PRACTICAL FARMERS OF IOWA

FIELDIDAY Guide



practicalfarmers.org

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Visit pages 30-31 to see the rest of our major sponsors!

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LOOKING FOR MORE EVENTS OR INFORMATION?

- Find events, resources and more on our website at practicalfarmers.org.
- **Sign up for our free weekly email newsletter** at **bit.ly/practicalnews** and get the latest news delivered right to your inbox.
- Connect with us on social media.

Have a specific area of interest? Sign up for one or more of our specialty email newsletters. Visit bit.ly/PFInewsletters to learn more.





WELCOME!

WELCOME TO PRACTICAL FARMERS OF IOWA'S 2022 FIELD DAY SEASON!

We can't wait to get back on the farm this field day season – our first full, in-person season since 2019. With nearly 40 field days planned, there should be something for everyone.

Whether you're new to PFI field days or a yearly attendee, you'll find a welcoming atmosphere, a spirit of curiosity, a culture of mutual respect and farmers openly sharing their knowledge and experience. At PFI, we have a unique learning model: Our events are led by our farmer members – we know they are the experts on their specific farming systems. At PFI field days, farmers believe in sharing their knowledge, discoveries, mistakes and successes so you can learn and grow your own operation.

This guide is your passport to a season of community and learning. When you join us at a field day, you'll see firsthand what we mean when we say we're a "big-tent" organization – we showcase farmers with operations of all sizes and production practices. Browse these pages to find farmers trying practices you're curious about, testing ideas through on-farm research and experimenting with ways to make their farms, communities and landscapes more resilient.

You'll find topics and farms that span the agricultural spectrum – conventional and organic field crops, cover crops and small grains, livestock farms of differing scales and species, vegetable production, orcharding, cut flowers, agroforestry, urban farming, conservation programs, farmland transfer, marketing and more.

At PFI field days – and in all our gathering spaces – we strive for an environment where everyone feels valued, heard, represented and respected. We are committed to ensuring that everyone – regardless of race, ethnicity, cultural background, social or political identity, education, economic status or ability – feels not just welcome but invited to engage with PFI, and has equal access to our network, programs and resources.

Please join us - we look forward to seeing you at a field day this season.

See you on the farm,

Liz Kolbe

Senior Farmer-Led Education Manager

FIELD DAY POLICIES & LOGISTICS

OPEN TO EVERYONE

All PFI field days are **free for anyone to attend**; membership in PFI is not required or expected. Our goal here is simple: We want farmers to visit with and learn from one another. Not a farmer? That's okay, you're invited too! If you're an eater, consumer, researcher, friend-offarmer, policymaker, neighbor or simply curious to learn about agriculture – everyone has a role to play in supporting resilient farms and communities. We hope you'll join us.

RSVPS APPRECIATED

RSVPs are appreciated, but not required for the majority of PFI field days. Events where RSVPs are specifically required are noted in this guide and on our website. To RSVP, visit **practicalfarmers.org/field-days**, or call our office at **(515) 232-5661**.

WHAT TO BRING

All PFI events occur rain or shine. Please dress for the weather and the terrain. Many field days include walking through tall grasses or fields, or around equipment, and in a range of weather conditions. We recommend that you bring:

- Close-toed shoes (comfortable for walking)
- Sun protection (cap or hat, sunscreen)

- Water bottle (we will provide refills!)
- Rain jacket or poncho (depending on the forecast)

WHAT NOT TO BRING

- Dogs or other pets are not permitted (service dogs, as defined by the Americans with Disabilities Act, are permitted)
- Professional camera or recording equipment, unless you are a member of the news media or have prior approval from PFI – see more at practicalfarmers.org/ resourcesformedia
- Exhibitor or promotional materials or solicitations, unless you are an official field day sponsor

SPECIAL INSTRUCTIONS FOR VISITING FARMS WITH LIVESTOCK

We ask that all attendees at field days where livestock are present – particularly birds and poultry – observe the following biosecurity practices. While biosecurity is important on all farms, clean shoes and clothes are particularly important this year due to the presence of highly pathogenic avian influenza (HPAI), among flocks in Iowa and surrounding states. **Field days with livestock present where biosecurity practices will be enforced are noted with the "boot" icon.**



For these events, attendees must:

- Wear clean shoes or boots that have not been worn on other farms with livestock or livestock buildings, or around a dense population of wild birds. If shoes or boots were worn around livestock or birds, they must be cleaned and disinfected.
- Wear clean clothes that have not been worn around other livestock.
- Upon request of the farmer host or PFI staff during the field day, you may be asked to:
 - Disinfect shoes or boots in a phenol or similar solution.
 - Wear disposable plastic boot covers over your shoes (provided by PFI). Note: these plastic boot covers can make wet surfaces slippery and can rip. If that happens, your footwear can still be a hazard if you've been around livestock, so we ask that you not rely solely on boot covers to prevent the possible spread of bird flu.

Attendees who do not comply with these biosecurity practices may not be permitted onto the farm.



POLICIES & LOGISTICS CONT.

GETTING TO FIELD DAYS

For most field days, online maps are accurate. However, if special guidance is needed, it will be included under "Location Notes" on the individual field day pages in this guide.

To help you find your way, directional signs with the PFI logo will be placed along the main driving route to each field day location, near the last few turns.

CIVILITY COMMITMENT

ELD DAY

Our commitment is to learn from each other. We acknowledge differences in beliefs, values, politics, culture, interests and experiences.

WE COMMIT TO:

- Listening respectfully to each other
- Recognizing and respecting different levels of understanding
- Actively seeking common ground
- Creating an environment free from language and symbols that are hostile, intimidating or abusive of others



QUESTIONS?

Contact the PFI office at info@practicalfarmers.org or (515) 232-5661.

COVID-19 SAFETY POLICY

At Practical Farmers of Iowa, the safety of our staff, members and communities are our top priority. The policies here represent PFI's policies as of the time this guide went to print. Any updates to these policies will be posted at **practicalfarmers.org/covid-19-policy**.

Outdoor Events

- For field days held outdoors, masks are not required for any person.
- If emergency weather conditions require field day attendees to move indoors, mask policy will be determined based on the Indoor Events policy below.

Indoor Events

- <u>At Private Residences (Farmer Homes and Buildings, Including Field Days)</u>: For events hosted at private residences (a person's farm or home), PFI strongly encourages farmer hosts to follow the most up-to-date PFI policy for indoor events. However, the decision to require masks rests with the host.
- <u>At Public or Other Non-Residence Venues Reserved by PFI:</u> If the event is held in a county with a high COVID-19 community level, as determined by the Centers for Disease Control and Prevention, at the time of the event, a properly worn face mask is required for all attendees regardless of vaccination status, except when actively eating or drinking.

If the event is held in a county with a low or medium COVID-19 community level, masks are optional for staff and attendees.

These levels are monitored and reported on the CDC website; (cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html)

Further COVID-19 Safety Guidance

If you are experiencing COVID-19 symptoms or have tested positive for COVID-19 in the previous five days, we ask that you stay home. We recommend following the latest CDC guidance for quarantine and isolation.

In accordance with CDC guidance, attendees should wear a mask during indoor events, regardless of the CDC community level rating, if they have recently been in close contact (*household member*, *co-worker*) with someone who has COVID-19.

We're looking forward to having events in person and greatly appreciate your help with making events as safe as possible for staff, attendees and our communities.

If you have additional questions about safety measures in place for field days, please contact **Liz Kolbe at liz@practicalfarmers.org or (515) 232-5661**.

FIELD DAYS LIST & STATE MAP

(Please note: The number in parentheses after each event corresponds to its location on the map on page 9.)

