

# Cover crops 201

Chris Teachout

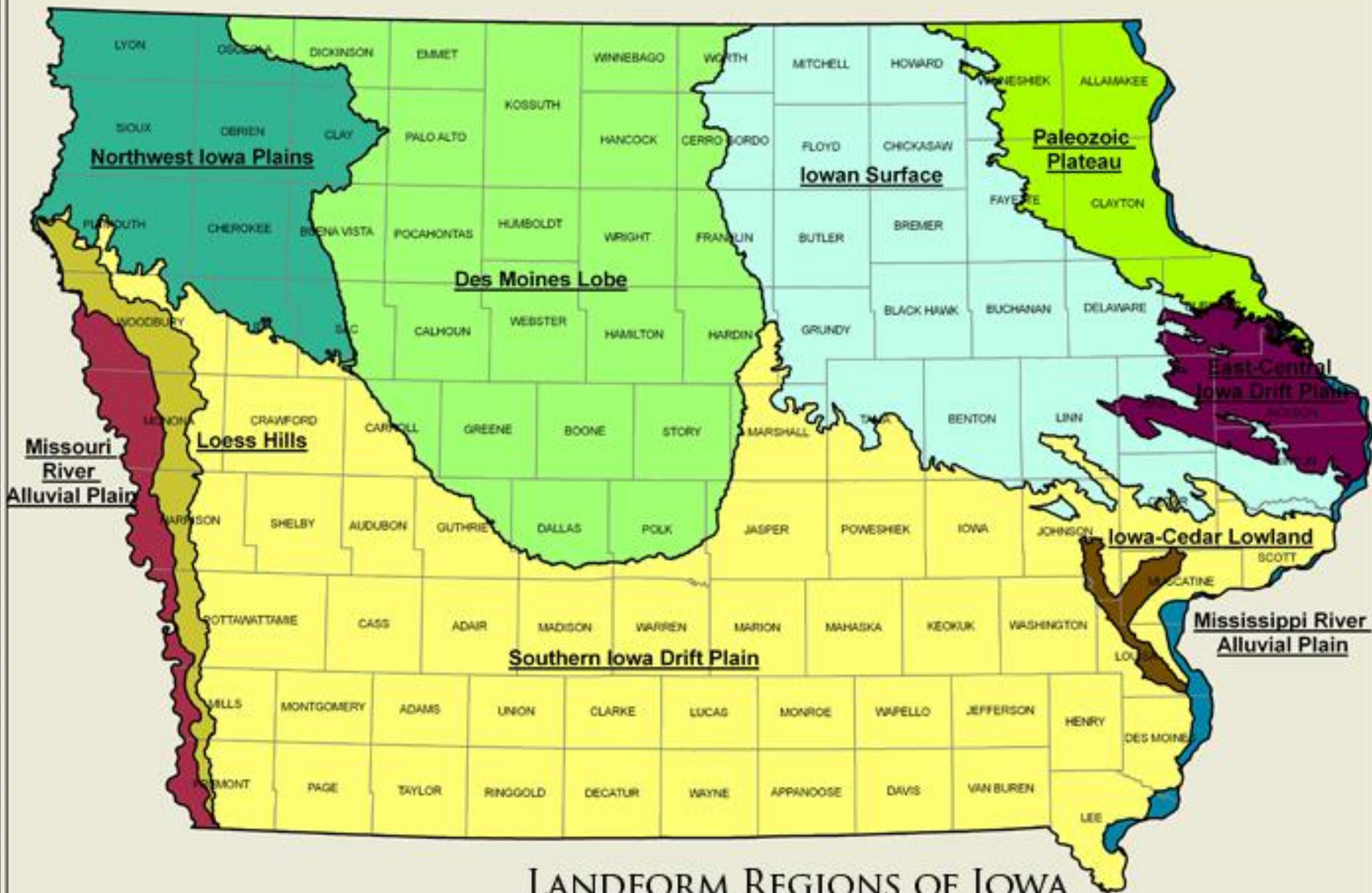
Fremont County Iowa







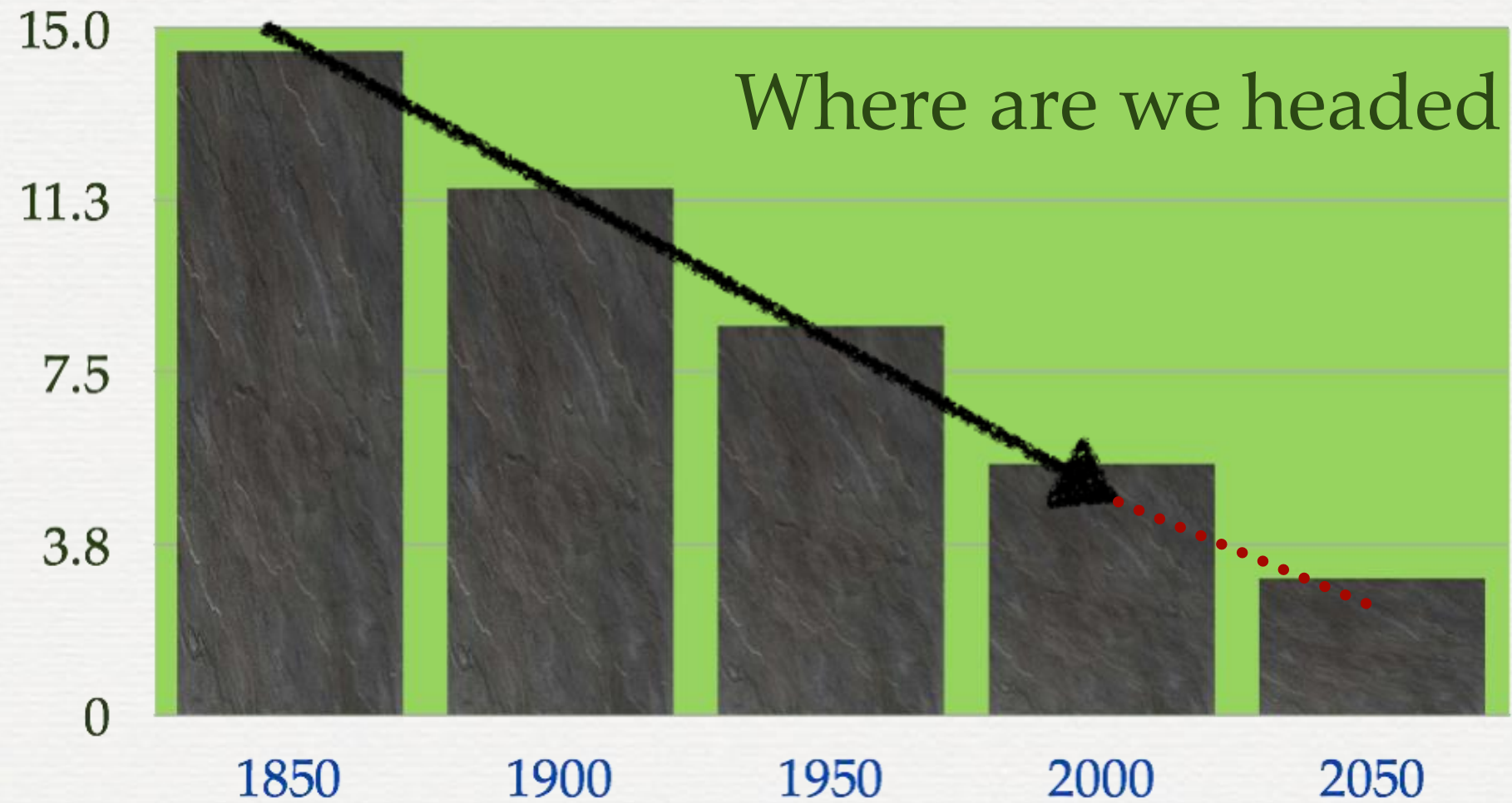






# Top Soil Lost over Time

Inches







100



175



500



850

and eaten away by erosion  
on sloping fields  
enough to make a good  
watching this process  
less land. In our time  
an acute stage, and we  
the meaning of soil



Cereal rye preceding soybeans





Planting green













Why?













