



# Lutheran Services in Iowa

# Global Greens Program

Reconnecting people with the land to achieve physical, mental and financial health.



**Community Gardens**



**Incubator Farm & Land Access**



**Education & Business Development**



**Elder Food Box**



**Market Access & Technical Assistance**



**Regional Program Support & Network Building**



Abraham Ter





# My Journey





# Farming in Iowa









## Hopes for the Future





# Esta and Renovat





# Family







# Cultural Vegetables





# Cultural Vegetables





# Tools

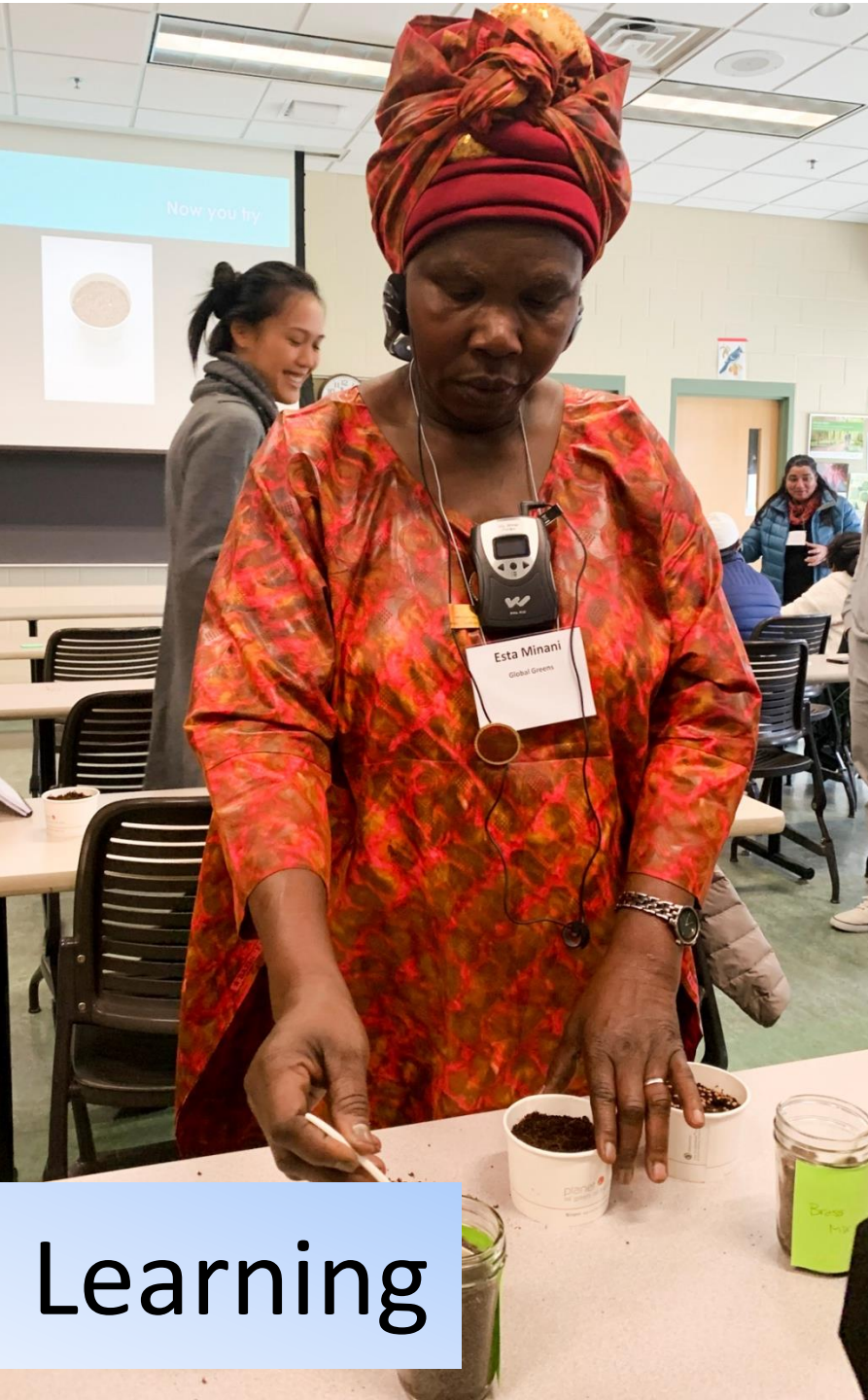






# New Tools





Learning



Coming to  
the farm after  
work







# Hopes for the Future





# Bizimana Charles

*-President: Burundians in Iowa Association*

*-Farmer*

*-Community Builder*



# Journey to Des Moines

- Was in country had to move, why I had to move
- Reason to become farmer
  - Once resettled in Des Moines, had jobs I didn't like. "I was not Free"
  - We didn't have the vegetables we needed that we liked to eat from Africa