	JUNE 6 • Ames	JULY 17 · Oskaloosa
	JUNE 11 • Hollandp.13 The Rookie Season of Roller-Crimping Hosts: Fred & Vicki Abels K & A Acres (2)	Host: Meredith Nunnikhoven Barnswallow Flowers & Produce (17) JULY 23 · Wesley
	JUNE 16 · Newhallp.14 Honeyberries and Other Perennial Berries Hosts: Jeff & Deb Sindelar Deb's Berry Farm (3)	JULY 30 • Glidden
	JUNE 17 • Okobojip.15 Pastured Pigs and Poultry at Okoboji Organics Host: Kate Mendenhall Okoboji Organics (4)	Hosts: John & Cindi Van Horn, Jane & Doug Cunningham, Robert & Mary Van Horn <i>Van Horn Farms (19)</i>
	JUNE 20 · Lamonip.16 Making USDA Programs Work for You Hosts: Chad & Katie Hensley <i>Big Creek Farms</i> (5)	AUG. 2 • Harlanp.33 Weed Control Strategies in Organic Corn and Soybeans With Buffalo Cultivators and Planters Hosts: The Rosmann Family & Eric Madsen Rosmann Family Farms & Madsen Stock Farm (20)
	JUNE 23 • Des Moinesp.17 Summer Beginning Farmer Social With Des Moines Urban Farmers Hosts: Monika Owczarski & Amy Joens Sweet Tooth Farm & Chicory Grove Farm (6)	AUG. 3 • Otho
	JUNE 24 • North Englishp.18 On-Farm Poultry Processing & Licensing Hosts: Jason & Hannah Grimm Grimm Family Farm (7)	Learning Farm (21) AUG. 4 • Mount Carroll, ILp.35 Linking Cover Crops, Cattle and Neighbors Hosts: Justin & Ellen Rahn R & H Seed Solutions (22)
	JUNE 24 · Jefferson	AUG. 4 • Boone
	JUNE 25 • Radcliffe	AUG. 9 • Tripoli
	JUNE 26 • Griswoldp.21 A Little of Everything: Hydroponic Tomatoes, Farmers Markets & Agritourism Hosts: Mike & Donna Brahms & Family 3 Bee Farms (10)	Hosts: Eric & Courtney Jensen Yellow Table Farm (24) AUG. 9 • Newell
	JULY 6 • Lisbon	Hosts: Adam & Jenna Cook <i>Clovergold Flower Farm (25)</i> AUG. 17 · Winthropp.39 Tree Transition at a Mid–Size High–Density Apple Orchard
	Sutliff (11) JULY 7 · Palo	Hosts: David & Susan Differding <i>Timeless Prairie Orchard</i> (26) AUG. 17 · Waterloo
	Oat Production: From Variety Selection and Seeding to Baling and Cleaning Hosts: Dan & Susan Voss, Brian Voss & Nicole Hepker Voss Farm (12)	Urban Farming How-Tos With We Arose Co-op Host: DaQuan Campbell We Arose Co-op (27)
	JULY 9 • Orleans	AUG. 20 · McGregorp.41 Establishing and Grazing Legume Covers and Small Grains in an Organic System Hosts: Scott & Shannon Koether Koether Family Farm (28)
	JULY 15 • Easton, MNp.25 Conservation Rotations and Cover Crops Following Small Grains <i>Hosts:</i> Andy Linder & Don Linder (14)	AUG. 23 · Lake Cityp.42 Making Cover Crops Work: From Popcorn to Water Quality Hosts: Mark Schleisman & Family M & M Farms (29)
	JULY 16 • Missouri Valley	AUG. 27 • Bus Trip to MNp.43 Bus Trip to Northfield, Minnesota: Raising Regenerative Tree-Range Poultry Hosts: Reginaldo "Regi" Haslett-Marroquín & Wil Crombie Salvatierra
•	JULY 16 • Oronoco, MN	Farm & Regeneration Farm (30) AUG. 27 · Cherokee



• = PFI Field Days and Events

Note: Out-of-state locations are not shown to geographic scale; they have been placed to give you an approximate representation of their position relative to Iowa.

Field Day Season Kick–Off Social at the PFI Office



Monday, June 6 3-5 p.m.

1615 Golden Aspen Drive | Suite 101 Ames, IA 50010

HOST:

Practical Farmers of Iowa (515) 232-5661 | debra@practicalfarmers.org

Light snacks and beverages will be provided.

Before field days commence for the season, start your visiting with an open house and social at the PFI offices in Ames! With our expanding staff, we have remodeled, bought a popcorn machine and are eager to welcome guests to visit and see our space. Join us to meet new staff, tour the office and converse with fellow members and friends.

Location Notes: Follow field day signs from South 16th Street.



RSVP for all PFI field days at **practicalfarmers.org/field-days** or call **(515) 232-5661.**

The Rookie Season of **Roller-Crimping**





Saturday, June 11 11:30 a.m.-2:30 p.m.

20902 J Ave. Holland. IA 50642

HOSTS: Fred & Vicki Abels | K & A Acres (319) 640-2002 | farmerfred1981@hotmail.com

SPEAKERS: Léa Vereecke – Rodale Institute Alisha SedImayr – Fayette County NRCS

Lunch will be held from 11:30 a.m.-12:30 p.m.; the field day will begin promptly at 12:30 p.m. RSVPs are appreciated by June 6.

Seasoned cover cropper Fred Abels and his wife, Vicki, welcome field day attendees to their farm near Holland, Iowa, to talk about roller-crimping cover crops on a conventional farm. Fred farms corn, soybeans and cover crops for seed, and employs a range of conservation practices. Among them, he uses buffer and filter strips to protect water quality, and participates in local watershed projects, reserve programs and more.

Fred will discuss his cover crop practices, including termination with a roller-crimper following both corn and soybeans, and how this impacts his use of herbicides. Fred will have his roller-crimper and no-till drill on display during the field day, alongside crimped covers among growing field crops. We'll unpack what cover crop strategies work for Fred, as well as the lessons he's learned along the way. Join us in June!

- SEE & DISCUSS Roller-crimping following corn and soybeans
 - Terminating cover crops
 - Lessons learned about cover crops
 - Rye termination with herbicides
 - A no-till drill
 - A roller-crimper demonstration on cereal rye
 - Spring and fall Haney soil tests
 - Planting corn into living cover using skip-rows
 - Corn planted following fall legumes and spring oat cover crops



Honeyberries and Other Perennial Berries



Thursday, June 16 1–3 p.m.

7290 28th Ave. Newhall, IA 52315

HOSTS: Jeff & Deb Sindelar | Deb's Berry Farm

Light refreshments will be served.

NOTE: Due to on-farm logistics, this field day is limited to 40 attendees. Because of this, pre-registration is required. Please register online at practicalfarmers.org/field-days, or call Debra at (515) 232-5661.

Have you ever tasted honeyberries, also known as haskaps? These perennial shrubs offer an exciting seasonextension fruit crop for Iowa – but like any new crop, the right variety and proper management make a difference. The earliest-ripening honeyberries are ready for harvest even before the earliest strawberries, and harvest continues until mid-June.

Jeff Sindelar grows honeyberries and many other perennial fruits on his farm near Newhall, Iowa. He will share his enthusiasm, knowledge and experience growing these exciting perennial crops during the peak ripeness of the best-tasting varieties.

- Honeyberry varieties, production and maintenance
- Honeyberry sourcing
- Hardy kiwi
- Other fruit production
- Marketing berries and fruit

SEE & DISCUSS

Pastured Pigs and Poultry at Okoboji Organics





Friday, June 17 11 a.m.-2 p.m.

22598 Nature Center Road Okoboji, IA 51355

HOST:

Kate Mendenhall | Okoboji Organics okobojiorganics.com

A pulled pork lunch will start the field day. RSVPs are appreciated by June 12.

Join us for a tour of Okoboji Organics, a small certified organic family farm raising healthy food for local families. We'll walk through the pastures to visit pigs, chickens and turkeys; look at how the Mendenhalls process poultry on-farm for direct sales; visit the farm store; and share a pulled pork lunch together. Okoboji Organics was certified organic in 2019.

SPONSORS

- SEE & DISCUSS Organic feed
 - Organic certification
 - Chicken and turkey butchery
 - Direct marketing and on-farm sales

nwa **Organic Association**





Making USDA Programs Work for You



Monday, June 20 4-7 p.m.

30608 S. Smith St. Lamoni, IA 50140

HOSTS: Chad & Katie Hensley | Big Creek Farms

Dinner will be provided at the end of the field day. RSVPs are appreciated by June 15.

What do hoop houses, tree plantings and grazing infrastructure all have in common? They can all be funded in part through working lands conservation programs like the Environmental Quality Incentives Program (EQIP) and the Conservation Stewardship Program (CSP). Join Chad and Katie Hensley to learn how they've funded a range projects on their diverse Decatur County cut flower, produce and grass-fed heritage beef farm.

SPONSORS

- Conservation programs
- Whole-farm conservation
- On-farm habitat
- SEE & DISCUSS Tree planting
 - Grazing infrastructure, including fencing and water
- CSP and EQIP
- FSA programs





Summer Beginning Farmer Social With Des Moines Urban Farmers



Thursday, June 23 5:30–7:30 p.m.

1924 8th St. Des Moines, IA 50314

HOSTS:

Monika Owczarski | Sweet Tooth Farm Amy Joens | Chicory Grove Farm ^{chicorygrove.com}

Beginning farmer socials are potlucks! A main dish will be provided; please bring a side dish or dessert to share, as well as a lawn chair and beverage. RSVPs are appreciated by June 18.

Start the 2022 growing season connecting with other beginning farmers during an evening of good food and networking. Make new friends and visit old ones while learning about each other's market happenings, plans for the year and improvements from last year.

Hosts Monika Owczarski, of Sweet Tooth Farm, and Amy Joens, of Chicory Grove Farm, often find themselves sharing neighboring stands at the Heart of Des Moines Farmers Market. At this social, they will share their experiences with starting an urban farm, from the challenges to the joys of growing food and nourishing their local communities.