Temperature below heavy rye





Temperature below no rye













Mimic Nature



A photograph of a dense field of green plants. The plants are a mix of tall, thin grasses and broad-leafed weeds, possibly buckwheat, which have large, rounded, serrated leaves. The plants are growing closely together, covering most of the ground. The text "Feed the Soil" is overlaid in the center in a yellow, serif font.

Feed the Soil



Spring seeded covers work











# Cover Crop Chart

## GROWTH CYCLE

- A = Annual
- B = Biennial
- P = Perennial

## RELATIVE WATER USE

- ☾ = Low
- ☼ = Medium
- ☹ = High

## PLANT ARCHITECTURE

- ☿ = Upright
- \* = Upright-Spreading
- ≡ = Prostrate

-----Cool Season-----

-----Warm Season-----

---Grass---

---Grass---

-----Broadleaf-----									
A <u>Barley</u> ☿								A <u>Pearl millet</u> ☿	
A <u>Oat</u> ☿	A <u>Phacelia</u> ☿							A <u>Foxtail millet</u> ☿	
A/P <u>Ryegrass</u> ☿	A <u>Flax</u> ☿							A <u>Proso millet</u> ☿	
-----Legumes-----									
A <u>Wheat</u> ☿	A <u>Spinach</u> *	B <u>Turnip</u> *	A <u>Field pea</u> ☿	A <u>Berseem clover</u> ☿	A/P <u>Medic</u> *	A <u>Chickpea</u> *	A <u>Sunflower</u> ☿	A <u>Sudan grass</u> ☿	
A <u>Cereal rye</u> ☿	A <u>Kale</u> *	A <u>Radish</u> *	A <u>Lentil</u> *	B/P <u>Red clover</u> ☿	P <u>Birdsfoot trefoil</u> ≡	A <u>Cowpea</u> *	A <u>Safflower</u> ☿	A <u>Teff</u> ☿	
A <u>Triticale</u> ☿	A/B <u>Canola</u> *	B <u>Beet</u> *	A <u>Lupin</u> ☿	P <u>White clover</u> ☿	P <u>Sainfoin</u> ☿	A <u>Soybean</u> *	A <u>Squash</u> ≡	A <u>Grain sorghum</u> ☿	
A <u>Annual fescue</u> ☿	A/P <u>Mustard</u> *	A/B <u>Carrot</u> *	A/B <u>Vetch</u> ≡	A/B <u>Sweetclover</u> ☿	P <u>Alfalfa</u> ☿	A <u>Mung bean</u> *	P <u>Chicory</u> *	A <u>Corn</u> ☿	



A photograph of a field of tall, golden-brown grass, likely a cover crop. A thick red line is drawn diagonally across the field, starting from the upper left and extending towards the lower right. The text "Variety selection of Covers" is overlaid in the center-left of the image.

# Variety selection of Covers







# Interplanting







107 Years Ago.....Really











































# Soil Health Testing

- Laboratory Testing
- Haney soil test
- Solvita Respiration test
- S Y U
- T B I





**LAB CO<sub>2</sub>-BURST**



**FIELD TEST**



## Soil Nutrient & Health Premium Test

For:

Chris Teachout  
Teachout Harvest  
1653 400 Ave  
Shenandoah, IA 51601

Lab ID: 9325.0 Acct No: 2890

Sample: Soil: Home West

Sample Received: 4/8/2015  
Report Date: 4/29/2015  
Crop Intended: Corn-200

QAQC:

