## Conference Breakout Sessions at-a-Glance

Friday, Jan. 10-Saturday, Jan. 11

FRIDAY	FRIDAY	FRIDAY	SATURDAY	SATURDAY	SATURDAY	SATURDAY
12:30-1:30 p.m.	2-3 p.m.	3:30-4:30 p.m.	10-11 a.m.	1:45-2:45 p.m.	3:15-4:15 p.m.	4:30-5:30 p.m.
The Rules and Regulations of Starting a Chicken Operation	Foundations of Business Planning	The Highs, Lows and Good- to-Knows of Raising Beef: Scaling a Direct- to-Consumer Operation as First-Generation Farmers	PANEL: Q&A With Conference Keynoter Eric Lee-Mäder	First-Time Grant Writing for Beginning Farmers	What To Know Before You Hire Your First Employee	Owning and Operating a One- Stop Cover Crop Business
(Trying) Till It's Right: Exploring Conservation Tillage Methods Following a Cover Crop	Equipping Farms to Minimize Weed Pressure	Cropping Cloth: The Potential of Flax for Linen	PANEL: Funding Farm Growth Through Grants	Diversifying Income Through Value- Added Grain Infrastructure	Interseeding Cover Crops for Organic Nutrient Management, Soil Health and Weed Control	ROUNDTABLE: Should We Plant Green? Determining When To Terminate a Rye Cover Crop Around Corn Planting
Let the Dough Rise: Elevating Small-Grain Sales Through Direct Marketing	Organic Pest Management for Row Crops	ROUNDTABLE: Seeking Small- Grains Markets: Generating Ideas to Support Diverse Rotations	Exploring Effects of Humic Products on Corn and Soybean Yields	PANEL: Trial Results: Soybean Maturity and Cover Crop Termination	PANEL: Trial Results: Can We Reduce N Rates to Corn and Improve ROI?	Putting Soil Health to the Test in Practical Farmers' Cooperators' Program
Travels With Ruth In Search Of Conservation Ideas	Wide-Row Corn: Opportunities, Challenges and Potential Rewards	ROUNDTABLE: Meet-and-Greet at the Conference!	Successfully Planting Corn Into Living Alfalfa in an Organic Rotation	From Farm to Future: Protecting Iowa's Agricultural Heritage	LIGHTNING TALKS ROUND 1	LIGHTNING TALKS ROUND 2
Building Sustainable Landowner- Tenant Relationships	Adding Agroforestry to Diversify Income and Improve Wildlife Habitat	PANEL: Swapping Marginal Crops for Coveys: Using Data to Define Profitable Habitat Changes	Why It Matters: The Ripple Effect of Local Conservation on Regional and National Efforts	"Lean" Ideas Applied to the Market Garden	ROUNDTABLE: Conversation Starters for Landowners and Tenants	A Berry Good Choice: Selecting for Plant Diversity in a Prairie Restoration on a Raspberry Farm
PANEL: Farmers and Food Hubs: A Conversation About What's Working, What's Not and What's Next	"What in the Weather?" LIVE	Family Feud: Horticulture Edition	CYA (Cover Your Acres) With Cover Crops for Vegetable Farms	Do Farm Naked: Molding Yoga Into a Farming Life	Climate Crops: Broccolini and Other Adaptations	"Lean" Composting With Ben Hartman
Flower Farm Financials	PANEL: Iowa's Insurance Landscape: Challenges and Paths Forward	Fitting Farming Into Life	Using the Lean System To Earn a Comfortable Living on a Farm	Grazing Resilience With Warm- Season Perennials	Elevating Herbs	Stale Bedding and Other Fresh Ideas on Mechanical Weed Control
Incorporating Hybrid Rye Into Hog Feed	Making Pasture Pencil Out	All Things Poultry Feed	Grazing for the Birds	The Ins and Outs of Pasture Farrowing	Building a Forage Chain	ROUNDTABLE: Checking In About Rotational Grazing: A Roundtable Discussion
Pasturing Pigs While Rooting For the Prairie	The Bottom Line of Grazing: Crunching the Numbers on Cover Crops	Things To Do, and Mistakes To Avoid, When Grazing Cover Crops	ROUNDTABLE: Partnering With Neighbors To Do More	Tips and Tricks for Breeding and Brooding Chickens	When Is the Right Time To Castrate Goats?	Making Regenerative Farming Make Dollars and Sense
Explora la Apicultura	Viva los Sueños de Pastoreo Rotacional con Chivos Vivos	Somos Tierra: La Jornada de Un Agricultor Latino en Nebraska	Conozca a Su Enemigo: Cómo Funcionan las Malezas y las Herramientas para Controlarlas	Establecimiento de Objetivos Holísticos	Principios Mantenimiento de Registros	MESA REDONDA: La Dirección de Programas para Agricultores BIPOC