Location Notes: This field day will be hosted on an urban lot and parking will be on the street. Once parked, follow the field day signs to the PFI event tent.

On–Farm Poultry Processing & Licensing





Friday, June 24 1-4 p.m.

2976 KK Ave. North English, IA 52316

HOSTS:

Jason & Hannah Grimm | Grimm Family Farm (319) 270-3890 | grimmfamilyfarm@gmail.com grimmfarm.com | Facebook: Grimm Family Farm

Snacks and refreshments will be provided at the beginning of the field day. NOTE: Due to logistics and the risk of bird flu with a poultry-focused field day, attendance at this field day is limited to 30 attendees. Because of this, registration is required. Please register online at practicalfarmers.org/field-days, or call Debra at (515) 232-5661.

Come learn from Jason and the crew at Grimm Family Farm as they demonstrate their new on-farm poultry processing setup. As third-generation farmers, Jason and his wife Hannah raise pasture-based meat birds and, alongside Jason's family, grow corn, hay, oats, beef, produce and dry beans.

SPONSOR

This field day will be a hands-on, live demonstration of processing chickens. Jason will also discuss processing equipment and share how to navigate licensing for on-farm processing.

- SEE & DISCUSS Steps to processing chickens
 - Chicken processing equipment and licensing
 - Buildings and infrastructure for processing chickens
 - In-state meat marketing





Farmland Owner Legacy **Award Celebration**



Friday, June 24 5-8 p.m.

1931 Q Ave. Jefferson. IA 50129

HOSTS:

Practical Farmers of Iowa Chris Henning | Prairie Skye Productions

Dinner will be provided. RSVPs are appreciated by June 18.

Join landowner Chris Henning to talk about farmland stewardship and the role engaged landowners can play in conserving our natural resources. Chris will discuss the way she and her farmland tenant collaborate on management decisions and practices like cover crops.

She will also share how they've used regular soil sampling and principles of precision agriculture to enhance productivity and soil health, limit chemical interventions and tillage on crop acres and identify opportunities for habitat restoration. Finally, Chris will discuss her experiences with conservation programs like the Environmental Quality Incentives Program and the Conservation Reserve Program.

This event is also a celebration of Chris' dedication to the long-term health and productivity of her farm, as well as her leadership in PFI and the broader agricultural community. During the field day, PFI will award Chris with the 2022 Farmland Owner Legacy Award.

SPONSORS

- PFI's Farmland Owner Legacy Award
- Landowner stewardship and conservation
- Cover crops
- Habitat
- SEE & DISCUSS Conservation programs



Connecting Agriculture and Conservation In partnership with Ducks Unlimited



Saturday, June 25 10 a.m.-1 p.m.

27242 E Ave. Radcliffe. IA 50230

HOST: Heath Stolee | Nutty Farmer Chestnuts

DUCKS

IMITEL

SPEAKER: Mike Shannon – Ducks Unlimited

Lunch will be provided at the end of the field day. RSVPs are appreciated by June 20.

Are you curious about how you can add more diversity, habitat or conservation practices to your farmland? Join us this summer at Nutty Farmer Chestnuts to learn how Heath Stolee has integrated chestnut trees, prairie strips, a 16-acre Conservation Reserve Enhancement Program (CREP) wetland - and more - on his Hardin County farm.

Heath will share how he has integrated conservation with agriculture on his farm, and connected with organizations like Ducks Unlimited and the Iowa Department of Agriculture and Land Stewardship to create habitat and diversity. Nutty Farmer Chestnuts is a veteran-owned family farm that grows chestnut trees and has integrated other conservation practices throughout the years.

SPONSORS

- Chestnut trees SEE & DISCUSS
 - Wetlands
 - Multi-functional habitat
 - Native pollinators
 - Prairie strips
 - The Conservation Reserve Enhancement Program

CENTER for RURAL AFFAIRS



BIOSECURE

A Little of Everything: Hydroponic **Tomatoes, Farmers Markets and Agritourism**



Sunday, June 26 2-4 p.m.

14922 535th St. Griswold, IA 51535

HOSTS:

Mike & Donna Brahms & Family | 3 Bee Farms 3beefarms.com | facebook.com/3BeeFarms

Light refreshments will be served. RSVPs are appreciated by June 21.

Mike and Donna Brahms do a little of everything on 3 Bee Farms. With multigenerational support in their family, they grow vegetables in the field and high tunnels, including hydroponic tomatoes; manage a 1,000tree apple orchard; host school field trips, tours and seasonal on-farm events; and sell at farmers markets in multiple towns in their area. Their hard work and diverse involvement makes them an essential part of communities in their part of the state. See firsthand how they do it all from season to season.

- SEE & DISCUSS Hydroponic tomatoes
 - Agritourism
 - Farmers markets
 - Managing a small, diversified farm
 - Direct marketing







RSVP for all PFI field days at practicalfarmers.org/field-days or call (515) 232-5661.

Getting Started With Lavender, Flowers and Berries



Wednesday, July 6 10 a.m.-Noon

1380 White Oak Ave. NE Lisbon, IA 52253

HOSTS:

Abby Barten, Nancy & John Brannaman The Lavender Farm at Sutliff Nancy: nbrannaman@isualum.com Abby: abigail.r.barten@gmail.com facebook.com/TheLavenderFarmatSutliff Instagram: @thelavenderfarmatsutliff

Lunch from the Morning Glory Food Truck will be provided at the end of the field day. RSVPs are appreciated by July 1.

NOTE: Due to on-farm logistics, attendance at this field day is limited to 30 attendees. Because of this, registration is required. Please register online at practicalfarmers.org/ field-days, or call Debra at (515) 232-5661.

Curious about how to create opportunities for a beginning farmer outside the family? This field day provides a working example! Nancy and John Brannaman purchased their acreage from John's parents and are farming it now with Abby Barten, providing the next generation a chance to farm.

Together, Abby, Nancy and John added value to the 41-acre farm by establishing lavender fields, ornamentals, perennials and a variety of berries. Join Abby and Nancy as they give a tour of the lavender farm, share their reflections on starting a horticultural business and how they manage a U-pick farm.

- & DISCUSS Lavender production
 - Perennial and annual flowers
 - How a landowner is providing land access
 - Native and exotic berries
 - Business and production planning
- SEE Fruit trees
 - Opportunities for beginning farmers



Location Notes: Guests coming to the field day may park at the bottom of the hill (near the lavender field).

Oat Production: From Variety Selection and Seeding to Baling and Cleaning



Thursday, July 7 10:30 a.m.-12:30 p.m.

JULY

1926 Sisley Grove Rd. NW Palo, IA 52324

HOSTS:

Dan & Susan Voss. Brian Voss & Nicole Hepker | Voss Farm Facebook: Voss Farm

SPEAKER: A representative from Welter Seed

Lunch will be provided at the end of the field day. RSVPs are appreciated by July 1.

Join the Vosses on their farm outside of Atkins, Iowa, to see and hear about cover crops, working oats into an extended rotation and more. Dan, 2021 recipient of Pioneer's #BestIsYet award in the "Forward-Thinking Farmer" category, was early to adopt cover crops in his corn and soybeans and has been growing small grains for the entirety of his career. With his son, Brian, he no-till farms about 600 acres of corn and soybeans, alfalfa hay and oats for feed and straw.

The Vosses will discuss cover crop practices and species they've used, lead guests on a tour of an oat crop and discuss management from variety selection to post-harvest. Guests will also see the Vosses' equipment set-up for drilling oats. Attendees can stick around following the field day to see the bioreactor and saturated buffer, installed at the end of 2021. There's plenty to learn and see during this field day!

- SEE & DISCUSS Growing an oat crop
 - Drill settings
 - Combine settings for oats
 - Post-harvest handling
 - Oat seeding and variety selection
 - Herbicide and fungicide management

- Oat straw cutting,
 - baling and marketing
 - Teff grass
 - A three-way cover
- crop mix The Haney test
- A bioreactor and saturated buffer



Location Notes: For Google Map accuracy, you must include "NW" in the street address. The correct address is east of Atkins.

Prairie Strips and Conservation on Big Spirit Lake



Saturday, July 9 10 a.m.-1 p.m.

(near) 13026 253rd Ave. Orleans. IA 51360

Note: This address is the adjacent property south of the field day location; look for field day signs.

HOSTS: Eric & Kelly Hoien

SPEAKER: Tim Youngquist - ISU STRIPS

Lunch will be provided at the end of the field day. RSVPs are appreciated by July 5.

Landowners Eric and Kelly Hoien invite you to their 129-acre farm just off Big Spirit Lake to learn how they're working to protect their local watershed and provide habitat for wildlife. The Hoiens have installed 23 acres of prairie strips as a way to protect soil and water quality, and reintegrate native prairie back onto the landscape.