LB

Measured Factors	Symbol	UNITS	Level Found	Rating
All Soluble N (Org-N + NO <sub>3</sub> -N + NH <sub>4</sub> -N)		ppm	41	MH
Nitrate Only	NO <sub>3</sub> -N	ppm	39	MH
Soluble Exudate Carbon	C <sub>org</sub>	C-ppm	471	M
SLAN Humus Amino-N	NH <sub>2</sub> -N	N-ppm	198	M
Phosphorus (P)	P	ppm	34	M
Potassium (K)	K	ppm	194	MH
Calcium	Ca	ppm	600	L
Extr. Aluminum	Al	ppm	590	H

### Calculated Availability

Nitrogen (N-min+Avail)	lb/a	143	H
likelihood of N-response?	probability:	Moderately unlikely	
Phosphorus P <sub>2</sub> O <sub>5</sub>	lb/a	155	M
Potassium K <sub>2</sub> O	lb/a	466	MH

### Indicators

Potential acidity (Fe+Al)	ppm	969	H
P-Acid-Saturation Index	P/(Al + Fe)	3.5	OK
Calcium Saturation	Ca/(Fe+Al)	62%	L

### Nutrient Calculations, Value as \$/acre available

N + P <sub>2</sub> O <sub>5</sub> + K <sub>2</sub> O	/ acre	\$ 334
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### Nutrient Requirements

	Nitrogen	Phosphate	Potash
Corn-200	57	None	none
(assumed total nutrient requirement)	200	100	150

Limestone Requirement	lbs/acre	4327	Check Magnesium
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### Cover Crop Recommendations

>Based on Soil Health Score of: 17.9

**Mix Recommended:** 10% Legume 90% Grass/Non-Legume

### Optional Tests (included with Premium Soil Test)

Soil Organic Matter	LOI %	5.6	MH
Basal CO <sub>2</sub> -C	ppm	18	MH
Effective CEC**	cmol/kg	11.2	-

USDA Climate Zone Used for this report: 5b

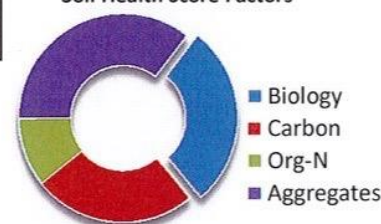
Ratings: VL=Very Low, L=Low, M=Moderate, MH=Medium High, H=High, VH=Very High

\* H3A ARS-Haney Extract \*\*Effective CEC = H3A extracted. Al+Ca+Mg+K+Na; optional SOM by LOI @360°C

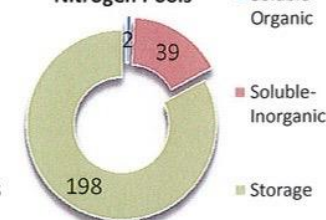
Methods: Soil Health Tool, USDA-ARS Temple TX; Soil Test Procedures for the NE USA Bulletin #493; VT Aluminum Index

Soil Health Score (updated 10-15-2014)	17.9	MH
Soluble C:N Ratio	11.5	ML
Solvita CO <sub>2</sub> -Burst	52.3	M
Microbially Active Carbon- "MAC"	11%	L
Soil Wettability & CO <sub>2</sub> Moisture g·g <sup>-1</sup>	Fast 0.48	H
Aggregate Stability	66%	H

