

STORYTELLING

Permaculture & Indigenous Practices in an Urban Context



HUERTO REGENERATIVO NATERRA

Bridging Ancient Wisdom and Modern Urban Living

Sandro Lopes

Our identity ?



David City , Nebraska
Urban Garden



Caboclo Amazônico

- The term, also pronounced "caboco", is from [Brazilian Portuguese](#), and perhaps ultimately from the [Tupi](#) *kaa'boç*, meaning "**the one who comes from the forest**"



"the one that bites in old rapids"

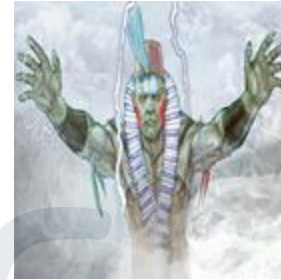
Costa Rica, 2013.

Tupi *kaa'boç*, meaning "the one who comes from the forest"

Nhanderu'vuçu has no form. He is the energy that always existed, even before the world became a world. To create the universe, Nhanderuvuçu destroyed everything to start from scratch, with the creation of the soul and, later, matter.

Nature came soon after. To take care of the rivers and lakes, he created **Yara**, the goddess of water. To take care of the climate and time, the all-powerful Nhanderuvuçu created **Tupã**, the supreme god of thunder.

Nhanderu etei



Yacy, Mother Nature; **Nhandexy Amanacy**, mother of rain;
Aracy, mother of the day;
Iracy, mother of honey;
Yara, mother of water;
Yacyara, mother of the moonlight;
Yaucacy, mother of heaven;
Acima Ci, mother of the fish;
Ceuci, mother of agriculture;
Amanayara, mother of the rain;
Itacy, mother of the rocks.



Mission: Building a Resilient Urban Future...

By integrating permaculture and Indigenous practices, we honor the past while innovating for the future. These practices offer practical, scalable solutions to urban challenges and foster cultural and ecological harmony.

We do recognize a dimension of the role of the **ekuñakarai** grandmother, counselor, spiritual leader, guide of spiritual education and teaching of traditions. She “cares about everyone, the children are always with her” (**Yaci**); “she shares everything with everyone in the village” (**Yacyara**).



April 2021.

HARMONY BETWEEN THE LAND, PEOPLE, HISTORY AND THE FOREST...



1. NaTerra: The name “NaTerra” represents the idea of “living and healthy soil.” It is related to the vitality of the soil, which is red like blood, symbolizing life and fertility.
2. Ceuci: Ceuci is the goddess of agriculture in Tupi mythology. She blesses the land, food, and life, reflecting the farm’s mission to produce healthy food and respect natural cycles.
3. The Centenary Tree: This tree symbolizes wisdom and spiritual guidance. It represents the connection with ancestral history and the balance between nature and humans.
4. Tapera: “Tapera” refers to an old, abandoned house, symbolizing heritage and family history. It connects the past with the present, highlighting the importance of cultural roots and tradition.

ROOTED IN NATURE, GUIDED BY TRADITION



RainForest Garden

A system that mimics tropical rainforest ecosystems, leveraging biodiversity to create a self-sustaining environment.

[LEARN MORE.](#)



Roça Food System

Based on regenerative agricultural practices, this system prioritizes soil health and local food production.

[LEARN MORE.](#)



English

Muvuca & Pollinator Garden

A garden designed to attract natural pollinators, fostering biodiversity and ecological balance.

[LEARN MORE.](#)

What Can We Learn from Indigenous Wisdom?



NATERRA FARM



GET INVOLVED

OUR IDENTITY

OUR SYSTEM

OUR PRODUCTS

INDIGENOUS AGRICULTURAL PRODUCTION TECHNIQUES

English

MUVUCA



Food Islands



Food Fences



ROÇA FOOD SYSTEM- NHEMBOJERA

Food to the soul, not only to the body, food to the spirit...



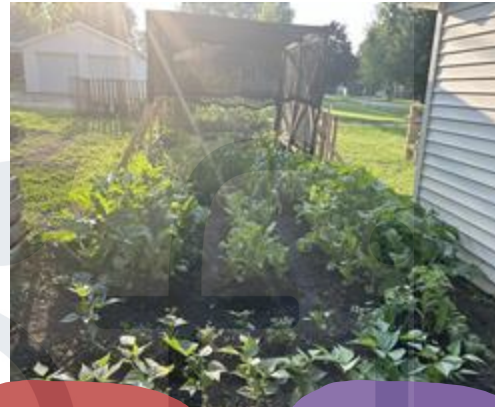
IBIACY

IBI-Healthy soil



XETA COIVARA

Xeta-wood
Tata- fire



MUVUCA

-People reunion
-Genetic diversity
of plants



NHEMBOJERA

BEING
TOGETHER,
LEARNING



“Roça” Local Food System

set of ancestral practices and knowledge



Muvuca - lettuce, radish, marigold, zinnias



"Karawara" ...the spirits of the forest



Amana means rain...



“Roça” Local Food System

set of ancestral practices and knowledge

Ibiacy - microbial community

Pathogens

Red (Pitanga) - *Fusarium* spp

Morado - *Fusarium* spp

Lila - *Fusarium* spp

Gris/black (una/bu)- *Rhizoctonia* spp o
phytophthora spp

Benefics

White (tinga) - *Bacillus* spp

Green (oby) - *Trichoderma* spp o

Penicillium spp - to fusarium control,
nematodes.

Yellow (uba) - *Beauveria* spp to
insects control

Biological diversity



Biodiversity in harmony



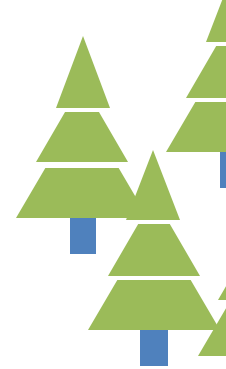
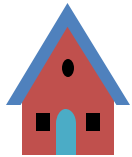
Huerto Regenerativo NaTerra, 2023.

L.K, 2024.

How You Can Get Involved?



A journey of creating a resilient local food system through a rainforest garden model...



AYSU!

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