At this field day, Eric and Kelly, along with staff from Iowa State University's STRIPS team, will discuss nuts and bolts of designing, establishing and managing prairie strips. You'll learn about edge-of-field practice and water quality benefits. You'll also hear how Eric and Kelly have used programs like the Conservation Reserve Program to help pay for conservation practices, build habitat and improve their little piece of the Big Spirit Lake watershed.

- SEE & DISCUSS Integrating prairie strips into crop fields
 - Edge-of-field conservation
 - Watershed protection strategies
 - Water quality monitoring techniques
 - The Conservation Reserve Program
 - Paying for conservation
 - Landowner and tenant partnerships



Location Notes: The field day location is adjacent to Big Spirit Lake along the paved walking path. Attendees can park in the grass shoulder along 253rd Avenue.

Conservation Rotations and Cover Crops Following Small Grains



Friday, July 15 10 a.m.-Noon

47605 180th St. Easton, MN 56025

HOSTS: Andy Linder & Don Linder Twitter: @andy_linder

SPEAKER: TJ Kartes – Saddle Butte Ag Inc.

Lunch will follow the field day. RSVPs are appreciated by July 11.

Andy Linder farms with his father, Don Linder, near Easton, Minnesota, raising no-till soybeans, no-till and strip-till corn, oats, canning crops and hay. He also operates a cover crop seed business selling seed and doing high-clearance applications. Committed cover-croppers, the Linders have planted 100% of their acres to cover crops every year since 2016. They have also drastically reduced tillage on all acres, and in 2019 started grazing cover crops following their small-grain harvest. These efforts led to the family receiving the Faribault County Soil and Water Conservation District's Outstanding Conservationist award.

At this field day, you'll learn from the Linders about managing diverse rotations, no-till corn, spring-seeded covers and the benefits of grazing for soil health. Andy will showcase his oat field planted next to a field of canning peas, and no-till corn planted into a spring cover crop. If you're interested in small grains, reduced tillage and grazing cover crops, this field day is for you.

- SEE & DISCUSS Diverse rotations
 - Canning peas
 - Oats
 - No-till corn planted into a spring cover crop
 - Benefits of grazing



Location Notes: On 180th Street, look for the blue-silo grain system and red barn.

Precision Farming With Cover Crops for Soil Health and Conservation



Saturday, July 16 10 a.m.–Noon

1200 Canal St. Missouri Valley, IA 51555

HOSTS:

The Wisecup Family | Wisecup Family Farm and Museum (402) 981-7675 | wisecup.c.lee@hotmail.com

SPEAKER: Mike Dickenson – *Iowa Cover Crop Seed* Additional farm business partners may be present

Lunch will follow the field day. RSVPs are appreciated by July 11.

The Wisecup family invites you to see how a corn and soybean farm can use cover crops and small grains to improve soil health. Father-son team Lee and Arthur will discuss their use of cereal rye, barley, rapeseed and winter camelina, and take guests to see their short-stature corn research plots. They will also show their diverse assortment of small grains and precision technology equipment – including a drill for planting multi-species cover crops, a roller-crimper and more.

Coupled with their long-time interest in soil health practices, the Wisecups have improved profitability on their acres through precision conservation, and were the 2019 recipients of the Pheasants Forever & Quail Forever Precision Farmer of the Year Award. The Wisecups are eager to discuss their practices and help other farmers discover opportunities to integrate similar soil health strategies.

• Corn and soybeans planted into a terminated cover crop mix

species planting

technology

A Great Plains drill for multi-

John Deere equipment and

Multi-species cover crops

- Farm-wide soil health strategies
- Precision farming and conservation
 - NRCS programs
 - Experiences with Cargill and PFI cost-share programs



Location Notes: From U.S. 30, turn south onto N. Willow Road (the sign says Jopine Place). Take an immediate sharp left onto Canal Street and the farm will be on the right. The Wisecup Farm and Museum is located across Jopine Place from the John Deere dealer.

Biodiversity, Beneficial Insects and Building Resilience In partnership with Xerces Society



Saturday, July 16 10 a.m.–1 p.m.



2876 Middle Fork Drive NW Oronoco, MN 55960

HOSTS:

Angela Smith & Erik Tryggestad | Middle Fork Farm (507) 367-2584 | smithang1@gmail.com middleforkdotfarm.wordpress.com

SPEAKERS:

Karin Jokela and Sarah Foltz Jordan – Xerces Society for Invertebrate Conservation



Middle Fork Farm is a diverse fruit, vegetable and herb farm located along the beautiful Middle Fork of the Zumbro River in Oronoco, Minnesota. Proprietors Angela Smith and her husband, Erik Tryggestad, have worked extensively to enhance the health and biodiversity of the farm by planting, restoring and managing pollinator habitat both within and surrounding their production fields. Hear more about their efforts and learn how you can implement habitat for beneficial insects and climate resilience on your own farm.

NOTE: This field day will involve walking through native vegetation over uneven terrain. Please wear appropriate attire.

- Native pollinators
- Beneficial insects
- Flowering shrubs
 - CRP and EQIP
 - Establishing habitat
- Remnant prairie restoration
- Paying for conservation
- Climate change





Location Notes: From County Road 18 / N Minnesota Avenue in Oronoco: Turn east onto Co Rd 118 / E Center Street. After 0.1 mile, turn south (right) onto 2nd Avenue SE. Continue around the curve until you're travelling east onto 110th Street NW. Continue for 1.7 miles on 110th Street NW (this turns into Middle Fork Drive NW); the farm will be on the right.

SPONSOR

Flower Farming With a Long-Term View: **Diversifying Plantings & Revenue Streams**



Sunday, July 17 2-4 p.m.

2560 Highway 23 Oskaloosa. IA 52577

HOST:

Meredith Nunnikhoven **Barnswallow Flowers & Produce** barnswallowflowers.com Facebook: Barnswallow Flowers Instagram: @barnswallowflowers

An ice cream social will follow the field day. RSVPs are appreciated by July 12.

Flower farming isn't for pansies, as Meredith Nunnikhoven of Barnswallow Flowers & Produce will tell you. Guided by ethics of sustainability and planning with a long-term vision, Meredith converted a portion of the conventional row crop farm where she grew up into a chemical-free flower farm.

While her return to her family farm was driven by a desire to carry on the legacy of making a living off the land, Meredith has forged her own path by farming flowers, an endeavor that ignites her vision, strategic thinking and creativity. See how she is setting up diverse revenue streams and diverse plantings as she makes her family farm work for her.

- SEE & DISCUSS Outdoor growing
 - Diversified species
 - Succession planting
 - Pinching, staking and labeling dahlias
 - Cut-and-come-again flowers
 - Iowa-hardy varieties

RSVP for all PFI field days at practicalfarmers.org/field-days or call (515) 232-5661.

Conservation Practices in an Organic Farming System In partnership with Farming for Public Health



Saturday, July 23 4-7 p.m.



JULY

BIOSECURE

EVENT

2505 220th Ave. Wesley, IA 50483

HOSTS:

Sara & Bob Pearson | Prairie Sky Farm facebook.com/farmprairiesky

Dinner will be served at the field day. RSVPs are appreciated by July 18.

Prairie Sky Farm, operated by Bob and Sara Pearson, has been in Sara's family since 1889. The Pearsons raise soybeans, corn, oats, buckwheat, rye, vetch, alfalfa and grass hay on 240 acres. They also steward soybean and small-grain seed production fields, and conduct on-farm organic soybean and corn yield trials for Albert Lea Seed House.

Since 2014, the Pearsons have worked together developing a certified organic farm that prioritizes soil conservation and soil health using a diverse crop rotation, cover crops and reduced fall tillage. At the field day, Sara and Bob will discuss their organic field crop rotation; show some of the equipment they use in their organic operation; and highlight conservation practices they use, including field borders, prairie plantings and grassed waterways. Don't miss this chance to learn more about organic production from a diversified Iowa farm family.

- Organic crop rotations
 - Organic corn and
 organic soybeans
- The benefits of cover crops

SEE & DISCUSS

- Organic small-grain
 production
- Conservation
 practices
 - Oat harvest and small-grain harvest equipment
 - Row crop cultivation equipment
 - Research plots



Location Notes: Make sure "Ave." is input into GPS to arrive at the correct location (about 5 miles northwest of Wesley, IA).

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Natural Resources Conservation Service



Cover Crops, Cattle and Conservation Projects Supporting Biodiversity



Saturday, July 30 10 a.m.-1 p.m.

21094 Velvet Ave. Glidden. IA 51443

HOSTS:

John & Cindi Van Horn, Jane & Doug Cunningham and Robert & Mary Van Horn Van Horn Farms (712) 830-2821

Lunch will be served at 12:30 p.m. and catered by Lidderdale Country Store. RSVPs are appreciated by July 25. Stay after lunch for a tour of Robert's big-game trophy room.