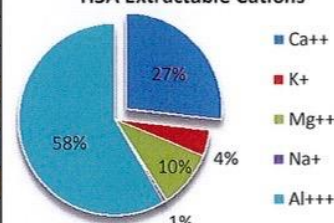
### Soil Health Score Factors



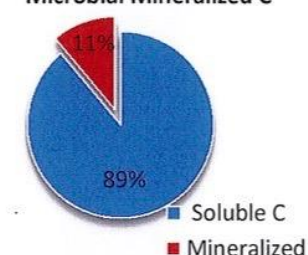
### Nitrogen Pools



### H3A Extractable Cations



### Microbial Mineralized C



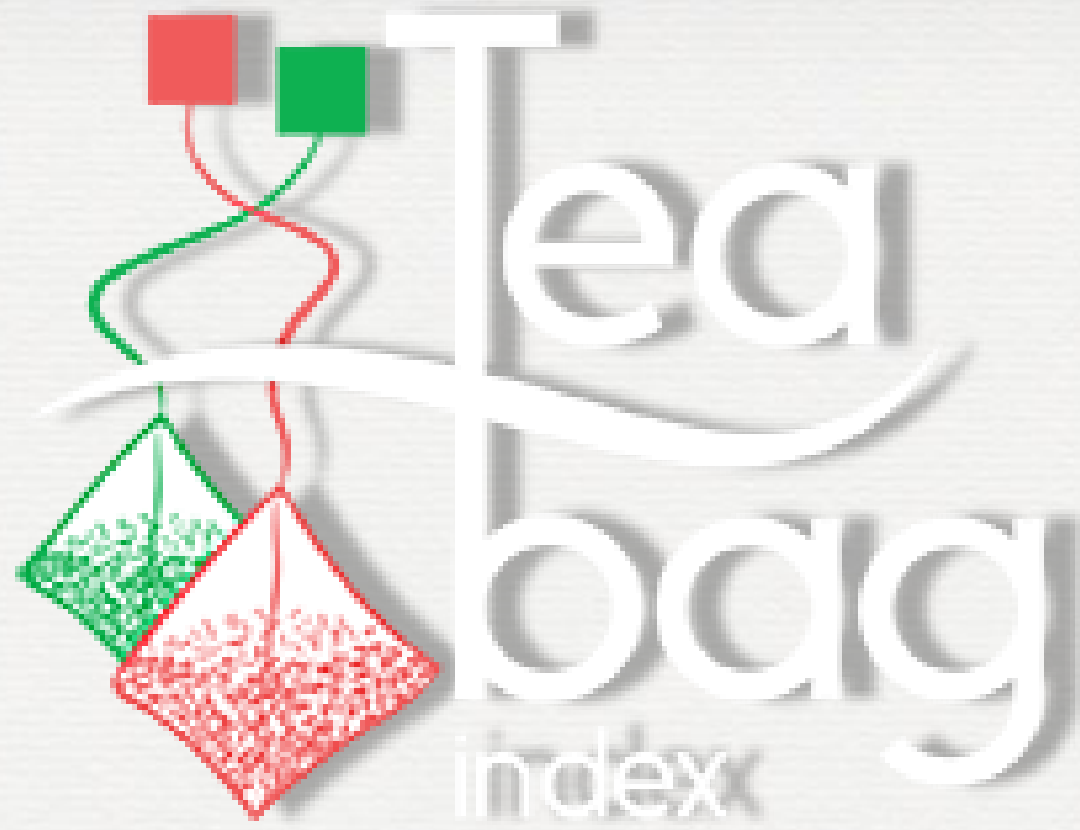
pH in Water	5.48	L
Magnesium (lb/a)	264	OK
Sodium lb/a	28	OK





Soil Your Undies





## Can drinking tea help us understand climate change?

Yes. Teabags can provide vital information on the global carbon cycle. And consumers worldwide can improve climate modelling without much effort or equipment. That is why we want you, tea consumers, to become tea researchers and help us to plant tea.

### The idea

We developed a simple and cheap method to measure decay rate of plant material by using tea. The method consists of burying tea bags with Green tea and Rooibos and digging them up ca. three months later. In this period, the tea will decay, and will therefore show what will happen with normal plant material in the soil. This method was developed and tested by a team of researchers from the University of Utrecht, Umeå University, The Netherlands Institute of Ecology and the Austrian Agency for Health and Food Safety Ltd.

