

Common Ground Producers and Growers, Inc.

Contact information

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- 316-200-1397 (cell phone)
 - Mobile market consulting
 - Phone consultations
 - Zoom consultations
 - Follow-Up
- Randy Couts <u>-</u> Program Advísor <u>--rcouts.cg@gmail.com</u> (316-312-5833)
- Keísha Couts ---Mental Health --- <u>kcouts.cg@gmaíl.com</u> (316-558-2075)
- Creative Growers Connection Chapter
 Urban Ag Chapter of Kansas Farmer's Union
 If attending this conference, please call about special membership prices.

Connecting the dots:



Goal: Health Equity for all communities which must include access to healthy food!

Access to healthy food is one of the Social Determinates of Health (SDOHs)

3 COMPONENTS TO IMPACT FOOD INSECURITY

1. Available food options must be nutritious, fresh, and unprocessed

2. The food must be affordable

3. People must have reliable access to nutritious food at all times.

 increased funding capacity to pay equitable wages to our growing network of urban and rural producers

 to equip them with the financial and material resources necessary to feed their communities.



How to collaborate and grow your network of local producers to provide fresh, locally grown food distributed to food deserts and food-insecure areas

- who are your potential community partners?
- what food insecurity issue will you propose to work on?
- how will you participate with them?
- when are you going to get started?

• experiences unique to growing in an urban area.

• experiences unique to growing in a rural area

- identify the "seeds" needed to harvest bumper crops for our next generations
 - What does the next generation look like?
 - Where will they come from?
 - How will you involve them in providing a solution to food insecurity issues in your community?

As farmers, urban and rural,

what are your needs?

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