Van Horn Farms is a mosaic of farmland consisting of row crops with cover crops, pastures, butterfly habitat, quail buffers and a 140-acre wetland. John manages the overall operation, while his sister, Jane, and her husband, Doug, serve important roles.

In July, John will interseed annual ryegrass and cereal rye into his standing corn and soybeans using his custom cover crop air seeder. His aims are to grow fall forage for his 100 head of cattle and to help with weed control. Join us to tour his complex network of working lands and discuss his current on-farm research trials.

- SEE & DISCUSS Cover crops integrated with cattle
 - Soil health and on-farm research
 - Wetlands and wildlife habitat
 - A research trial looking at interseeding cover crops
 - An on-farm trial looking at reducing nitrogen application by 50 pounds per acre

Weed Control Strategies in Organic Corn and Soybeans With Buffalo Cultivators and Planters



Lunch will be provided following the field day. RSVPs are appreciated by July 27.

In partnership with Farming for Public Health

Tuesday, Aug. 2 1-4 p.m.



1222 Ironwood Road Harlan, IA 51537

HOSTS:

Ron Rosmann & Maria Vakulskas-Rosmann, David Rosmann & Becky Tompkins-Rosmann, Daniel Rosmann & Ellen Walsh-Rosmann, Mark Rosmann & Virginia Lehner-Rosmann | Rosmann Family Farms & Farm Sweet Farm farmsweetfarmiowa.com | (712) 627-4653 | ron.rosmann@gmail.com Eric Madsen | Madsen Stock Farm

SPEAKERS:

Kathleen Delate – ISU Extension & Outreach Dale Kumpf - Global Equipment Company Olga Reding – Iowa Organic Association

Join lifetime PFI member Ron Rosmann, Eric Madsen of Audubon, Iowa, and cultivator specialist Dale Kumpf as they discuss all aspects of Buffalo cultivators and planters. During the event, Ron and Eric will share their organic weed control experiences and cultivator know-how while showcasing their Buffalo equipment. Learn how to improve cultivator settings and fine-tune a planter, and see a cultivator in action. Though Buffalo equipment is featured, concepts and strategies discussed will be relevant to any high-residue cultivator. Kathleen Delate will talk about weed control and crop rotations in organic systems.

Rosmann Family Farms is a multi-generational diversified crop and livestock operation on 700 acres of certified organic land. The farm consists of cattle, hogs, egg layers and a range of crops, including popcorn, soybeans, corn, small grains, hay and pasture, annual forages and cover crops. Maria operates the farm store, Farm Sweet Farm. Ellen and Daniel operate FarmTable Delivery and a restaurant, Milk & Honey in Harlan, featuring local foods.

Eric Madsen raises organic crops and livestock with his parents, Vic and Cindy, and will join Ron during the field day to provide additional perspective on mechanical weed management.

- Buffalo cultivators and equipment
- Oat stubble cultivation
- Fine-tuning planter and cultivator settings
- SEE & DISCUSS Weed control strategies for organic corn and soybeans
 - A cultivator field demonstration
 - Weed control and crop rotation



AUGUST

Whole-Farm Conservation Demonstration In partnership with Ann Smeltzer Charitable Trust



Wednesday, Aug. 3 5-8 p.m.

2610 Nelson Ave. Otho. IA 50569

HOST:

Ann Smeltzer Charitable Trust Ann Smeltzer Charitable Trust Learning Farm smeltzertrust.org

neltzer,

Ann Smeltzer Charitable Trust

Dinner will be provided. RSVPs are appreciated by July 29.

Join us at the Ann Smeltzer Charitable Trust Learning Farm for a unique opportunity to learn about a wide array of conservation practices that benefit soil, water and wildlife. The 157-acre learning farm, located near Otho, Iowa, is managed both as a profitable corn and soybean farm and as a demonstration platform for a range of conservation and agricultural innovations.

You'll learn about the concept of whole-farm conservation, which seeks to address conservation priorities on the farm while remaining profitable. You'll also hear about a range of approaches to combining in-field and edge-of-field conservation practices. Don't miss this chance to hear from farmers, landowners and experts about conservation practices and technologies that can benefit your farm.

SPONSORS

- SEE & DISCUSS Cover crops and robotics
 - Bioreactors
 - Saturated buffers
 - Oxbows
 - Streambank stabilization
 - Stream restoration
 - Beavers
 - Whole-farm conservation

- Landowners and
- tenants
- Soil health
- Water quality testing On-farm solar
- Cost-share opportunities
- Conservation programs





AUGUST

Linking Cover Crops, Cattle and Neighbors



Thursday, Aug. <mark>4</mark> 10 a.m.–Noon

6611 Black Oak Road Mount Carroll, IL 61053

HOSTS:

Justin & Ellen Rahn | *R* & *H* Seed Solutions facebook.com/RHSeedSolutions

SPEAKER: Doug Linker - Neighboring Farmer

Lunch will follow the field day. RSVPs are appreciated by July 31.

Justin and Ellen Rahn invite you to learn how they are making the most of cover crops on their 1,200-acre farm. Seeding cover crops after corn, soybean and small-grain harvests lets the Rahns' cattle herds graze cover crops in the spring, summer and fall. They also work with neighboring farmer, Doug Linker, to get their livestock on even more land.

The Rahns raise their own cereal rye for seed, and through their business, R & H Seed Solutions, they provide custom cover crop seed and application to other farmers in their area. If you're curious about adding or expanding cover crops, come connect with the Rahns for ideas on how you can get more benefits from cover crops.

Frost-seeded and summer-seeded cover crops after small grains
Grazing cover crops
Collaborating with neighbors
Cover crop seed production
Seeding and storage equipment

AUGUST

Conquering Cucurbits: Success With Melons and Cucumbers





Thursday, Aug. 4 2-4 p.m.

2013 130th St. Boone, IA 50036

HOSTS:

Nicole & Steve Jonas | Red Granite Farm redgranitefarm.com facebook.com/RedGraniteFarm Instagram: @redgranitefarm

SPEAKER: Ajay Nair – Department of Horticulture, ISU

Light refreshments will be provided. RSVPs are appreciated by July 29.

Do you struggle with in-field production of cucumbers, melons or other cucurbits? Who doesn't?! Cucurbits are a stumbling block for many farmers. With 15 years of growing at Red Granite Farm, plus years of handson experience and education in horticulture, Nicole and Steve Jonas routinely produce healthy plants and high-quality melons, cucumbers and squash. Nicole's expertise in ornamentals and Steve's know-how with fruit and vegetable production, along with their kids' involvement, results in a farm with diverse market streams and deep customer engagement.

Ajay Nair, from ISU's Department of Horticulture, will be on-hand to share his work with specialty melons and to weigh in on cucurbit production best practices.

SPONSORS

- SEE & DISCUSS In-field cucumber production
 - Melon management and detecting ripeness
 - Succession planting
 - Fall squash and pumpkin management
 - Pack shed organization and use


Flipping the Table on Soil Health With Silvopasture at Yellow Table Farm





Tuesday, Aug. 9 2-4 p.m.

1469 Norfolk Ave Tripoli, IA 50676

HOSTS:

Eric & Courtney Jensen | Yellow Table Farm (319) 486-8745 | jensenjeric@yahoo.com facebook.com/yellowtablefarm

Light refreshments will be provided at the end of the field day.

How do you covert row crop land to perennial crops and pasture? Beginning farmers Eric and Courtney Jensen are continuing to explore this question. After converting 15 acres of conventional row crop ground to diverse annual vegetables and pasture five years ago, they are now planting chestnuts and other trees to create a silvopasture system on their farm.

We'll see how Eric and Courtney have integrated livestock alongside their diverse vegetable enterprise and budding chestnut orchard. They will give a hands-on demonstration of establishing chestnut seedlings and fencing for pasture-raised sheep. The farm includes chickens, asparagus, garlic and elderberries, and the Jensens hope to expand by adding heritage-breed pigs, as well as ducks for both meat and eggs.

SPONSOR

- SEE & DISCUSS Establishing chestnuts
 - A hands-on fencing set-up
 - Rotational grazing
 - A beginning silvopasture setup
 - Growing vegetables in high tunnels
 - Converting cropland to pasture



Growing a Flower Farm





Tuesday, Aug. 9 2-4 p.m.

1640 Otter Ave. Newell, IA 50568

HOSTS:

Adam & Jenna Cook | Clovergold Flower Farm clovergoldfarms.com/home facebook.com/clovergoldfarm Instagram: @clovergoldflowerfarm

Light refreshments will be served. RSVPs are appreciated by Aug. 3.