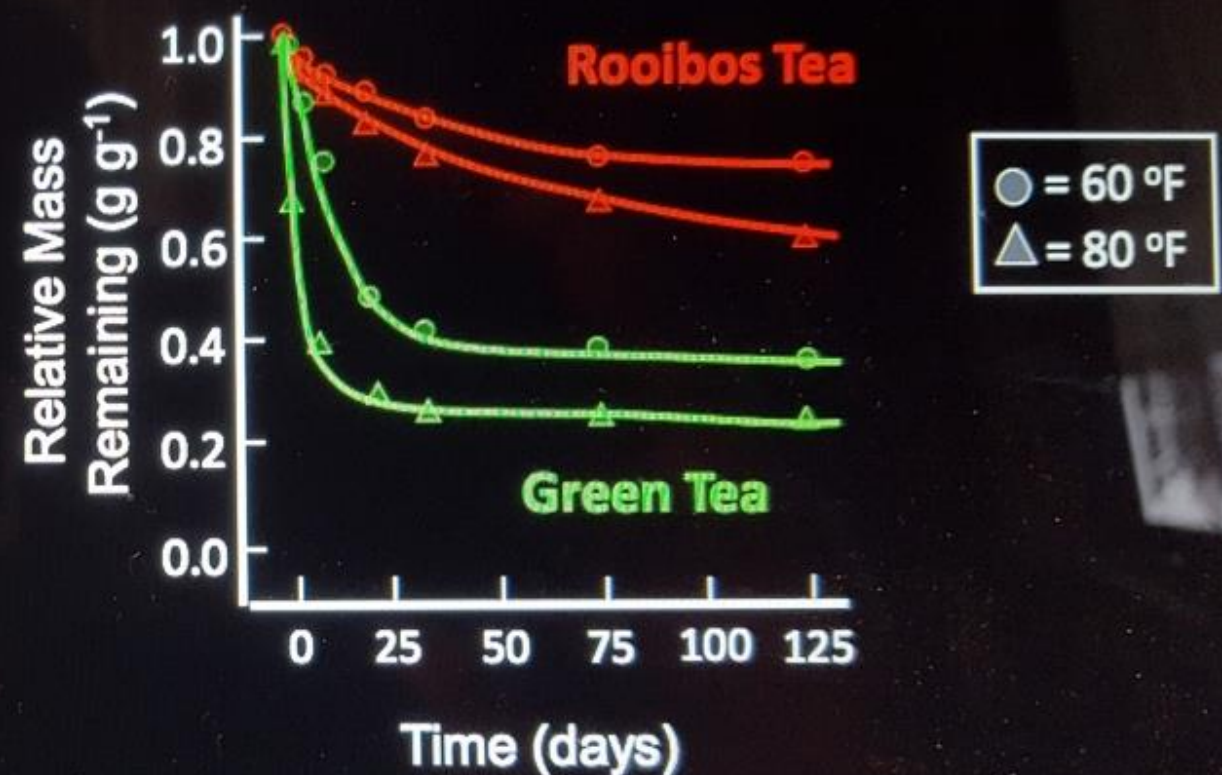
The scientific value of this new method has already been acknowledged and experiments are currently running in countries all over the world. Many school children and other citizen scientists joined. The idea is to use this new method to collect data on decay rates from all over the world. With this data we will make a global soil map, and consequently improve global climate models that use these maps.



