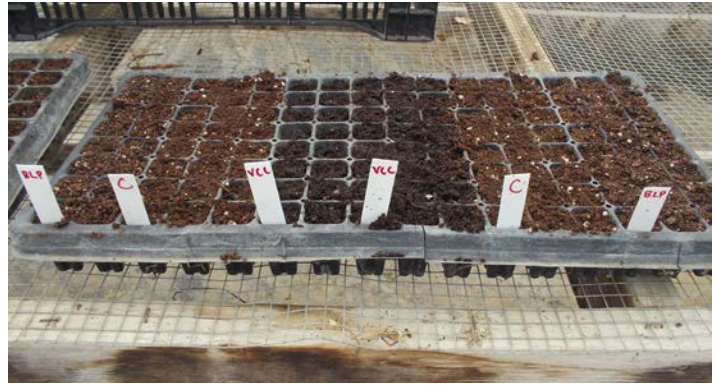
TABLE 4. Broccoli and tomato quality at Jon Yagla’s in 2020.

CROP	MEDIA	COLOR	TRAY UNIFORMITY
Broccoli	Beautiful Land Products	3.00	3.00
	Cowsmo	3.00	3.00
	Vermont Compost Company	3.00	3.00
Tomato	Beautiful Land Products	1.80	2.00
	Cowsmo	2.08	2.25
	Vermont Compost Company	2.00	2.25

Color: 1 = yellow, 2 = light green, 3 = dark green
 Tray Uniformity: 1 = poor, 2 = acceptable, 3 = excellent

CONCLUSIONS AND NEXT STEPS

Cooperators were curious about which potting soils would work best for growing seedlings before transplant. They tested three products and Vermont Compost soil was expected to do significantly better than the other varieties due to higher cost. On Yagla’s farm, the Vermont Compost was the best soil to work with initially, and it had the highest germination rate, however it produced plants with thinner stem diameters and fewer leaves. Cowsmo had better color and good uniformity compared to Beautiful Land Products and Vermont Compost, but was one of the hardest for Yagla to work with. “I was pretty surprised overall that based on our measurements and observations it didn’t seem like Vermont Compost outperformed. They all seemed pretty similar,” Yagla said at the Cooperators’ Meeting in December 2020.



Wetted soils in trays, randomized by row. BLP = Beautiful Land Products, C = Cowsmo, VCC = Vermont Compost Company.

For Breckbill and Fagan, the three potting soils barely differed except with number of leaves, where Beautiful Land Products Mix #10 gave the best results. Through this trial, as well as learning what potting soils would work best for her farm, Emily Fagan also gained insight about growing tomatoes. “Paying closer attention to how we grow tomatoes in the greenhouse gave me new ideas about when to start them and how best to get enough to germinate,” Fagan said.

Cooperators now have the choice of what potting soil they want to buy based on the qualities they preferred. Yagla mentioned that the trial solidified his confidence in the quality of locally-owned Beautiful Land Products soil. “Before this trial every spring I would wonder if I should just pay the extra cost for Vermont Compost soil mix because it has such great reviews from organic farmers across the country. Now I don’t have to worry about that.” Yagla said. Fagan will continue buying Cowsmo soil, because the differences were not noticeable enough between potting soil varieties to warrant a change. “The other farmers in our neighborhood use it and we can order it together,” Fagan said. Even though the results had no impact on her practices, Fagan is still content with performing the trial. “Now I don’t have to wonder about potting soil!” Fagan said.

APPENDIX – TRIAL DESIGN

Tray layout example of four replications of each treatment (potting mix). The trial will run include four replications of broccoli and four replications of tomatoes. Growers may split trays, if needed.



FIGURE A1. Example of experimental design used by all farmers in the trial, which included randomized replications of the products. This design allowed for statistical analysis of the results.



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