What does it take to start a cut flower farm business? In 2018, Clovergold Flower Farm became a reality as Jenna Cook's passion for growing flowers combined with Adam's agronomic acuity. Planted where a barn once stood on their northern Sac County farm, the couple's flower beds needed some serious soil amendments to be productive. Jenna has grown the business year by year, adding new varieties, more growing space and capitalizing on market opportunities through unique relationships with other small, local businesses.

Join Jenna and Adam to see their current flower production, and learn about the steps they took to amend and prepare their beds. They'll also discuss marketing, sales and working with local businesses.

SPONSOR

- SEE & DISCUSS Soil testing and amendments
 - Selecting and evaluating flower species and varieties
 - Partnerships with local businesses
 - Bouquet subscriptions
 - On-farm flower sales
 - Landscape fabric between rows



Tree Transition at a Mid-Size High-Density Apple Orchard



Wednesday, Aug. 17 2-4 p.m.

3049 280th St. Winthrop, IA 50682

HOSTS:

David & Susan Differding **Timeless Prairie Orchard** facebook.com/timelessprairieorchard

Refreshments will follow the field day. RSVPs are appreciated by Aug. 11.

One of the transition points in the life of an orchard is replacing established trees nearing the end of their productivity. In a mid-size orchard, this process takes strategic management to ensure continued production and profitability. Twenty years ago, David and Susan Differding of Timeless Prairie Orchard planted 6,000 trees on 10 acres in a high-density system.

Now they are managing these transition points, mapping out how and when to replace trees. This familyowned and -operated enterprise now features mostly new apple varieties that appeal to a range of tastes and uses, and which are sold primarily through direct sales at farmers markets and their on-farm store.

- SEE & DISCUSS Orchard transition readiness and planning
 - Management of high-density systems
 - Apple variety selection
 - Tree planting
 - Root stock evaluation and selection
 - Approaches to direct sales



RSVP for all PFI field days at practicalfarmers.org/field-days or call (515) 232-5661.

Urban Farming How-Tos With We Arose Co-op



Wednesday, Aug. 17 4-6 p.m.

300 Peek St. Waterloo, IA 50703

HOST:

DaQuan Campbell | We Arose Co-op leader@wearosecoop.com | wearosecoop.com facebook.com/wearosecoop Instagram: @wearosecoop

Light refreshments will be provided at the beginning of the field day. RSVPs are appreciated by Aug. 15.

On a quarter-acre no-till plot in Waterloo's Fourth Ward, DaQuan Cambell is growing affordable produce to nourish his community and their families. Join DaQuan and the We Arose crew to see how they produce high-quality greens, prepare garden beds and establish walkways. DaQuan will share tips on setting up irrigation and weed management.

- Farming on an urban plot
- Bed preparation
- Greens production
- Irrigation
- No-till
- SEE & DISCUSS Tools and machinery



Location Notes: This field day will be hosted on an urban lot and parking will be on the street.

Farming for

Establishing and Grazing Legume Covers and Small Grains in an Organic System In partnership with Farming for Public Health



Saturday, Aug. 20 Noon-3 p.m.

25996 Giard Rd. McGregor, IA 52157

HOSTS:

Scott & Shannon Koether and their children Will, Emma, Charlotte and Maeve Koether Family Farm (563) 880-0573

Lunch will be provided at the start of the field day. RSVPs are appreciated by Aug. 15.

Come visit with Scott and Shannon Koether and learn how they include rotational grazing, small grains and red clover in their organic field crops system.

Scott farms with his family in McGregor, Iowa, where they raise and rotationally graze cattle on cover crops and forages like sorghum. The Koethers also raise organic corn, winter wheat, oats, peas and medium red clover on their 400 organic acres. Scott and his family have been using cover crops since 2015, and bought cows in 2013 for their conventional cow-calf operation. The Koethers have also been experimenting with growing organic forage crops: They grew forage sorghum last year and hope to expand their organic forage options this year.

Take advantage of this chance to view organic field crops, established cover crops and more.

- SEE & DISCUSS Establishing red clover
 - An established legume cover crop
 - Grazing cover crops and rotational grazing with cattle
 - Organic corn
 - Organic forage: pearl millet, sorghum, milo, corn
 - Wheat stubble



Location Notes: The farm lane is 1 mile long. After reaching 25996 Giard Road, continue south for 0.75 mile down the lane.

SPONSORS

Making Cover Crops Work: From Popcorn to Water Quality



Light refreshments will be provided at the start of the field day. RSVPs are appreciated by Aug. 18.

Tuesday, Aug. 23 10 a.m.-Noon

1532 365th St. Lake City, IA 51449

HOSTS:

Mark Schleisman & Family | M&M Farms markschleisman82@gmail.com

SPEAKERS:

Matt Helmers – Department of Agricultural and Biosystems Engineering, ISU

Shane Wulf - Iowa Department of Agriculture and Land Stewardship

Ten years ago, Mark Schleisman, of M&M Farms, returned full-time to his family's farm near Lake City, Iowa, after a career with Conagra. Mark farms with his sons, Matthew and Landon, daughter Brandy and her husband Colby. Mark's father, Larry, and uncles Jerry and Jim, provide extra help during planting, spraying and harvest. M&M Farms is a 5,000-acre diversified operation that includes corn, soybeans, popcorn, hogs, a cow-calf operation, custom farming and custom cover crop seeding.

Mark plants cover crops on all 5,000 of the farm's acres and grazes cows there every spring and fall. He also uses conservation methods like no-till and strip-till, grassed waterways, buffer strips, wildlife habitat and bioreactors in addition to cover crops – practices that are all aimed at preserving water quality. Located in the North Raccoon River Watershed, Mark sees cover crops and his constructed wetland-water reuse project, which treats tile drainage, as vital pieces of his effort to protect water quality and absorb nutrients from his hog operation.

- & DISCUSS Popcorn and cover crops
 - Cover crop seeding methods ٠
 - Cover crop equipment
 - Popcorn production
 - A water reuse project
- Ш Constructed wetlands for capturing tile water
 - Water quality



Location Notes: We will start the field day looking at the cover crop seeding equipment in the yard at 1532 365th Street. The farm is located 3.5 miles east of Auburn, Iowa or 4.5 miles west of Lake City, Iowa on Highway 175 and is located on the south side of the highway.

Bus Trip to Northfield, Minnesota: **Raising Regenerative Tree-Range Poultry**





Saturday, Aug. 27 7:30 a.m. - 8 p.m.

HOSTS:

Reginaldo "Regi" Haslett–Marroquín Salvatierra Farm

Wil Crombie | Regeneration Farm

CONTACT:

Regenerative Agriculture Alliance regenagalliance.org | facebook.com/regenagalliance

Snacks and drinks will be provided for attendees on the bus, and lunch featuring Tree-Range chicken will be provided during the event. Attendees are also welome to bring personal snacks and beverages.

NOTE: The event is free, but seating is limited and pre-registration is required. To register, contact Debra at debra@practicalfarmers.org or (515) 232–5661, or register online at practicalfarmers.org/field-days.

Chickens are versatile and serve as powerhouses in regenerating a farming system. Hop on the bus with other poultry enthusiasts to learn from Reginaldo "Regi" Haslett-Marroquín and Wil Crombie of the Regenerative Agriculture Alliance in Northfield, Minnesota. Regi and Wil will share how chickens in the "Tree-Range" system are raised in a coop and paddock system that integrates trees and perennial crops like hazelnuts and elderberries.

Departure: The bus will leave at 7:30 a.m. from Practical Farmers of Iowa's office in Ames, Iowa, with an additional pick-up location in Clear Lake, Iowa.

SPONSORS

Return: We will depart from Regeneration Farms to head back around 4 p.m.

- SEE & DISCUSS Rotationally raised pastured poultry
 - Agroforestry
 - Coop infrastructure and set-up
 - Perennial crop production (hazelnuts & elderberries)
 - Processing and marketing Tree-Range poultry





Bringing Back the Edges With Precision Conservation In partnership with Pheasants Forever



Saturday, Aug. 27 10 a.m.-1 p.m.

1950 520th St Cherokee, IA 51012

HOSTS:

Nathan & Sarah Anderson **Bobolink Prairie Farms**

SPEAKERS:

Joshua Divan – Pheasants Forever Tim Youngquist - ISU STRIPS

Lunch will be provided following the field day. RSVPs are appreciated by Aug. 22.

Did you know that implementing on-farm conservation can actually improve overall farm profitability?

Join Nathan and Sarah Anderson of Bobolink Prairie Farms near Aurelia, Iowa, to hear how they're making conservation work for them as they raise corn, soybeans, cattle small grains, hay and wildlife on their northwest Iowa family farm. Learn how practices like prairie strips can benefit water quality and wildlife, while tools like precision agriculture technologies can help you integrate conservation while improving your bottom line.