# Use two types of tea bags as easy indicators



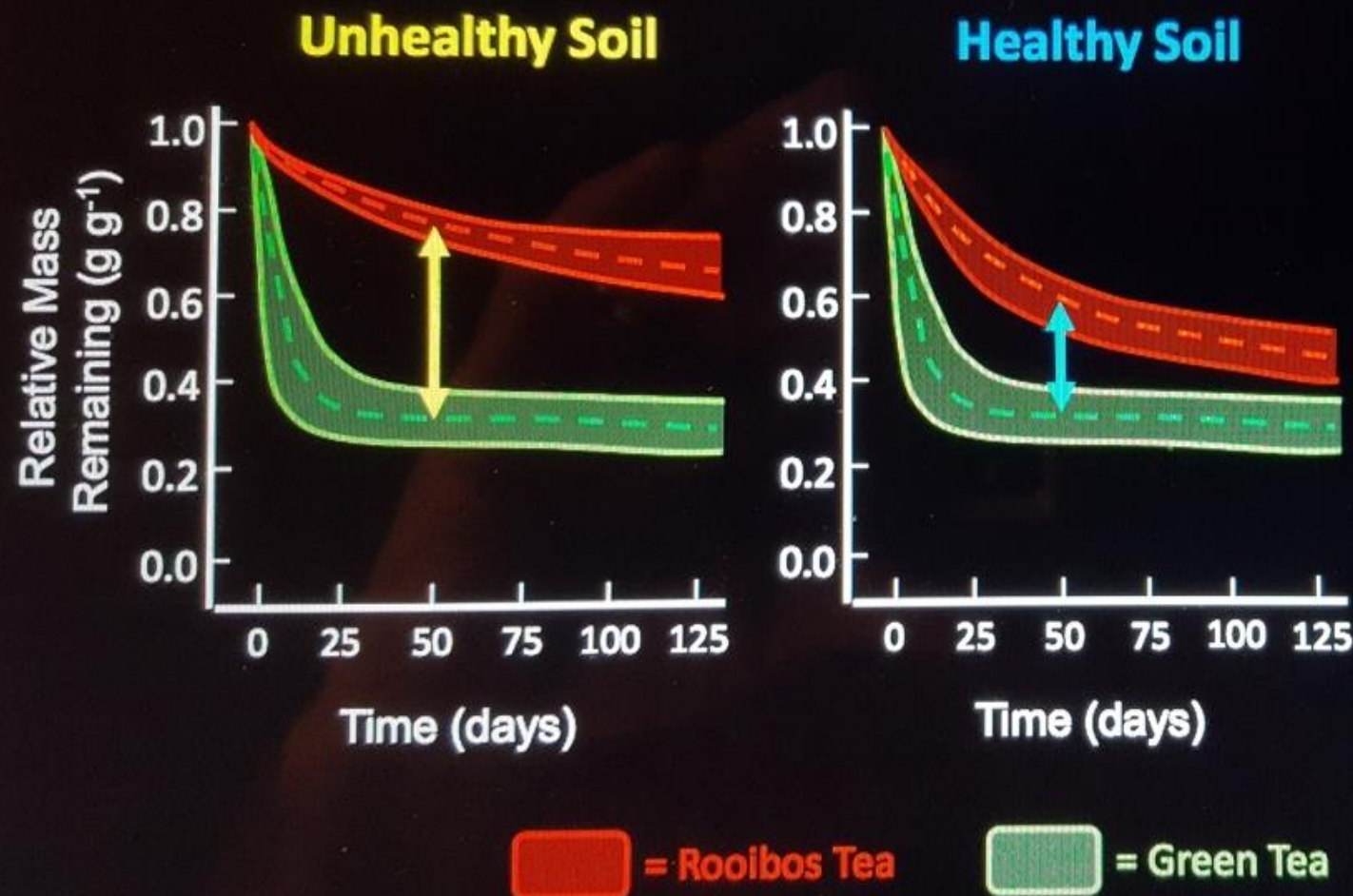
~\$20 for 60 pyramids



adapted from Keuskamp et al. (2011)



# The Tea Bag Index (or TBI) of Soil Health



$$TBI_{US} = \frac{(1.0 - 0.8)}{(1.0 - 0.35)} = 0.3$$

$$TBI_{HS} = \frac{(1.0 - 0.6)}{(1.0 - 0.35)} = 0.6$$

The closer to 1, the more healthy the soil is



# Become a Soil Sommelier

Dig



Smell



Feel



Observe







# Thank You

Text

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