About me and my Operation





Building Infrastructure





‘African’ Eggplant



# Markets



**Eating Well Farm**

naturally grown produce

Altoona, Iowa

RUGS

EATING WELL FARM

1 Turnips \$2  
2 Carrots \$2  
3 Green Beans \$2  
4 Garlic \$5/lb  
5 Kale \$2

6 Kihlali 2 for \$3  
7 Zucchini/Summer Squash 1/2  
8 Cucumbers \$1



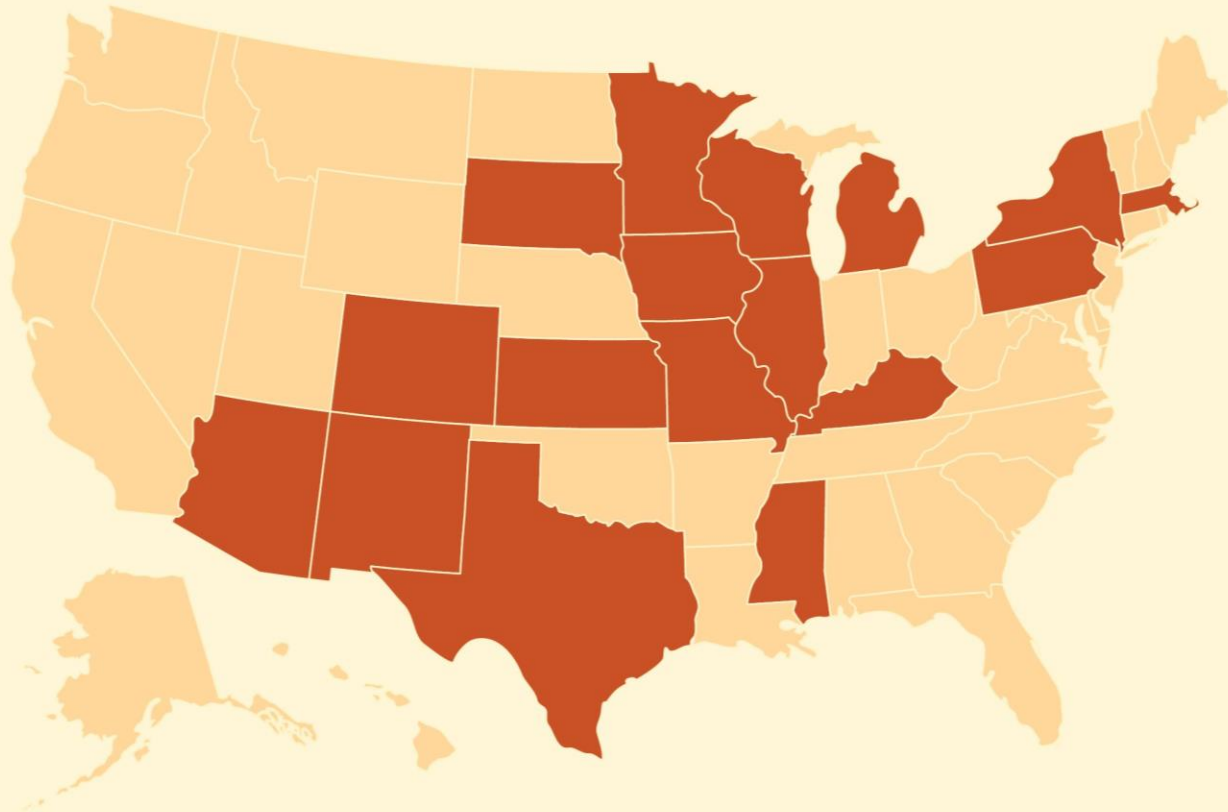


Farmers Market  
Customers





# Market Customers





# Hopes and Concerns for the Future

Losing land and getting new land

5 year max lease on In Harmony  
incubator

Losing time and money every time  
I move

Looking for long-term lease or 5  
Acres to buy





# Namaste Garden Tika Bhandari









# My Dad's farm in Bhutan

## 18 acre farm

- 6 acres of ginger
- 4 acres of millet and corn
- 3.9 acres of oranges
- 3 acres of rice
- .5 Acres Betel nut
- Rest of land for livestock















Ilam District

Baldangl-III  
9,500

Baldangl-I  
12,000

Baldangl-II  
15,500

Sanischare  
12,000

Damak

Haldibari

Khudunabari  
8,000

Budhabare

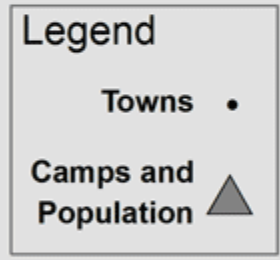
Timai  
6,000

Goldhap  
4,000

Morang District

Jhapa District

INDIA





# Life in camps





# Passing on a Legacy







# Specialty Crops





# Community Impact and Advocacy







Contact Us :  
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