SPONSORS

- Habitat and wildlife
- Edge-of-field conservation
- Precision conservation
- Improving return-on-investment
- Prairie strips
- Native pasture

SEE & DISCUSS







forever

Visit PFI at the Farm Progress Show



Tuesday, Aug. 30 – Thursday, Sept. 1 8 a.m.–4 p.m.

1827 217th St Boone, IA 50036

HOST: Practical Farmers of Iowa

NOTE: Tickets must be purchased to enter the show. Visit farmprogressshow.com for more information.

Touted as the nation's largest outdoor farm show, the Farm Progress Show is hosted in Boone, Iowa, every other year. Hundreds of exhibitors and thousands of farmers from across the country gather to learn about the latest agricultural equipment, supplies, services and information.

Practical Farmers of Iowa staff and farmers will be at Booth #9515 in the Varied Industries tent for the duration of the event. Find our booth to join conversations, ask questions and share practical advice on topics such as cover crops, small grains, grazing and more.

- Cover crops
- Grazing cover crops
- Small grains
- Technical and financial assistance
- Tenant-landowner decision-making
- SEE & DISCUSS

Growing and Marketing Salad and Microgreens at Cherry Lane Farm & Prairie Home Delivery



Tuesday, Sept. 6 11 a.m. - 1 p.m.

1023 205th Avenue Spirit Lake, IA 51360

HOSTS:

Krissy & Calvin Thiessen | Cherry Lane Farm prairiehomedelivery.com | facebook.com/cherrylanefarm

A BBQ lunch will be provided. RSVPs are appreciated by Aug. 30.

Join us in Spirit Lake, Iowa, to learn about the various ways Krissy and Calvin Thiessen are growing and collaborating to reach new customers and build the local food ecosystem of the Iowa Great Lakes. On their own farm, they raise microgreens, salad greens and root vegetables, marketing to restaurants and groceries in addition to direct sales.

While managing the Arnolds Park Farmers Market, Krissy identified a demand for collaborative marketing in the area, and in 2021 founded Prairie Home Delivery. With 20 other farmers and producers, Prairie Home Delivery provides local food meal kits and farm-direct products to customers in northwest Iowa and southeast South Dakota.

Come see the Thiessens' high tunnel and production beds, and hear the latest on this new, collaborative endeavor.

- SEE & DISCUSS Microgreens production, packaging and marketing
 - Salad greens production and marketing
 - Collaborative local food marketing through farmers markets and a delivery service
 - Demonstrations of a paperpot planter and BCS tractor

Drones, Extended Rotations and Cover Crop Grazing in Bloomfield



Friday, Sept. 9 11:30 a.m.-2 p.m.

15601 285th St. Bloomfield, IA 52537

HOST: **Tim Dotterer** (641) 208-5059

SPEAKER: Clair Martin – Byron Seed

Lunch will be held from 11:30 a.m.-Noon; the field day will begin promptly afterward. RSVPs are appreciated by Sept. 4.

Join us in Bloomfield, Iowa, to learn from Tim Dotterer about how he has added cover crops, small grains and cover crop grazing into his operation.

Tim raises conventional corn, conventional and non-gmo soybeans, small grains and rye for seed. He uses cover crops to build soil health and provide extra forage for his cattle and backgrounding calves. He sells his extra rye to farmers directly after cleaning at a local grain cleaner.

Interested in trying new equipment and production practices, Tim recently acquired a high-capacity drone for seeding cover crops and spraying, and experimented with legume cover crop mixes hoping to reduce synthetic nitrogen inputs. Tim has grazed diverse mixes of legumes and grasses. While these mixes have worked as forage for him, moving forward he would like to build more soil nitrogen and is keen to try new forage mixes like hairy vetch and crimson clover ahead of corn.

- SEE & DISCUSS Wheat and rye production for on-farm use
 - Harvest and fertilizer equipment
 - Drone seeding and spraying
- Rye production for cover crop seed
- Grazing cover crop mixes
- Spring and fall covers
- Cover crop and forage variety selection
- Small grains variety selection





SPONSORS

Farm the Best, Leave the Rest In partnership with Pheasants Forever



Saturday, Sept. 10 10 a.m.-1 p.m.

24221 Palm Ave. Worthington, MN 56187

HOST: Bill Gordon | Gordon Farms

SPEAKER: Tanner Bruse - Pheasants Forever

PHEASANT forever The Habit Organizati

A meal will be provided during the field day. RSVPs are appreciated by Sept. 6.

Join Worthington, Minnesota, farmer Bill Gordon to learn more about working lands conservation in row crop operations. Bill and his family farm corn and soybeans in Nobles County and operate both their owned and rented acres with the philosophy of "farm the best, leave the rest." Join us to learn how working lands conservation can benefit both wildlife and farmers' bottom lines.

- Precision conservation
- Habitat conservation
- Working lands conservation
- Water quality
- SEE & DISCUSS Wetlands
 - Working with landowners

RSVP for all PFI field days at practicalfarmers.org/field-days or call (515) 232-5661.



IOWA

Book Publication Celebration and Member Social Featuring Angela Tedesco In partnership with Iowa Arboretum



Sunday, Sept. 11 1:30-3 p.m.

1875 Peach Ave. Madrid, IA 50156

HOST: Nan Bonfils

SPEAKER: Angela Tedesco

Light, seasonal refreshments will be provided. RSVPs are appreciated by Sept. 8.

Join us for an afternoon at the Iowa Arboretum with lifetime PFI member Angela Tedesco, a retired vegetable CSA farmer – and newly published author. Angela will discuss her new book, "Finding Turtle Farm." We'll hear excerpts from the book and have time for a Q&A with Angela. After the program, attendees can explore the arboretum free of charge.

Angela owned and operated Turtle Farm, near Granger, Iowa, for 17 years. As one of the first vegetable CSAs in Iowa, she was a pioneer and mentor to many. Angela is a former PFI board member, and with her husband, John, is a past recipient of PFI's Farmland Owner Legacy Award. Nan Bonfils, also a lifetime PFI member, will host the event.



ABOUT "FINDING TURTLE FARM":

On a small farm in 1995, Angela Tedesco planted the seeds of Turtle Farm, introducing Community Supported Agriculture to Iowa. In "Finding Turtle Farm," Angela recounts this adventure in all its down-and-dirty work and wonder, from plan and plot to harvest, in an ultimately hopeful account of what it means to meet the most basic of human needs.

On-Farm Cover Crop Research Trials



Wednesday, Sept. 14 Noon-2:30 p.m.

8718 W 109th St. South Prairie City, IA 50228

HOSTS:

Will & Cassie Cannon | Cannon Family Farm (641) 521-8185 | wcannon64@gmail.com Twitter: @wcannon64

The field day will start with lunch. RSVPs are appreciated by Sept. 8.

After leaving his agribusiness job in 2013, Will Cannon returned to the family farm full-time. Will and his wife, Cassie, farm 1,400 acres of strip-till corn and no-till soybeans, and use cover crops on a large scale. They use precision technology to apply nutrients at variable rates depending on field needs, which mitigates over-application and excess nutrient runoff.

Will is working with PFI's Cooperators' Program, using water sensors to determine soil-water availability in research plots with cover crops versus plots with no cover. He is also conducting a research trial to test the feasibility of 15-inch row spacing for soybeans planted green.

At this field day, Will will show and discuss the cover crop research he is doing, as well as his typical cover crop practices and equipment. If you're curious about measuring the benefits of cover crops, this is a field day for you!

- SEE & DISCUSS Soil-water availability research plots
 - Water sensors and data collection
 - 15-inch soybeans, planted green
 - Intercropped cereal rye
 - Precision agriculture
 - Seeding and fertilizer equipment
 - Reducing fertilizer inputs
 - Small grains



Risk Management and Disaster Recovery: A Come–Back Story at Pheasant Run Farm



Sunday, Sept. 18 2-4 p.m.

6925 19th Ave. Van Horne. IA 52346

HOSTS:

Ann & Eric Franzenburg, Calvin Franzenburg | Pheasant Run Farm pheasantrunfarmiowa.com | facebook.com/prfiowa

SPEAKERS: Additional farm business partners may be present

A BBQ meal will follow the field day. RSVPs are appreciated by Sept. 13.

When the August 2020 derecho swept across Iowa, Pheasant Run Farm was in the midst of its annual "Sunflower Experience" tourism event, preparing for crop harvest and in full swing with cut flower and high tunnel production. With the exception of their house, the Franzenburgs lost every crop and building on the farm, including greenhouses, high tunnels, the packhouse and outbuildings.

Remarkably, the Franzenburgs had insurance coverage for not only their farm structures, but also for their crops. Without it, they would likely not be back in business. With more frequent extreme weather events comes increased risk, particularly for specialty crops that too often are not covered by insurance. Hear from the Franzenburgs about how they worked with their insurance agent and were able to get rebuilt and growing again.

- SEE & DISCUSS Insurance for farm structures
 - Insurance for specialty crops
 - Greenhouse construction following a disaster

SPONSORS



Location Notes: When you arrive at the farm, please follow field day signs to the parking area near the farm's shops.

Growing Cultural Vegetables on Small Urban Plots With Cover Crops



Sunday, Sept. 25 4–6 p.m.

4444 Fuller Rd. West Des Moines, IA 50265

HOSTS:

Marie Andre & Tika Bhandari | Global Greens Farm & Lutheran Services in Iowa (515) 271-7335 | globalgreens@lsiowa.org lsiowa.org

A potluck meal will follow the field day. The main dishes will be provided by Global Greens farmers; please bring a side dish or dessert to share. RSVPs are appreciated by Sept. 20.

Global Greens Farm is an 8.5-acre urban incubator farm program run by Lutheran Services in Iowa. The program connects former refugee farmers with land access, business development assistance and technical support. Join Marie and Tika as they each share how they use cover crops in small vegetable plots and produce vegetables from their native countries.

- Urban farming
- Cover crops on small plots
- Cultural vegetable production
- Farm machinery for small urban plots
- The basics of incubator farms
- SEE & DISCUSS

Location Notes: Please park in the parking lot of the Valley Community Center off Fuller Road. Once parked, follow the field day signs to join us near the barn on the south side of the property.

Regenerative Grazing With Mobile Infrastructure and Livestock Guardian Dogs





Wednesday, Oct. 5 11 a.m.-2 p.m.

2266 310th St. Wilton, IA 52778

HOST:

JR Jenkins | Pleasant Prairie Stock Farm thebarnatbunkerhill.com

A potluck with 100% grass-fed burgers will be provided; please bring a side to share. RSVPs are appreciated by Sept. 30.

Join JR Jenkins of Pleasant Prairie Stock Farm, to learn about rotationally grazing cattle and sheep on pasture and cover crops. JR solely grazes on leased land. He also breeds and trains livestock guardian dogs, direct-markets 100% grass-fed beef and lamb and owns a custom fence company. We'll enjoy a potluck lunch with burgers from JR's beef at his cousin's wedding barn, where we'll also discuss agritourism.

SPONSOR

- Mobile grazing infrastructure
- Training livestock guardian dogs to hotwire
- Lambing and calving on cover crops
- Flerd grazing
- Direct marketing
- SEE & DISCUSS Transitioning from conventional to regenerative management
 - Agritourism as another income stream



Creating a Diverse Silvopasture Farm on Former Row Crop Ground In partnership with Sustainable Iowa Land Trust BIOSECURE FVFNT



Saturday, Oct. 8 2-4 p.m.

1620 Davidson Ave. Clemons. IA 50051



HOST:

Tim Swinton | Thriving Farm (641) 351-9452 | swintontim@gmail.com

SPEAKER:

Joseph Klingelhutz – Sustainable Iowa Land Trust (SILT)

Snacks will be provided. RSVPs are appreciated by Oct. 3.

Tim Swinton will share how he's turning his 11 acres of former row crop farmland into a highly diverse farm that encompasses a variety of food crops and conservation practices. Newly established tree and shrub species, such as chestnut, apple, pear, honeyberry, black currant and oak, will create a functional silvopasture system to support fruit and nut production and provide grazing space for goats.

Joseph Klingelhutz will share how SILT's landowner consultation program can help other landowners like Tim explore their land's potential, and provide tangible ideas for tapping into that potential.

NOTE: This event is sponsored by SILT and a five-year Natural Resources Conservation Service Partnership Grant that provides Iowa landowners free consultations with a SILT farm specialist.

- SEE & DISCUSS Fruit and nut tree plantings
 - Grazing goats
 - Establishing prairie buffers
 - Establishing pasture
 - Rotational grazing
 - SILT's land consultation service



MEMBERSHIP LEVELS

	MEMBERSHIP FOR	ANNUAL FEE
ACCESS	Individuals who are current students, retired or beginning farmers, and others on fixed or limited incomes	\$25
INDIVIDUAL	Individuals	^{\$} 50
FARM / HOUSEHOLD	All members of farm families and any farm employees \$60	
ORGANIZATION	Non-farming businesses, agencies and departments (Benefits cover up to three employees)	\$110
LIFETIME	Individuals or families that would like to make a lifetime commitment (Excludes businesses)	One-time fee of ^{\$} 1,000

MEMBERSHIP BENEFITS

- A subscription to our quarterly magazine, "the Practical Farmer"
- Invitations to 100+ (virtual and on-farm) events annually, with steep discounts to our annual conference and other events
- Eligibility to participate in our members-only email discussion groups
- Eligibility to participate in our Cooperators' Program and conduct on-farm research projects
- Eligibility to participate in Labor4Learning, our program for aspiring farmers, and our Savings Incentive Program for beginning farmers
- Opportunities to serve as a farmer leader, with stipends for sharing your knowledge as an event host, speaker or mentor
- The ability for your farm to be listed in our public Local Foods Directory, or your organization to be listed in our Business Directory

INTERESTED?

Visit *practicalfarmers.org/join-or-renew* or fill out the following page and send it to our office.

GROW YOUR FARM WITH PRACTICAL FARMERS. JOIN OR RENEW TODAY!

Want to join or renew online? Visit *practicalfarmers.org/join-or-renew*.

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MEMBER INFORMATION			
Contact Name(s)*:			
Farm or Organization Name:			
Address:			
City:	State: ZIP:	County:	
		k	
* For Farm or Household membership, please list names of all persons included. For Organization membership, you may list up to three contact persons.			
JOIN OR RENEW			
1. I am joining at the level of:		3. How many years of farming	
Access - \$25	Organization – \$110	experience do you have?	
Individual – \$50	Lifetime Member* – \$1,000	0 6-10	
Farm or Household – \$60	* See details at bit.ly/PFI-lifetime	□ 1−5 □ 11 or more	
2. Which category best describes y	_	4 How did you been about DEI2	
 Farmer or farm operator Not farming yet, but 	Farmland owner who does not actively farm	4. How did you hear about PFI?	
would like to	myself		
	Other:		
MEMBER BENEFITS			
when you join our email discussion at any time. Sign up for as many g	• • •	d community and exchange ideas from anywhere,	
	_	Horticulture	
	pectives Field Crops	Horticulture Livestock	
Please add my farm to PFI's:			
Local Foods Directory Business Directory (Organization members only)			
SUSTAIN PRACTICAL FARMER			
-	-	of lowa, we ask you to consider making a donation	
above and beyond your membership fee. Practical Farmers of Iowa is a 501(c)3 organization. Your gift is tax deductible to the extent allowed by law.			
I would like to make a one-time, tax			
	\$250 \$100 \$50		
Or, make a recurring monthly or quarterly donation. This will be automatically charged to your credit card on the first day of each month or quarter.			
Yes, I would like to give \$	per month O	R 🔲 per quarter	
PAYMENT			
Membership Level	\$	per year for year(s) = \$	
Additional Donation = \$			
		=\$	
Check or money order is enclos Credit card (Visa, MasterCard or	ed (Please make payable to "Practical I [.] Discover only)	Farmers of Iowa.")	
Name on card		Number	
Exp. Date CVC# (3 digits) Please automatically charge this credit card annually for membership			
Office Use Only: Check # Check	date Total amount No	tes	

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Wanting to learn about urban farming? Catch up with DaQuan in Waterloo on Aug. 17. 2.) Shawn Brahms tending to the hydroponic tomatoes at 3 Bee Farms. Get a closer look during their field day on June 26 in Griswold. 3.) Sara Pearson heads in after dealing with a few weeds the old-fashioned way. Join Sara and Bob to see their crops (and much larger implements) in Wesley on July 23. 4.) Eric Madsen adjusting his Buffalo cultivator. Join Eric at the Rosmann field day in Harlan on Aug. 2. 5.) Precision farming with a precisely-literal farm logo. Join the Wisecups in Missouri Valley on July 16.
 Young chestnut trees are starting to bear nuts at Nutty Farmer Chestnuts. Chat with Heath about his plantings and other projects on June 25 in Radcliffe. 7.) Marie Andre walks through the garden plots at Global Greens farm in West Des Moines. Join her, and other farmers on Sept. 25.







Sharing a small bee (Genuine Faux Farm, 2016)



Sometimes it doesn't – and you get inside! (Paul & Karen Mugge, 2019)



(AKR Farm, 2018)



(Local Harvest CSA, 2016)



Attendees check out the flame weeder at the Wangsness Farm in 2019.



(Ash Grove Farm, 2015)



Kathy Dice singing the praises of chestnuts on Red Fern Farm in 2006.

PRACTICAL FARMERS of Iowa

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